Telehealth Autism Encounter Autism Medical Clinic, Thompson Center, UM Health Care

TITLE: Telehealth Autism Encounter

DATE: January, 2009

APPROVALS:

_____ Cyndy Mehrer, RN, Autism Medical Clinic Nurse Manager Autism Medical Clinic meets on Tuesdays, and occasional Wednesdays.

Appropriate Patient and Type of Encounter

For those patients who, in the opinion of their physician, can receive follow up exams via the Telehealth system. Only return patients will be seen via Telehealth.

Referral and Scheduling Process

Call or be called by the Autism Telehealth Service Coordinator at 417-277-5619, who coordinates scheduling with Autism Clinic, remote site, and patient. Return patients appropriate for telehealth will be identified by Autism clinic staff.

Telehealth Consultation Procedure

Physicians may schedule a physician-to-physician consultation by calling 417-277-5619

Pre-examination

Written documents

- Once an appointment is obtained, the Autism Telehealth Service Coordinator schedules appointments in IDX and E-mails the participating physician, Missouri Telehealth Network and remote (host) telehealth site clinic the schedule for the clinic date.
- Remote site telehealth coordinator obtains the appropriate signature(s) on
 Informed Consent for Telehealth Consultations form immediately prior to the first
 Telehealth encounter per patient. Additional consent forms are not required for
 subsequent visits, but encounters cannot proceed without a signed consent on file.
 A copy of the consent form is kept at the remote site; original is sent to the
 Missouri Telehealth Network office at:

2401 Lemone Ind. Blvd., DC345.00 Columbia, MO 65212

Room preparation

- To connect the Telehealth system, the provider site will initiate the call using the Polycom address book.
- Microphone(s) are highly sensitive and therefore the only consideration is placing the microphone(s) away from the monitor's speakers.

Patient preparation

- Telehealth site coordinator at patient site will explain to patients participating in their first Telehealth encounter how Telehealth encounters take place, including that this system is confidential and only the health care professionals attending this appointment and patient can see and hear this session. Return patients should be reminded of this.
- Telehealth site coordinator at the patient site takes and records the patient's height, weight and blood pressure and reports to physician who documents in medical record.
- Telehealth site coordinator at the patient site will stay with patient during the
 initiation of the Telehealth visit to operate the Telehealth system, assist the patient
 as needed, give vital signs, and present any additional information the provider
 physician at the hub site may need, but does not need to be present for the entire
 visit. The patient should be instructed how to contact the coordinator during the
 visit if needed.

Examination

Equipment

Autism uses the basic video conferencing system, zooming in to observe the patient as needed.

Activities

Interactive conversation with both patient and others present in the room at the patient site (counselors, health care professionals, family members, etc.).

Post-examination

Patient instructions

Provider physician will call, fax or mail prescription(s) to the patient pharmacy or patient as needed.

Provider physician will tell patient if and when they are to schedule a return visit, either via Telehealth or in person. The Autism Telehealth Service Coordinator will schedule and coordinate the return visit with the Autism Clinic, remote site, and patient. The Autism Telehealth Service Coordinator will schedule confirmed follow-up appointments through IDX.

Provider forms

The provider physician staff will return all completed forms (Telehealth Appointment Log) weekly to the MTN office:

2401 Lemone Ind. Blvd., DC345.00 Columbia, MO 65212

Clinic Contact

Cyndy Mehrer, BSN-RN, BSED **Autism Medical Clinic Nurse Manager**Dept. of Child Health
Thompson Autism Center
300 Portland St. Ste.110
Columbia, Missouri 65211
Office: 573.884.1871- voicemail option 2

Cell: 573.355.1201

Fax: 573.884.1151

Email: mehrercs@health.missouri.edu