

ICMS/HS Breakfast

January 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Jan 4-8	<p>Christmas</p> <p>Break</p>	French Toast Meal OR	Cherry Frudel Meal OR	Cinni Mini Meal OR	Cereal or Muffin or Cereal Bar w/
		Muffin OR Cereal Bar w/	Muffin OR Cereal Bar w/	Muffin OR Cereal Bar w/	Cheese Stick or yogurt
		Cheese Stick or yogurt	Cheese Stick or yogurt	Cheese Stick or yogurt	Fruit/Juice
		Fruit/Juice	Fruit/Juice	Fruit/Juice	Milk
		Milk	Milk	Milk	
Jan 11-15	Apple Frudel Meal OR	Cinnamon Roll Meal OR	Sausage Biscuit Meal OR	Chicken Slider Meal OR	Cinnamon Stuffed Bagel Meal
	Muffin OR Cereal Bar w/	Muffin OR Cereal Bar w/	Muffin OR Cereal Bar w/	Muffin OR Cereal Bar w/	OR Muffin or Cereal Bar w/
	Cheese Stick or yogurt	Cheese Stick or yogurt	Cheese Stick or yogurt	Cheese Stick or yogurt	Cheese Stick or yogurt
	Fruit/Juice	Fruit/Juice	Fruit/Juice	Fruit/Juice	Fruit/Juice
	Milk	Milk	Milk	Milk	Milk
Jan 18-22	<p>MLK Day</p> <p>No School</p>	Benefit Bar Meal OR	Chicken Slider Meal OR	Sausage Biscuit Meal OR	Strawberry Stuffed Bagel Meal
		Muffin OR Cereal Bar w/	Muffin OR Cereal Bar w/	Muffin OR Cereal Bar w/	OR Muffin or Cereal Bar w/
		Cheese Stick or yogurt	Cheese Stick or yogurt	Cheese Stick or yogurt	Cheese Stick or yogurt
		Fruit/Juice	Fruit & Juice	Fruit & Juice	Fruit & Juice
		Milk	Milk	Milk	Milk
Jan 25-29	Pancake Meal OR	French Toast Meal OR	Cherry Frudel Meal OR	Cinni Mini Meal OR	Cereal or Muffin or Cereal Bar w/
	Muffin OR Cereal Bar w/	Muffin OR Cereal Bar w/	Muffin OR Cereal Bar w/	Muffin OR Cereal Bar w/	Cheese Stick or yogurt
	Cheese Stick or yogurt	Cheese Stick or yogurt	Cheese Stick or yogurt	Cheese Stick or yogurt	Fruit/Juice
	Fruit/Juice	Fruit/Juice	Fruit/Juice	Fruit/Juice	Milk
	Milk	Milk	Milk	Milk	