# Families First What we're wishing for....

# **Community education**

summer 2020

• \$10 gift cards

#### **Crisis & Suicide Intervention Service**

- 50 USB flash drives for volunteer manuals
- Gift cards to crisis hotline volunteers who have gone above and beyond!

## Domestic violence and sexual assault programs

- Hotel vouchers to quickly re-house families in danger
- Gift cards for fast food restaurants
- Prepaid phones
- Legal services for clients particularly family-law
- Moving services
- Locksmith/lock changing services
- Storage space services
- Car repair services
- Gift cards for transportation: Uber, Lyft, gas, monthly or annual Pacers Bikeshare pass, weekly or 30day IndyGo bus pass
- Bottled, non-perishable drinks (bottled water, soda, juice boxes, etc.)
- Non-perishable snacks for children's groups, one-on-one counseling, and adult program groups (pretzels, veggie straws, chips, etc.)
- Craft items for adults and children
- Small 2020 calendars
- Journals

# Father Engagement

- Baby safety items (electric outlet plugs, cabinet locks, etc.)
- Baby gates
- Baby monitors
- Pack n' plays
- Car seats and booster seats new or gently used, unexpired
- Children's hardcover books infant to age 8
- Passes to kid-friendly entertainment for supervised visitation: 2 adults plus at least 1 child to zoo,
  Conner Prairie, Children's Museum, swim parks etc.
- Gift cards for kid-friendly restaurants, ice cream, etc. for supervised visitation
- Gift cards: Uber, Lyft, gas, monthly or annual Pacers Bikeshare pass, weekly or 30-day IndyGo pass
- Adult bicycles

### Family Counseling

- Small Play-Doh's (new party size)
- Composition notebooks
- Colored markers

- Curriculum:
  - Mind over Mood
  - TF-CBT (Trauma Focused Cognitive Behavioral Therapy)
  - Coping Cat

# Homebased family preservation

- Baby gates
- Parent/Child supervised visitation: (hardcover washable surfaces only)
  - Infant-focused toys
  - Bouncer set
  - Dolls, barbies
  - o Furniture and multi-ethnic people to fit Fisher Price Loving Family Grand dollhouse
  - o Gift cards for kid-friendly restaurants, ice cream, etc.
  - Baby monitors
- Passes to kid-friendly entertainment for supervised visitation: 2 adults plus at least 1 child to zoo,
  Conner Prairie, Children's Museum, swim parks etc.
- Gift cards for transportation: Uber, Lyft, gas, monthly or annual Pacers Bikeshare pass, weekly or 30day IndyGo bus pass
- Source material up-to-date, evidence-based worksheets, workbooks, games

### Immediate client care needs

• Self-care and travel sized toiletry items, as well as small pouches to keep them in:

body soap toothpaste/toothbrush menstrual products: hairbrush/comb deodorant (tampons, pads, liners,

deodorant small packet tissues wipes)

shampoo/conditioner Band-Aids brush hand sanitizer

baby formula baby wipes baby diapers Q-tips

Quick nutrition:

nuts/trail mix instant mac & cheese bottled water

instant oatmeal granola bars

# **Play Therapy**

- Small Play-Doh's (new party size)
- Musical instruments
- Blocks (hardcover washable surfaces only)
- Predatory animal action figures (dinosaur, shark, lion, etc.) (hardcover washable surfaces only)
- Sandwich making kit Melissa & Doug wooden set
- "The Game Plan" board game
- Feelings flashcards

## **Operations**

Cloth masks

- Travel-size hand sanitizers
- 10-key calculator with paper tape
- Lending library for client lounge
- The Art of Healing Trauma Coloring Book
- AED defibrillator
- Rolling Cart -ECR4Kids MemoryStor Universal Rolling Cart and Organizer Bag Set
- Standing Desk Converters
- Gift cards for employee recognition

## Parent education

- Post-It Self-Stick Easel Pad
- Source material for parenting education up-to-date, evidence-based worksheets, workbooks, games

## **Substance Use**

- Gift cards for transportation: Uber, Lyft, gas, weekly or 30-day IndyGo bus pass
- Non-perishable snacks and bottled water