

ICMS/HS BREAKFAST

August 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
Aug 1-2				Cinnamon Roll OR Muffin OR Cereal Bar w/ Cheese Stick or yogurt Fruit or Juice Milk	Mini Strawberry Stuffed Bagel Muffin OR Cereal Bar w/ Cheese Stick or yogurt Fruit or Juice Milk
Aug 5-9	Sausage Breakfast Pizza OR Muffin OR Cereal Bar Cheese Stick OR Yogurt Fruit or Juice Milk	French Toast OR Muffin OR Cereal Bar w/ Cheese Stick or yogurt Fruit or Juice Milk	Cherry Frudel Muffin OR Cereal Bar w/ Cheese Stick or yogurt Fruit or Juice Milk	Sausage Biscuit Muffin OR Cereal Bar w/ Cheese Stick or yogurt Fruit or Juice Milk	Muffin OR Cereal Bar w/ Cheese Stick or yogurt Fruit or Juice Milk
Aug 12-16	Cinnamon Roll OR Muffin OR Cereal Bar w/ Cheese Stick or yogurt Fruit or Juice Milk	Biscuit & Gravy Muffin OR Cereal Bar w/ Cheese Stick or yogurt Fruit or Juice Milk	Chicken Slider Muffin OR Cereal Bar w/ Cheese Stick or yogurt Fruit or Juice Milk	Benefit Bar OR Muffin OR Cereal Bar w/ Cheese Stick or yogurt Fruit or Juice Milk	Mini Cinnamon Stuffed Bagel OR Muffin OR Cereal Bar w/ Cheese Stick or yogurt Fruit or Juice Milk
Aug 19-23	Egg Scramble Pizza OR Muffin OR Cereal Bar Cheese Stick OR Yogurt Fruit or Juice Milk	Cheese Omelet Toast w/Jelly Muffin OR Cereal Bar w/ Cheese Stick or yogurt Fruit or Juice Milk	Apple Frudel Muffin OR Cereal Bar w/ Cheese Stick or yogurt Fruit or Juice Milk	Sausage Biscuit Muffin OR Cereal Bar w/ Cheese Stick or yogurt Fruit or Juice Milk	Cinni Mini Muffin OR Cereal Bar w/ Cheese Stick or yogurt Fruit or Juice Milk
Aug 26-30	Cinnamon Roll OR Muffin OR Cereal Bar w/ Cheese Stick or yogurt Fruit or Juice Milk	Biscuit & Gravy Muffin OR Cereal Bar w/ Cheese Stick or yogurt Fruit or Juice Milk	Chicken Slider Muffin OR Cereal Bar w/ Cheese Stick or yogurt Fruit or Juice Milk	Egg, Cheese Muffin Muffin OR Cereal Bar w/ Cheese Stick or yogurt Fruit or Juice Milk	Mini Strawberry Stuffed Bagel Muffin OR Cereal Bar w/ Cheese Stick or yogurt Fruit or Juice Milk