

# ICHS Lunch

# May 2023

|        | Monday   | Tuesday  | Wednesday  | Thursday  | Friday   |
|--------|--|--|--|---|--|
|        | 1  | 2  | 3  | 4   | 5  |
| Week 1 | BBQ Rib Sandwich<br>Spicy Chicken Tenders<br>Broccoli<br>Fruit Cocktail<br>Goldfish Crackers<br>Milk | Brave Burger<br>Grilled Cheese<br>Tomato Soup/Crackers<br>Carrots<br>Pears<br>Milk             | Country Fried Steak<br>Mashed Potato<br>Green Beans<br>Apples<br>Roll<br>Milk              | Teriyaki Chicken Sandwich<br>Corn Dog Nuggets<br>Texas Beans, Salad<br>Applesauce<br>Cookie<br>Milk                             | Stuffed Crust Pizza<br>Mozzarella Cheese Stick<br>Corn<br>Banana<br>Milk                         |
|        | 8  | 9  | 10   | 11  | 12   |
| Week 2 | Deep Dish Pizza<br>Cheese Breadsticks<br>Marinara Sauce<br>Baked Beans, Salad<br>Peaches<br>Milk     | Cheeseburger<br>Grilled Chicken Sandwich<br>Corn<br>Lettuce, Tomato<br>Pears<br>Milk           | Pepperoni Bosco Stick<br>Chicken Chunks<br>Broccoli<br>Banana<br>Goldfish Crackers<br>Milk | Ranchero Mex Pizza<br>Cheese Quesadilla<br>Salsa, Pepper Rings<br>Cucumbers, Mixed Fruit<br>Sour Cream<br>Graham Crackers, Milk | Breaded Mozz Sticks<br>Chicken Nuggets<br>Carrots<br>Apples<br>Cracker<br>Milk                   |
|        | 15   | 16   | 17   | 18  | 19   |
| Week 3 | Beef Tenderloin Sandwich<br>Spicy Chicken Sandwich<br>Green Beans<br>Pears<br>Goldfish<br>Milk       | State Fair Corn Dog<br>Pulled BBQ Pork Sandwich<br>Carrots<br>Fruit Cocktail<br>Cookie<br>Milk | Cheese Quesadilla<br>Salsa<br>Sour Cream<br>Corn<br>Banana<br>Milk                         | Cheese Breadsticks w/<br>Marinara Sauce<br>Pepperoni Calzone<br>Broccoli, Applesauce<br>Fruit Snack<br>Milk                     | Chicken Tenders<br>French Bread Pizza<br>Baked Beans/Salad<br>Peaches<br>Graham Crackers<br>Milk |
|        | 22   | 23   | 24   | 25  | 26   |
| Week 4 | Breaded Chicken<br>Cooks Choice<br>Carrots/Dip<br>Applesauce<br>Giant Goldfish<br>Milk               | Pizza<br>Cooks Choice<br>Broccoli<br>Pears<br>Milk   | Tenderloin Sandwich<br>Cooks Choice<br>Beans<br>Salad<br>Banana<br>Milk                    | Hot Dog<br>Cooks Choice<br>French Fries<br>Peaches<br>Goldfish Crackers<br>Milk   | No<br>School<br>It's Summer!   |
| Week 5 | 29   | 30   | 31   |   |  |
|        | No<br>School<br>It's Summer!   | No<br>School<br>It's Summer!   | No<br>School<br>It's Summer!   |   |  |

Subject to change

This Institution is an Equal Opportunity Provider