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Pain Center Opens at Gibson General Hospital

<u>Gibson General Hospital</u> (GGH) has launched a new service to provide convenient treatment options to those suffering from chronic pain.



GGH Pain Management Center opened on Dec. 10 and offers treatment for those suffering from neck and back pain, sciatica, work-related injuries, persistent pain after back or neck surgery, arthritis and joint pain of any type, Complex Regional Pain Syndrome (CRPS), nerve injury and muscle pain, shingles pain, and other types of pain.

"Chronic pain can have a tremendous impact on a person's quality of life, especially when it affects their ability to work or participate in daily activities," said Emmett Schuster, President and CEO of Gibson General Hospital. "Our Pain Management Center will make it easier for people in our community to get treatment for their pain, close to home, so they can return to a more normal life."

More than 100 million Americans suffer from chronic pain – more than diabetes, cancer and coronary heart disease combined. Anything from a sports injury to bad posture to skeletal abnormality can cause pain, and the treatment for pain can be as varied as the cause.

GGH Pain Management Center's lead physician, Dr. Daniel Lynch, is board certified and fellowship trained in pain management. He and his staff will work with patients and their primary care physicians to create individualized balanced treatment plans based on a number of considerations, including cause and level of pain. Treatment can include physical therapy, medication management, interventional procedures and referral for alternative treatment. In addition, patients are held accountable by establishing an agreement that limits them to use of only one pharmacy, one prescribing physician, keeping medications safe from loss or theft, pill counts and urine drug testing.

"We are committed to the personalized care of our patients for the duration of their pain management needs and their compliance with their program," said Dr. Lynch. "I look forward to getting to know each and every one of my patients to find a balanced treatment plan that will help them regain control over their pain."

Participation in the GGH Pain Management Center program requires a referral from a primary care physician. For more information, call 812-385-1701 or visit www.gibsongeneral.com/pages/paincenter.

Gibson General Hospital Adopts New Technology to Protect Patients

<u>Gibson General Hospital</u> (GGH) as installed a new patient identification system in its ER and outpatient registration areas that offers advanced medical identity theft protection and efficient patient registration while improving health outcomes and reducing the risk for medical errors.



The hospital has partnered with CrossChx, a leader in healthcare intelligence solutions that was founded with the support of the state of Ohio, to use their SafeChx system. SafeChx uses fingerprint scanning technology that identifies precise points on the finger to generate a unique code that links patients to their medical information so nobody else can use it. SafeChx does not store fingerprints in the system, only the unique ID code.

Nationwide, medical identity theft is on the rise, and it is estimated that Americans spend \$40 billion annually on medical identity theft. On a personal level, it is possible for someone to find or steal a person's health insurance card and use it to get treatment. SafeChx prevents this from happening because a person's medical identity will be instantly verified at check-in with a quick scan of their finger.

"SafeChx adds another layer of security to our patient identification process strengthening our efforts to safeguard patient information and ensuring that the right patient receives the right care," said Cindy Hauschild, GGH admitting manager. "We'll continue to ask to see a patient's photo ID and insurance card for additional verification, but this is extremely valuable in an emergency situation or if someone has lost or does not have their identification."

While the system is focused on protecting a patient's medical identity it also helps improve patient outcomes by ensuring that the right patient receives the right care every time they visit a hospital using SafeChx. It is common to see multiple patients with the same name and it would be possible, although unlikely, to pull the incorrect medical file because of the common name. This potential error cannot happen by using the SafeChx system because each patient will be identified by their unique fingerprint ID code and linked to his or her corresponding medical benefits; ensuring the right person receives the right care.

"Patient safety is extremely important in our focus to provide high quality, patient-centered care, and this includes protecting patient health information and reducing potential for medical errors," said hospital president and CEO Emmett Schuster. "We are excited to offer the SafeChx system to our patients, as it bolsters our already strong safety and quality efforts."

All GGH patients will be asked to participate in the free program. Participation is optional, but it is recommended for all patients over the age 5 to protect their medical identity. In two years, SafeChx has already protected over 7 million patient identities at other hospitals, with an overall patient acceptance rate of 97%.

"I encourage all of our patients to participate in the program," added Schuster. "I believe that patient identification and healthcare technology will continue to advance, and SafeChx offers many long-term advantages that will continue to benefit health care systems in the future."

Jay County Hospital Partnership For Patients

On November 18, <u>Jay County Hospital</u> was recognized in Indianapolis at the "Mission IN Possible" celebration event for Excellence in Partnership for Patients by the Centers for Medicare & Medicaid Services, Indiana Hospital Association and the American Hospital Association.

Quality Care By Those Who Care

Patient Safety Areas of Focus

The Partnership for Patients has identified core patient safety areas of focus that include hospital acquired conditions. The Partnership will not limit its work to these areas, but the following areas of focus are important places to begin.

- 1. Adverse Drug Events prevention of adverse drug reaction to Coumadin, insulin, and narcotic pain medications during hospital stay
- 2. Catheter-Associated Urinary Tract Infections (UTI) prevention during hospital stay
- 3. Injuries from Falls and Immobility prevention during hospital stay
- 4. Obstetrical Adverse Events prevention of elective deliveries prior to 39 weeks gestation and prevention of complications during delivery
- 5. Pressure Ulcers prevention of bed sores
- 6. Surgical Site Infections prevention during hospital stay

- 7. Venous Thromboembolism prevention of blood clots during hospital stay
- 8. Readmissions patient not readmitted to hospital for same condition within 30 days after discharge

To excel in the Patient Safety Areas of Focus, Jay County Hospital has implemented improvements throughout the organizations. These improvements include thoroughly educating patients on discharge instructions and necessary follow-up care. In addition, the JCH team conducts follow-up calls to patients after discharge to check on their progress. While in the hospital, patients are checked on hourly by the clinical staff to ensure patient needs are met.

Dave Hyatt, Jay County Hospital CEO states, "I'm proud of our team members here at Jay County Hospital. They have worked hard to continually provide top-of-the-line, quality care and ensure the safety of our patients. It's great that they are being recognized for their hard work and dedication to the Jay County community."

For more information, visit cms.gov.



Jay County Hospital is committed to excellence and delivering safe care to the patients and families of Indiana.



Jay County Hospital Orthopedics Partnership



<u>Jay County Hospital</u> is pleased to announce a new partnership with Central Indiana Orthopedics, PC of Muncie, IN to form Jay County Orthopedics. Beginning January 2015, Dr. Kerry Bennett will be seeing patients one day a week at the Jay Community Health Partners office located in Jay County Hospital.

"We're very excited to partner with Central Indiana Orthopedics and to have Dr. Bennett and his staff joining the Jay County

Hospital team. Adding such highly skilled professionals to our team will continue to ensure that JCH is able to continue providing world class care locally" said Dave Hyatt, CEO of Jay County Hospital. Jay County Orthopedics



Partnering for a healthier Jay County

Dr. Bennett is a general orthopedic surgeon originally from Farmland, IN. He earned his undergraduate degree from Purdue University, and attended medical school at Ohio University College of Osteopathic Medicine and completed an internship at Doctors Hospital of Stark County. His orthopedic training was at Doctors Hospital of Stark County in Massillon, Ohio. After graduating in 1992, Dr. Bennett began his practice in Xenia, Ohio and joined Central Indiana Orthopedics in 2002. Dr. Bennett is Board Certified by the American Osteopathic Board of Orthopedic Surgery and a member of the American College of Osteopathic Surgeons and American Osteopathic Association of Orthopedics.

2014 Brings Great Advancements to the Putnam County Hospital Radiology Department



With 2015 in full swing, <u>Putnam County Hospital</u> reflects on last 2014 and its patient-focused advancements, as it was a year of great strides for the Putnam County Hospital Radiology

Department. While imagining needs are always in demand, the addition of the GE Healthcare's <u>Optima*</u> <u>CT660</u>, an advanced, scalable Computed Tomography (CT) system offering lower radiation dose capabilities, allowed for more patients to be seen while receiving the very best outcome possible.

"The benefits of using CT scanning to detect illness and injuries are enormous, yet healthcare providers must be attuned to the amount of radiation that patients receive over their lifetime," states Paul Sanders, RT (R) (CT), Radiology Services Manager at Putnam County Hospital. "This innovative upgrade gives our radiologists low-dose exceptional quality images which enables them to make accurate diagnoses while reducing radiation exposure up to 40 percent."

The Optima CT660 has expanded Putnam County Hospital's capabilities by offering lower doses of radiation and shorter scan times, which is beneficial to all, but it is particularly beneficial to pediatric patients and those who receive multiple scans. Patients who require frequent follow-up CT scans for chronic conditions can now feel comfortable repeating these tests on a regular basis without increased radiation risk.

The Optima CT660 has also increased the scope of exams that can now be performed at Putnam County Hospital. Cardiac scoring and lung screening exams are now being performed at a very affordable rate. Putnam County Hospital is proud to offer these low-cost, low-dose preventive health screenings to the community. If results from either screen show concern, the staff at Putnam County Hospital is trained and ready to assist the patient on the next steps. While the program has only been in place for less than a year, the response has been extremely positive and lives are being saved thanks to patients becoming more proactive in their health.

Another great addition to the Putnam County Hospital Radiology Department is the GE Healthcare Optima MR450w 1.5T, a new MR (magnetic resonance) system. The Optima MR450w will give Putnam County Hospital the newest scan technology available, providing the highest image quality possible on 1.5T MR MRI systems. This latest generation of MRI Units features a larger bore aperture, as well as a shorter magnet length, allowing for the patient's upper torso/head to be outside the magnet for many examinations. The 16 channel system allows scanning of multiple areas of anatomy and also carries a high magnetic strength (1.5 tesla), resulting in shorter scan times which reduces the amount of time the patient is on the table. These features allow the Optima MR450w to offer **more comfort** and **less anxiety**, especially for those patients who are prone to claustrophobia.

Putnam County Hospital's goal is to give our community the very best in care. Every patient. Every time. With the newly installed Optima* CT660 and Optima MR450w, the Putnam County Hospital Radiology staff is trained to give quick, comfortable, patient-friendly scans, all while receiving the highest quality images available.

Greene County General Hospital Combating Infant Mortality Rate

Thanks to grant funding received from UDWI REMC by the Greene County General Hospital Foundation, mothers who complete a continuum of prenatal care and deliver at <u>Greene County General Hospital</u> will be sent home upon delivery with a Sweet Dreams Baby Bundle in hopes of reducing Indiana's infant mortality rate.

The bundles will consist of a sturdy, flame-retardant material that is lined with a mattress, waterproof cover and cotton sheet. To promote safe sleeping, it can also be utilized as a bassinet. Items, such as onesies, diapers, blankets and educational documents covering topics such as tobacco cessation and safe sleep practices will also be included in the bundles.

"Greene County has been identified to have a high rate of infant mortality," said Greene County General Hospital Chief Nursing Officer Lea Ann Camp. "Greene County General Hospital's Sweet Dreams Baby Bundle is modeled after the Finland Baby Box program developed in 1938 to help decrease infant mortality in that country."

In 1938, Finland's infant mortality, or death before a child's first birthday, rate was 65 deaths per 1,000 births. That year, new mothers in Finland began receiving baby boxes – lined with a mattress and filled with clothes, blankets and other newborn necessities. In 2013, the country's infant mortality rate was 3 deaths per 1,000 births.

Infant mortality rates in Indiana are exceptionally high with 6.7 deaths per 1,000 infants. According to the most recent data provided by the Indiana State Health Department, Indiana's infant mortality ranked 39^h nationally. From 2003-2012, an average of 654 infants died each year in Indiana.



Unfortunately, locally the counties of Greene, Clay, Owen, Pike, Putnam and Vermillion exceed the state incidence rate according to a study conducted by Indiana State University. Decreased and late prenatal care along with high prenatal smoking rates – 27.8 percent in Greene County compared to a state average of 17.1 percent – is driving organizations to offer incentives to increase prenatal care compliance.

"Because of Indiana's high infant mortality rates, our organization believes it is important to make a positive impact in our state and community. Greene County Hospital is excited to begin this program to encourage, acknowledge, and reward early and regular prenatal care, teach safe sleep practices, and encourage smoking cessation," said OB Nurse Manager Teresa Hutton. "These objectives are in alignment with the State of Indiana's 'Labor of Love – Helping Indiana Reduce Infant Death' campaign goals and initiatives. The Sweet Dreams Baby Bundles will not only provide a safe infant sleep area, they will also provide several baby care items and resource/instructional information for mothers. We are grateful to be the recipient of the REMC grant to launch this project."

Grant funding of \$1,500 will assist in the purchase of 50 Sweet Dreams Baby Bundles.

"We are very excited to be able to soon offer this at our hospital. This was started long ago in Finland and proved to be a huge success. Being able to provide this allows each child born to get the essentials that they will initially need," said Melissa Abbott, Director of Quality Improvement.

Interim Guidance for U.S. Hospital Preparedness for Patients under Investigation or with Confirmed Ebola Virus Disease: A Framework for a Tiered Approach

In an effort to further refine national, state, and local planning efforts to identify and care for suspect or confirmed patients infected with Ebola Virus Disease (EVD), the U.S. Centers for Disease Control and Prevention (CDC) has introduced guidance for a tiered approach to hospital EVD preparedness in the United States.

The CDC approach establishes a set of criteria which categorizes acute healthcare facilities into one of three

tiers based on their resource, planning, and operational capability to care for a person potentially infected with EVD. The three tiers are: 1) a Frontline Healthcare Facility; 2) an Ebola Assessment Hospital; or 3) an Ebola Treatment Center.

Detailed descriptions of the criteria and capabilities that define each of the three tiers can be found at: <u>http://www.cdc.gov/vhf/ebola/hcp/us-hospital-preparedness.html</u>. Also, on the Indiana State Department of Health (ISDH) website (<u>http://www.in.gov/isdh/26567.htm</u>), you can find more useful information for Healthcare Providers on the Ebola Virus Disease (EVD).



Rush Memorial News

<u>Rush Memorial Hospital</u> purchased a building close to campus. A total remodel allowed RMH to expand its family practice group RMH Healthcare Associates and Walk-In Care/ Occupational Health Services which opened late fall.





Rush Memorial Hospital has awarded the Indiana been Breast Cancer Awareness Trust (IBCAT) grant in the amount of \$4,505.00. These grant monies are made available to organizations through the sale of specialty license plates supporting breast health care. Pictured are Erin Pike with the RMH Oncology Department, Michele Gettinger, and Faith Mock, Executive Director of the **RMH** Foundation.



Jasper County Hospital Recognized by Indiana Hospital Association

The Indiana Hospital Association (IHA) recognized <u>Jasper County Hospital</u> in Indianapolis in December for their work to reduce patient harm by 40% and readmissions by 20% over the past three years. The recognition is



based on the results of a national campaign known as Partnership for Patients, created by the Centers for Medicare and Medicaid Services (CMS) to improve quality and patient safety at hospitals nationwide.

Jasper County Hospital was one of 116 hospitals which partnered with IHA to form a statewide engagement network, Coalition for Care, and participate with the American Hospital Association's Health Research and Educational Trust (HRET) in this ambitious initiative. These hospitals came together to work collaboratively on patient safety efforts.



"All of the physicians and staff at Jasper County Hospital are proud of the improvements which have been achieved in regard to patient safety and quality," said Jackie Molter. Quality Director for Jasper County Hospital. "Bv collaborating with IHA and applying the best practices that have been proven to work in healthcare, we can provide even better treatment for our patients."

"This is proof that efforts to identify harms and reduce readmissions are working. Our hospitals should be commended for their continued commitment to improving patient care. Indiana hospitals have had many

Carolyn Konfirst, IHA, Judy Egan and Jackie Molter

accomplishments in the past three years, and will continue this work in 2015 to improve the overall health and well-being of our state," said Doug Leonard, president of the Indiana Hospital Association.

This multi-year quality program touched every department in the Hospital and provided staff with guidelines that allowed these improvements. Spearheading the quality improvement movement at Jasper County Hospital are Jackie Molter, Director of Quality and Judy Egan, Director of Health Information Services.

Indiana Hospital Association Recognizes Decatur County Memorial Hospital's Work to Improve Quality and Patient Safety



The Indiana Hospital Association (IHA) recognized <u>Decatur County Memorial Hospital</u> (DCMH) on Nov. 18 at The Marten House in Indianapolis for their work to reduce patient harm by 40 percent and readmissions by 20 percent over the past three years. The recognition is based on the results of a national campaign known as Partnership for Patients, created by the Centers for Medicare and Medicaid Services (CMS) to improve quality and patient safety at hospitals nationwide.

DCMH was one of 116 hospitals that partnered with IHA to form a statewide engagement network, Coalition for Care, and participate with the American Hospital Association's Health Research and Educational Trust (HRET) in this ambitious initiative. These hospitals came together to work collaboratively on patient safety efforts, and not compete on safety.

"All of our physicians and staff here at the hospital should feel proud of the improvements we have achieved in regard to patient safety and quality," said Diane McKinney, Vice President



of Patient Care. "By collaborating with IHA and applying the best practices that have been proven to work in our industry, we can provide even better treatment for our patients."

Member hospitals attended educational sessions offered through IHA and HRET to address readmissions, falls and patient and family engagement, among others, and in the last three years, there have been 3,800 participants in educational programs. In 2014, 59 regional patient safety coalition meetings were held across the state. Lean Six Sigma training has been instrumental, with 297 Lean Six Sigma green belts and 176 Lean Six Sigma black belts being trained. There are now 68 hospitals with patient and family advisory councils. Decatur County Memorial Hospital had 13 individuals receiving Lean Six Sigma training during the course of three years.

"This is proof that efforts to identify harms and reduce readmissions are working. Our hospitals should be commended for their continued commitment to improving patient care. Indiana hospitals have had many accomplishments in the past three years, and will continue this work in 2015 to improve the overall health and well-being of our state," said Doug Leonard, president of the Indiana Hospital Association.

DCMH Opens Immediate Care Clinic for Community

A new clinic operating as a division of <u>Decatur County Memorial</u> <u>Hospital</u> (DCMH) hopes to offer added convenience and reduce emergency room visits for local residents.



DCMH's new WELL Clinic: Immediate Care offers the same medical care as its home facility in an "extended hours" office located in the same building as Tree City Medical Partners. The new clinic's entrance is located

near the rear of the Tree City Medical Partners building, on the same side of Michigan Avenue as Expressions Florists and Gifts. The building's physical address is 955 North Michigan.

WELL Clinic Director John Wilson said the new DCMH division will serve as a convenient alternative to patients unable to schedule appointments with their regular primary care physicians. He cautioned that the new clinic is not intended to become a replacement for one's regular doctor, nor is it an alternative to the DCMH Emergency Room.



Instead, Immediate Care offers treatment for minor injuries, allergies, colds and infections, and even skin conditions such as eczema or sunburn. Blood pressure checks can be completed on-site as can certain lab work, but the goal of the clinic is to complement a patient's regular doctor instead of taking his or her place.

"It's an extension of your physician," Wilson said of the clinic's purpose.

Some common medical maladies of a non-emergency nature previously required a trip to DCMH's ER, which resulted in bills far higher than those of a typical doctor's office visit. Wilson and WELL Clinic Nurse Practitioner Jill Koors said the cost of visiting the new clinic is the same as a scheduled DCMH doctor's office visit.

And although the level of medical care received during a WELL Clinic visit will be equal to that of visiting one's regular doctor, Wilson said there are a few medical services the new clinic is not able to offer. Among those are patient physicals, X-rays and the management of chronic diseases and disorders. Those services are better handled through a primary care doctor who can closely monitor such situations, Wilson and Koors said. In the case of

physical examinations required for work, school or sports, or the need for X-rays or other imaging services, WELL Clinic staff can help make primary care referrals.

Wilson and Koors are enthusiastic at the prospect of opening the WELL Clinic's doors to the general public as is DCMH Marketing and Communications Manager Lynzee McDowell.

"We're not sure what to expect," McDowell said with a laugh. "But we're excited to give the community something they need. It's an exciting thing."

Wilson said he and other staff have been working on the immediate care clinic since June. McDowell said the hospital has informed patients of the clinic's future opening via mailed materials as well as through its Facebook page.



The feedback from the Decatur County community has been extremely positive, McDowell said.

"We were surprised at how many people felt this was a need," Wilson added.

Immediate Care at the WELL Clinic offers walk-ins from 8 a.m. to 8 p.m. Monday through Friday and from 9 a.m. to noon on weekends. Appointments may also be made, Wilson said. The clinic will be closed on holidays.

Still a few days from officially opening its doors to the public, the work of the clinic has already paid positive dividends for one local mother.

Koors said four children of a local woman unable to schedule an appointment with her family doctor recently received care at the new clinic. The nurse practitioner said the clinic offers "improved access for healthcare" to residents of Decatur County.

DCMH Welcomes New OB/GYN to Staff



<u>Decatur County Memorial Hospital</u> (DCMH) recently welcomed Dr. Anxhela Treska, an OB-GYN, to the health network's staff.

Dr. Treska was born and raised in Albania. Her country was experiencing a civil war and her mother decided to send her to



the United States to attend college when she was 18. She first attended St. Mary's College in Michigan, among the first group of students to leave Albania during the war.

While in school, Treska met her husband. To give herself time to focus on her family, especially her children, Treska took a four year break between college and medical school. She attended medical school at Michigan State University.

Dr. Treska completed her residency in Georgia, allowing her family to be close to her husband's two brothers, both of which are in the US Army. She said both she and her husband have always wanted to live in a small town to raise their children, ages eight and five.

Through a recruiting service, Treska interviewed at four different Indiana hospitals. Treska said she liked the people in Greensburg and her needs coincided with those of DCMH. Treska is strongly OB-GYN oriented and offers services for women before, during and after their childbearing years.

While Treska is trained and eager to provide care related to all aspects of obstetric and gynecological health, she said she is most excited about treating the older population of women, particularly dealing with the issues of incontinence and pelvic reconstruction.

"I like helping women take care of themselves," Treska said. "I think the older population is fun to take care of; they speak their minds. They've been through it all and I was really drawn to that."

Though her practice will cover all OB-GYN services, Dr. Treska said she believes there is a real need in Decatur County for gynecological services not related to childbirth. There are many issues that can occur and having a specialist nearby will save patients long drives to bigger cities, Treska said. She wants to make the lives of local women easier by providing the care they need here rather than forcing them to travel.

In regards to medical issues facing women, especially older women, Treska said, "It's not a medically necessary thing, but it's a quality of life thing. When they come through the door, they're so informed and educated and ask all the right questions. That's what I like about it. They spend all their lives taking care of others and now they are focusing on themselves."

There have been many big advances in women's care in the last several years, which makes it an exciting time to be in the OB-GYN field, Treska said.

"My profession has an obligation to make women empowered, especially about their health," Treska said.

Dr. Treska will begin seeing patients on Monday and said she is looking forward to setting down roots in Decatur County and establishing a continuity of care, potentially seeing patients from birth until old age. She also said she looks forward to working with other local doctors to provide the best care possible.

"My goal is to stay," Treska said. "I'd like my kids to grow up in a small community. I've moved around a lot and I'm tired of living my life in chunks. We're here to stay and be part of the community." Treska will be working in the Women's Care office with Dr. Wayne Perry. Their office is located in the medical office building at 955 North Michigan Avenue. The office is open Monday through Friday and can be reached at 812-222-CARE or 812-222-BABY.

Both Dr. Treska's and Dr. Perry's services are covered by the Affordable Care Act's Health Insurance Marketplace. DCMH offers health coverage educational sessions to help clients sign up for insurance. More information is available at the hospital website at <u>www.dcmh.net/marketplace</u>.

Wabash County Hospital joins Parkview Health

Wabash County Hospital joined Parkview Health on January 1, 2015, following a multi-month due diligence process leading to the acquisition by Parkview. Wabash County Hospital joins the health system as its eighth hospital and will be licensed and named Parkview Wabash Hospital beginning immediately.

"We began discussions with Wabash leaders many months ago when the hospital decided they would like to develop a

partnership with Parkview Health," said Mike Packnett, president and CEO, Parkview Health. "Wabash joining Parkview immediately made sense, as the two share very similar missions and a vision to improve the health and well-being of the communities we serve."

Marilyn Custer-Mitchell, president of Parkview Wabash Hospital, echoed Packnett's thoughts adding, "I've been fortunate to serve the Wabash community as its hospital president for more than seven years now and I feel great about the community benefit that will come as a result of our county hospital joining Parkview. They contribute in numerous ways to each of the communities they serve every year and Wabash will be no different."

Parkview Wabash Hospital is a 25 bed inpatient critical access hospital located in the city of Wabash. Serving the community since 1919, the hospital provides critical care, surgery, emergency, cancer treatment, and lab services, and more.

Parkview Health, as a part of the acquisition agreement, will build a new \$35 million hospital in Wabash within the next three to five years.

