



FamiliesFirst

# What we're wishing for....

## Community education

winter 2019-20

- \$10 gift cards

## Crisis & Suicide Intervention Service

- 50 USB flash drives for volunteer manuals
- Snacks for hotline/text line volunteer training
- Gift cards to crisis hotline volunteers who have gone above and beyond!

## Domestic violence and sexual assault programs

- Legal services for clients – particularly family-law
- Bottled, non-perishable drinks (bottled water, soda, juice boxes, etc.)
- Non-perishable snacks for children's groups, one-on-one counseling, and adult program groups (pretzels, veggie straws, chips, etc.)
- Craft items for adults and children
- Gift cards for transportation: Uber, Lyft, gas, monthly or annual Pacers Bikeshare pass, weekly or 30-day IndyGo bus pass
- Small 2019 calendars
- Storage space
- Locksmith/lock changing services
- Locks/security devices
- Prepaid phones
- Journals
- Moving services
- Car repair services
- Hotel vouchers
- Gift cards for fast food restaurants

## Father Engagement

- Children's books infant to age 8
- Baby gates
- Adult bicycles
- Car seats and booster seats
- Gift cards: Uber, Lyft, gas, monthly or annual Pacers Bikeshare pass, weekly or 30-day IndyGo pass
- Gift cards for kid-friendly restaurants, ice cream, etc. for supervised visitation
- Passes to kid-friendly entertainment for supervised visitation: 2 adults plus at least 1 child to zoo, Conner Prairie, Children's Museum, swim parks etc.

## Family Counseling

- small Play-Doh's (party size)
- composition notebooks
- Curriculum:
  - Mind over Mood

- TF-CBT (Trauma Focused – Cognitive Behavioral Therapy)
- Coping Cat

## Homebased family preservation

- Baby gates
- Source material – up-to-date, evidence-based worksheets, workbooks, games
- Gift cards for kid-friendly restaurants, ice cream, etc. for supervised visitation
- Gift cards for transportation: Uber, Lyft, gas, monthly or annual Pacers Bikeshare pass, weekly or 30-day IndyGo bus pass
- Passes to kid-friendly entertainment for supervised visitation: 2 adults plus at least 1 child to zoo, Conner Prairie, Children's Museum, swim parks etc.

## Immediate client care needs

- Self-care and travel sized toiletry items, as well as small pouches to keep them in:
 

body soap	toothpaste/toothbrush	menstrual products:
hair brush/comb	deodorant	(tampons, pads, liners,
deodorant	small packet tissues	wipes)
shampoo/conditioner	Band-Aids	
brush	hand sanitizer	
baby formula	baby wipes	
baby diapers	Q-tips	
- Quick nutrition:
 

nuts/trail mix	instant mac & cheese	bottled water
instant oatmeal	granola bars	

## Play Therapy

- Playdough, paint, instruments, kinetic sand, blocks
- Hand puppets
- Dress up clothes
- Predatory animal action figures (dinosaur, shark, lion, etc)
- Sandwich making kit – Melissa & Doug wooden set
- "The Game Plan" board game
- Feelings flashcards

## Operations

- Lending library for client lounge
- Peanut butter crackers, small bags of chips, granola bars, bottled water for client lounge
- The Art of Healing Trauma Coloring Book
- AED defibrillator
- Rolling Cart -ECR4Kids MemoryStor Universal Rolling Cart and Organizer Bag Set
- Standing Desk Converters

## Parent education

- Post-It Self-Stick Easel Pad
- Source material for parenting education – up-to-date, evidence-based worksheets, workbooks, games

## Substance Use

- Gift cards for transportation: Uber, Lyft, gas, weekly or 30-day IndyGo bus pass
- Non-perishable snacks and bottled water