

Great Lakes Athletic Trainers' Association

51st Annual Meeting and Symposium



GREAT LAKES

ATHLETIC TRAINERS ASSOCIATION

March 13th, 14th, 15th, 16th & 17th, 2019

The Westin Chicago North Shore

Wheeling, IL

11 CEUs & 10 EBP CEUs

“GLATA is approved by the Board of Certification, Inc.
to offer continuing education for Certified Athletic Trainers.”

***Continuing Education Units' Statement of Credit
will be distributed within 30 days following the meeting***



Registration Hours – Sponsored by ATHLETICO

Ravinia Ballroom Pre-Function Area

Wed, March 14 th	1:00pm – 5:00pm
Thurs, March 15 th	8:00am – 3:30pm
Fri, March 16 th	7:00am – 12:00pm



Exhibit Hours

Fri, March 16 th	8:30am – 10:30am (Certified Only)
	10:30am – 1:30pm (All Attendees)

Committee Meetings

Executive Committee

Wed, March 14 th	7:30am – 6:00pm – Lake Michigan A
-----------------------------	-----------------------------------

GLATA Student Senate

Wed, March 14 th	1:00pm – 5:00pm – Elm Room
Thurs, March 15 th	7:30am – 11:00am – Elm Room
Sat, March 17 th	12:00pm – 4:00pm – Elm Room

Critical Incident Stress Management (CISM)

Thurs, March 15 th	7:30am – 9:00am – Birch Room
-------------------------------	------------------------------

Committee on Practice Advancement (COPA)

Thurs, March 15 th	1:00 – 2:00pm – Elm Room
-------------------------------	--------------------------

Secondary School Athletic Trainer Committee

Thurs, March 15 th	3:00pm – 4:00pm – Elm Room
-------------------------------	----------------------------

Governmental Affairs

Fri, March 16 th	10:30am – 11:30pm – Birch Room
-----------------------------	--------------------------------

Research Committee

Fri, March 16 th	2:00pm – 3:00pm – Birch Room
-----------------------------	------------------------------

GLATA Conference Meeting area has FREE Wi-Fi – Network name - TBD

(SP) – Student Program – This symbol indicates programming planned by the GLATA Student Senate to be of particular interest to students.

No individual should be denied participation in CE programs offered by the GLATA on the basis of race, color, national origin, religion, sex, disability, military status, sexual orientation or age.

Mini Courses

Tuesday, March 12th & Wednesday, March 13th

Mini Course A **Graston Technique M1-Basic Training**
3/12, 12:30pm – 9:00pm Chris Vernon, MEd, MBA, ATC, PES, GTS
3/13, 8:00am – 3:00pm Mike Ploski, PT, ATC, OCS, GS
12 CEU's
Birch Room

Wednesday, March 13th

Mini Course B **Positional Release Therapy: An Evidenced Based Review**
3:00pm – 9:00pm Timothy Speicher, PhD, ATC, CSCS, PRT-c
6 **EBP** CEUs
Ravinia Ballroom A

Mini Course C **Putting it All Together: Low Frequency with High Fidelity Skills**
5:00pm – 9:00pm Darryl Conway, MA, ATC
4 CEUs Edward Strapp, FP-C, NRP, ATC
Ravinia Ballroom B

Mini Course D **Hydration: One Size Does Not Fit All**
4:00pm – 6:30pm Lindsay Baker
2.5 CEUs Douglas Casa, PhD, ATC, FNATA, FACSM, FNAK
Birch Room George Chiampas

Mini Course E **Phlebotomy 101: A How-To Guide for Drawing Blood**
7:00pm – 9:00pm Andrea Cripps, PhD, ATC
2 CEUs
Birch Room

Thursday, March 14th

Mini Course F **HealthCare Provider CPR**
6:30pm – 9:30pm American Heart Association CPR-PR Recertification - Healthcare Provider
NO CEUs Matthew Marzullo, MEd, ATC
Botanic Ballroom Steve Mayo, MS, ATC

Mini Course G **Functional Casting Therapy - Upper Extremity**
6:30pm – 9:00pm Katherine Bagnato, ATC, OTC, CEAS
2.5 CEUs
Birch Room

Saturday, March 16th

Mini Course H **Advancing Athletic Training Skills: Wound Closure**
9:00am – 11:00am Elizabeth Neil, MS, ATC
2 **EBP** CEUs Douglas Stevens, BS, MMS, PA-C
Birch Room

Mini Course I **Point of Care Ultrasound: Cutting edge care of the athlete**
11:00am – 1:00pm James Daniels, MD, MPH
2 CEUs Erica Miller-Spears, MS, PA-C, ATC, RMSK
Birch Room

General Program

Thursday, March 14th

8:30am – 10:00am

Common Skin Infections and Conditions in Athletic Populations

Ryan Musgrave, MS, ATC

River Ballroom

SP

9:00am – 10:00am

Athletic Trainer's Response to the Opioid Crisis:

A Comprehensive 360 Degree Approach

Darryl Conway, MA, ATC

Edward Strapp, FP-C, NRP, ATC

Ravina Ballroom ABC

Clinical Skills Lab – Primer

Robert “BC” Charles-Liscombe, EdD, ATC

Jennifer K. Popp, PhD, ATC

Lake Michigan Ballroom

What’s New with Shoulder Replacement in 2019: from Resurfacing to Reverse

Thomas Obermeyer, MD

Botanic Ballroom

10:00am – 6:00pm

Skills Practice

Robert “BC” Charles-Liscombe, EdD, ATC

Jennifer K. Popp, PhD, ATC

Skills stations available for practice, refinement and continuing education.

- **Heat Illness** - Using a task trainer, clinicians will be able to assess their knowledge and ability and practice the skills needed to assess core body temperature by inserting a flexible probe rectal thermometer necessary for ice immersion treatment and rapid reading semi-rigid thermometer.
- **Heart and Lung Sounds** - Using a mannequin and vital signs simulator, clinicians will be able to assess their knowledge and ability and practice the skills needed to detect normal and abnormal sounds using a stethoscope.
- **Eye, Ear, Nose and Throat Physical Examination** - Using task trainers and lab assistants, clinicians will be able to assess their knowledge and ability and practice the skills needed to conduct a physical examination of the eye, the ear, nose and throat using high and low cost ophthalmoscope/otoscope tools.
- **Basic Life Support** - Using task trainers, clinicians will be able to assess their knowledge and ability to establish an airway using OPA, NPA, and supraglottal airway adjuncts; administer supplemental oxygen via cannula, non-rebreather masks, and bag valve masks; and provide chest compressions at the recommended rate and depth.
- **Managing Hemorrhage** - Tourniquets, hemostatic agents, and suture practice pads.

Lab assistants will be available to guide participants in self-directed skills practice, multi-media resources will be available for review and instruction, and cost estimates and vendor supplies lists will be available for participants to support purchasing decisions for AT clinical settings.

Willow Room

10:00am – 1:00pm

GLATA Oral Free Communication Session

Free Communications provide highly structured and efficient presentations regarding the most current original research (clinical, survey, qualitative, meta-analysis/systematic reviews) and clinical case reports. Each Free Communication is 15-minutes (10-minutes presentation, 5-minutes Q&A), which concludes with clinical/practical application. Professional oral presentations and student poster presentations are intermingled.

Moderator: Christopher Kuenze PhD, ATC

Botanic Ballroom

***GLATA Research Assistance Award Winner**

10:00am – 1:00pm

Leadership Development

Trevor Bates, DHSc, ATC

Darryl Conway, MA, ATC

Matt Kutz, PhD, ATC

Birch Ballroom

10:00am – 11:00am

EBP - Identification of Throwing Pathomechanics and Their Anatomical Origins: An Evidence

Aaron Struminger, PhD, ATC

Ravinia Ballroom ABC

Arthrofibrosis: An Evidence-Based Approach To Management

Scott Lawrance, DHSc, ATC, MSPT, CSCS

River Ballroom

SP

11:00am – 12:00pm

Appearance and Performance Enhancing Substances: The Pressure to Perform

Brian Parker

Ravinia Ballroom ABC

Practice-Based Research in Athletic Training

Cameron Powden, PhD, ATC

Matthew Rivera, DAT ATC

Lake Michigan Ballroom

The Who, What, and Why of Sports Specialization

David Bell, PhD, ATC

River Ballroom

SP

12:00pm – 1:00pm

Return-To-Learn Following Concussion - Across Settings

Justin Tatman, MA, ATC

Brian Vesci, DAT, ATC

Ravinia Ballroom ABC

Implementing Clinical Outcomes Assessments In Collegiate Athletics: Overview And Practical Examples

Michael Moll, PhD, ATC

Grant E. Norte, PhD, ATC, CSCS

Lake Michigan Ballroom

Student Luncheon (Students Only)

River Ballroom

1:00pm – 2:00pm

**EBP - Articular Cartilage Injuries of the Knee:
Evidence for Rehabilitation and Return-to-Sport**

Jenny Toonstra, PhD, ATC
Ravinia Ballroom ABC

Menstrual Dysfunction Screening for All Female Athletes

Julie Young, MA, ATC, PES
Lake Michigan Ballroom

NCAA Mental Health

John Parsons, PhD, ATC
Botanic Ballroom

2:00pm – 3:00pm

**Emerging Evidence for the Role of Instrument -
Assisted Soft Tissue Mobilization in the Treatment of Tendinopathy**

Mike Ploski, PT, ATC, OCS, GS
Ravinia Ballroom ABC

CAATE Update:

LesLee Taylor, PhD, ATC
Lake Michigan Ballroom

Health Informatics: The AT as a Knowledge Worker

Candice Dunkin, MS, ATC
Ashley Emerson, ATC
Botanic Ballroom

2:00pm – 3:30pm

Student Panel Career Roundtable

River Ballroom

3:30pm – 5:00pm

GLATA Student AT Olympics

Scott Lawrance, DHSc, ATC, MSPT, CSCS
River Ballroom

3:00pm – 4:00pm

Building a Diabetes High Performance Team

John Mucovich, MA, ATC
Christina Weidman, RDN, CSSD, LDN
Ravinia Ballroom ABC

Life after sport: Your role in preparing athletes to transition well

Lauren Link, RD, CSSD
Alice Wilcoxson, PhD, ATC, PT
Lake Michigan Ballroom

So You're Saying an AT Can Do That

Tim Drudge, MS, ATC
Botanic Ballroom

From Conception To Dissemination: The Life Cycle Of An Article

David Berry, PhD, ATC
Matt Kutz, PhD, ATC
William Pitney, EdD, ATC, FNATA
Birch Room

SP

SP

SP

SP

4:00pm – 5:00pm

EBP - Interventions to Enhance Disease-Oriented and Patient-Oriented Impairments in Those with Chronic Ankle Instability

Matthew Hoch, PhD, ATC
Cameron Powden, PhD, ATC
Ravinia Ballroom ABC

5:00pm – 6:30pm

GLATA BUSINESS MEETING
Ravinia Ballroom ABC

7:00pm – 9:00pm

It's all in the Hips: Demystifying Hip-Lumbo-Pelvic Alignment and Correction
Andrew Doyle, PhD, ATC, CSCS
Lake Michigan Ballroom

Friday, March 15th

7:30am – 8:30am

STATE MEETINGS

Illinois	Ravinia Ballroom ABC
Indiana	Lake Michigan Ballroom
Michigan	Botanic Ballroom
Minnesota	River Ballroom
Ohio	Birch Room
Wisconsin	Elm Room

8:30am – 2:00pm

EXHIBIT HALL OPENS
Ravinia Ballroom DEF

8:30am – 10:00am

Preventing Sudden Death
Douglas Case, PhD, ATC, FNATA, FACSM, FNAK
River Ballroom

SP

8:30am – 9:30am

EBP - Medial Tibial Stress Syndrome: So Much More Than "Shin Splints"
Taylor Arman, MSED, ATC
Aleksandra Stasaitis, MS, ATC
Ravinia Ballroom ABC

9:30am – 10:30am

Strategic Issues in Athletic Training Lecture Series: Transition to Practice
Brian Vesce, ADAT, ATC
Ravina Ballroom ABC

Ethical Principles for the Athletic Trainer

Darryl Conway, MA, ATC
Timothy Neal, MS, ATC, CCISM
Lake Michigan Ballroom

Facilitating Effective Debriefing with Clinicians to Improve Patient Care
Kirk Armstrong, EdD, ATC
Birch Room

9:30am – 11:30pm

GLATA Oral Free Communication Session

Free Communications provide highly structured and efficient presentations regarding the most current original research (clinical, survey, qualitative, meta-analysis/systematic reviews) and clinical case reports. Each Free Communication is 15-minutes (10-minutes presentation, 5-minutes Q&A), which concludes with clinical/practical application. Professional oral presentations and student poster presentations are intermingled.

Moderator: Lisa S. Jutte, PhD, ATC

Botanic Ballroom

***GLATA Research Assistance Award Winner**

10:00am – 11:00am

Why Administration Matters

Elizabeth Neal, MS, ATC

Zachary Winkelmann, MS, ATC

River Ballroom

SP

10:30am – 11:30pm

The KSI State Rankings of Health and Safety Policies for High School Athletes

Douglas Casa, PhD, ATC, FNATA, FACSM, FNAK

Ravina Ballroom ABC

Third Party Reimbursement for Services Provided by Athletic Trainers in the Collegiate Setting

Clark Simpson, MBA, MEd, RKT, ATC

Lake Michigan Ballroom

11:00am – 12:00pm

Non-Surgical Management of Hammertoe

David Craig, ATC

River Ballroom

SP

11:30pm – 12:30pm

Exhibit Break/Poster Session

Non- Certified Poster Presentations

Botanic Ballroom Pre-Function area

12:30pm – 1:30pm

Best Practices of Appropriate Medical Care in Secondary Schools

Larry Cooper, MS, ATC

Bart Peterson, MSS, ATC

Ravina Ballroom ABC

Utilizing Technology to Improve Quality Improvement

Lindsey Eberman, PhD, ATC

Elizabeth Neal, MS, ATC

Lake Michigan Ballroom

Transition to Practice 101:

How to Get a Real Job without any "Real" Experience

Trevor Bates, DHSc, ATC

Matt Kutz, PhD, ATC

Botanic Ballroom

SP

1:30pm – 2:30pm

EBP - Let's get to the point: Therapeutic Dry Needling

Jill Thein-Nissenbaum, PT, DSc, SCS, ATC

Ravina Ballroom ABC

1:30pm – 3:30pm

GLATA Quiz Bowl
River Ballroom

2:30pm – 3:30pm

**EBP - The Hydration Debate:
Making Sense of the Mixed Messages**
Sponsored by Gatorade
Robert Kenesick
Ravinia Ballroom ABC

GATORADE
THE SPORTS FUEL COMPANY

3:30pm – 5:00pm

Pinky Newell Talk - Creating the New Normal
John Register
Ravinia Ballroom ABC

GLATA Awards Presentation
Ravina Ballroom ABC

6:00pm – 8:00pm

NATAPAC Fundraiser
Ravinia Ballroom DEF

8:00pm – 11:00pm

GLATA Social
Ravinia Ballroom DEF

Saturday, March 16th

8:00am – 9:00am

Incidence and Injury Rates in Pre-Collegiate Female Gymnasts
Sharon Frank, MS, ATC
Lake Michigan Ballroom

Psychosocial and Environmental Barriers To Functional Recovery after Knee Injury
Chris Kuenze, PhD, ATC
Caroline Lisee, Med, ATC
Botanic Ballroom

9:00am – 10:30am

Foundational Concepts of Joint Mobilization for the Athletic Trainer **SP**
Jessica Keller, DAT, ATC
Adam Thompson, PhD, ATC
River Ballroom

9:00am – 11:00am

EBP – Neural Complications of Common Upper Extremity Orthopedic Injuries
Jill Murphy, DPT, ATC, CSCS
Lake Michigan Ballroom

EBP – Advanced Topics in Manual Therapy
Eric Schneider, PT, MPT, OCS
Botanic Ballroom

10:30am – 12:00pm

**Immobilization Techniques in The Prehospital Setting:
Moving Beyond the Basic Rigid Splint** **SP**
David Berry, PhD, ATC
Darryl Conway, MA, ATC
River Ballroom

11:00am – 1:00pm

EBP - Getting the most bang for your exercise buck:

Which exercises best activate the scapular muscles

Alyson Kelsey, MEd, ATC

Jill Thein-Nissenbaum, PT, DSc, SCS, ATC

Lake Michigan Ballroom

Treating Lumbar And Thoracic Spine Mobility Deficits

Using Muscle Energy Techniques

Scott Lawrance, DHSc, ATC, MSPT, CSCS

Botanic Ballroom

DRAFT

Call for Presentation Proposals for the 2020 GLATA Annual Meeting and Symposium

March 11-14, 2020

Wheeling, IL

The Great Lakes Athletic Trainers' Association Education Committee is inviting proposals for professional presentations at the 2020 Annual Meeting and Symposium in Wheeling, IL, March 11-14, 2019. Athletic Trainers and affiliated professionals are encouraged to submit proposals for both general sessions and those that may qualify for the BOC's Evidence-based Practice (EBP) continuing education units (CEUs). Presentation formats for all sessions include: feature presentations, learning labs and mini-courses. Further descriptions and guidelines for both types of proposals are posted on the GLATA website under the Annual Meeting tab.

Presentation topics should address athletic training domain(s) beyond entry-level knowledge or address a topic that would make a valuable contribution to the understanding of the practice or pedagogy of athletic training. EBP foundational presentations should enhance the athletic trainer's understanding and implementation of EBP, while EBP clinical presentation should address the presentation topic using the best available evidence. In addition, if one's EBP presentation proposal is accepted by the GLATA, the author(s) must work with the GLATA Education Committee in securing BOC EBP course approval.

Individuals interested in presenting must complete the online application indicating the presentation type, learning objectives, and resources needed as well as a structured abstract (250 word limit; see website for format). Please note there is a specific application and proposal format for an EBP presentation. All proposals must be submitted electronically through the GLATA website [www.glata.org]. Mailed or faxed submissions will not be considered. Please contact Jessica Emlich Jochum, GLATA Education Committee Chair (jochumj@uindy.edu) regarding any questions. Each submission will undergo review by the GLATA Education Committee.

Submissions must be received by **May 1, 2019** for consideration.

	Length	# of Speakers	Format
Feature Presentation	1 hr	1-2 Speakers	Lecture only
Learning Lab	2 hrs total	1-2 Speakers + lab assistants	Lecture and lab combination
Mini-Courses	2-6 hrs pre/post conference (attendees register for additional CEUs)	1-2 Speakers + lab assistants	Speaker's choice of lecture, lab or combination

Great Lakes Athletic Trainers' Association 2018 Award Winners

Golden Pinnacle

TBD

Outstanding Educator Award

TBD

Dedicated Service Award

TBD

President's Excellence Award

TBD

Gatorade Secondary School Athletic Trainer Award

TBD

GLATA Student Senate Preceptor of the Year

TBD

Fall 2018 Research Award Recipients - Bob Behnke Research Assistance Award

TBD

Spring 2018 Research Award Recipients - Gordy Graham Research Assistance Award

TBD

Thomas Weidner Research Assistance Award

TBD

Public Relations Contest Winner

TBD

GLATA Award Winners: 2002 – 2018

Honorary Membership:

Elizabeth Arendt
Lou Belch
John Bergfeld
Gary Calabrese

Michael Collins
Gerry Detty
Joe Eagan
Scott Euype

David Fisher
Peter Hovorka
Beverly Knight
Brian Matix

Richard Parker
Paul Strandquist
Kenneth Zisholz

Outstanding Educator:

Gerald W. Bell
David Berry
Rebekah Bower
David Carrier
Lorin Cartwright
George Davies
Carrie Docherty
Lindsey Eberman
Jessica Emlich
Katie Grove

Laura L. Harris
Dorice Hankemeier
Brian Hatzel
Christopher Ingersoll
Scott Lawrance
Christine A. Lauber
Larry Leverenz
Malissa Martin
Heidi Matthews
Mark Merrick

Michael Miller
Sally Nogle
Jeff Oliphant
Kim Peer
William A. Pitney
Jennifer Popp
John Powell
Richard Ray
Gretchen Schlabach
John W. Schrader

Patrick Sexton
Renee' Revis
Shingles
Craig Voll
Stacy Walker
Jessica Wallace
Thomas G. Weidner
Andrew Winterstein
Alice Wilcoxson
Ryan Wilkinson

Dedicated Service:

Gerald W. Bell
Ann Berry
Dale Burkhouse
Dan Campbell
Lorin Cartwright
Jessica Emlich
Christina Eyers
Kevin Gerlach
Mark Gibson
Katie Grove
Robert S. Gray
Chris Huot
Roger Kalisiak

Lisa Kluchurosky
Hollie Kozak
Gary Lake
Jan Lauer
Scott Lawrance
Larry Leverenz
Tory Lindley
Matt Marzullo
Michael Medich
Justin Miller
Brent Millikin
James Moore
Kari Odland

Allen Passerallo
Angela Perusek
Jill Ponzi
Dan Rasor
Richard Ray
Gary D. Reinholtz
Steve Risinger
Julie Rochester
Mark Schauer
Gretchen Schlabach
Lisa Schoene
Patrick J. Sexton
Brad Sherman

Renee' Revis
Shingles
Megan Streveler
Mark Stoessner
William Sullivan
Wayne Vaupel
Marion Vruggink
Craig Voll
Kerry Waple
Tom Weidner

Golden Pinnacle:

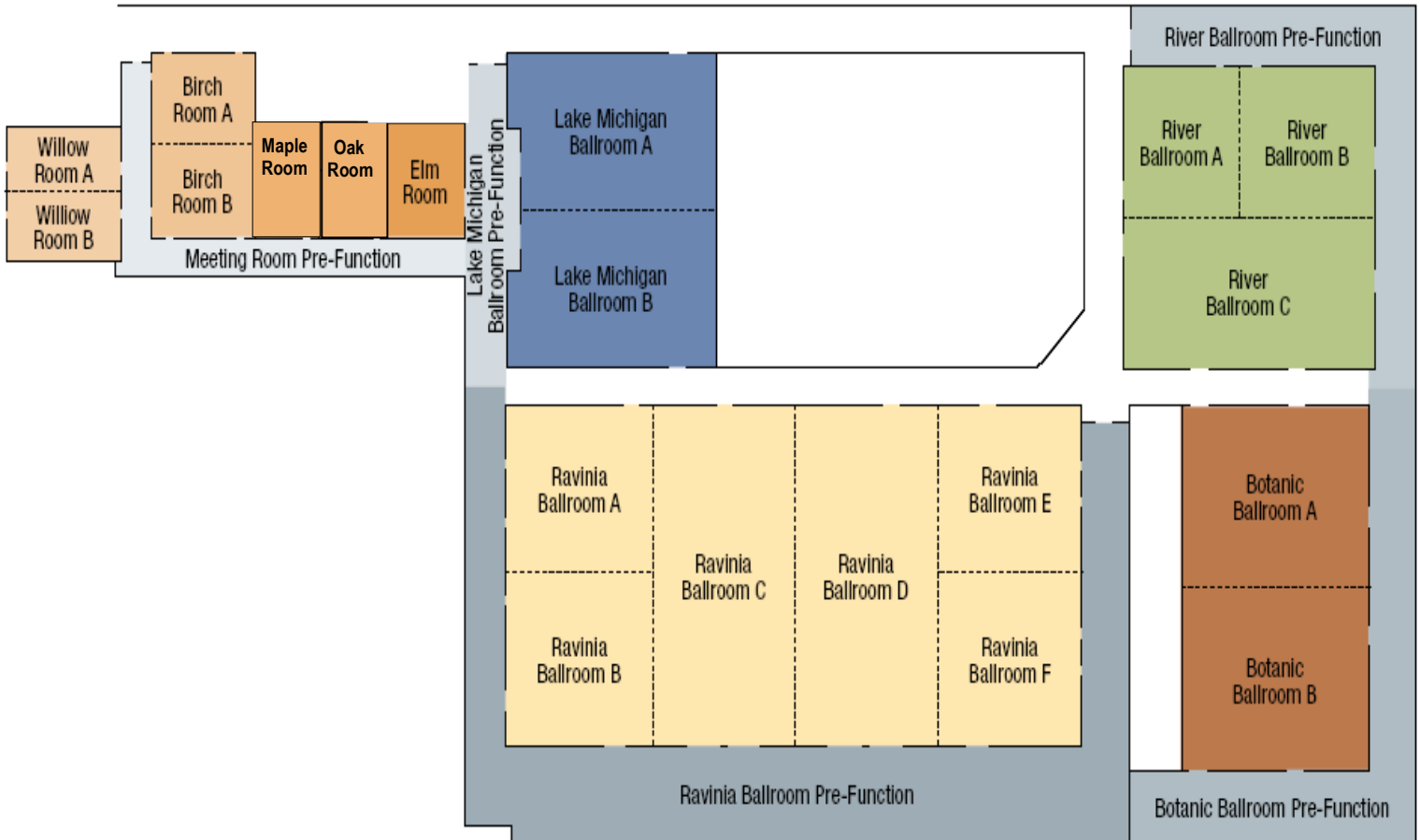
Marjorie Albohm
Robert S. Behnke
Gerald Bell
Ann Berry
Cynthia Booth
Lorin Cartwright
David Craig
Kent Falb
Tony Garofalo

Kevin Gerlach
Mark Gibson
Dale Googins
Gordon Graham
Robert Gray
Catherine Grove
William Hughes
Carol Humble
Roger A. Kalisiak

Gary Lake
Jan Lauer
Tory Lindley
Dennis A. Miller
Rod Moore
Paul Plummer
Richard Ray
Julie Rochester
John W. Schrader

Rick Shaw
Kip Smith
William Tessendorf
Marion Vruggink
Craig Voll
Jerry Whetstone

Westin Hotel Floor Plan



GLATA Future Meetings

March 11-14, 2020 - The Westin Chicago North Shore
 March 10-13, 2021 - The Westin Chicago North Shore
 March 9-12, 2022 - The Westin Chicago North Shore