



This week we're making our own pink lemonade sugar scrub!

Supplies:

- 1 cup sugar
- ½ cup oil (almond, olive, or coconut work best)
- ½ teaspoon vitamin E oil (optional, helps preserve scrub and provides a little extra softening)
- 15 drops lemon essential oil
- 1-2 drops red or pink food coloring (optional, if you want the pink color)
- bowl
- spoon
- jar (or any type of airtight container-a small plastic Tupperware container would work)



Instructions

1. Place all ingredients into a bowl and mix together. You can add more or less oil to your liking.
2. Transfer to your airtight container-You're all done!

*You can modify this recipe to your liking-try different essential oils and colors to make it your own!

Source: <https://www.suburbansimplicity.com/pink-lemonade-sugar-scrub/>