ICHS L	unch Menu		August 2020		
	Monday	Tuesday	Wednesday	Thursday	Friday
Aug 5-7			Stuffed Cheese Pizza OR	Beef & Cheese Burrito OR	Brave Burger OR
			Chicken Rings, BBQ dip	Cheese Quesdilla	Grilled Cheese Sandwich
			Broccoli, Dip	Cucumbers/dip	Corn
			Apples	Salsa, Sour Cream	Peaches
			Fruit Snack	Pears, Goldfish	Chortles
			Milk	Milk	Milk
Aug 10-14	Spicy Chicken Tenders OR	Cheese Breadsticks OR	BBQ Rib Sandwich OR	Stuffed Pepperoni Pizza OR	Pork Tenderloin OR
	Chicken Nuggets, BBQ Cup	Deep Dish Pizza	Fish Sandwich, Tartar Sauce	Grilled Cheese	Breaded Chicken Sandwich
	Corn	Baked Beans, Fruit Snack	Carrots/dip	Green Beans	Broccoli, Dip
	Banana	Lettuce, Ranch pkt	Mixed Fruit	Applesauce	Lettuce & Tomato
	Cheez-its Crackers	Oranges, Marinara Sauce	Giant Goldfish	Elf Crackers	Pears, Pretzels
	Milk	Milk	Milk	Milk	Milk
Aug 17-21	Hot Dog OR	Calzone Or	Spicy Chicken Sandwich OR	Brave Burger OR	French Bread Pizza OR
	Cheeseburger	Cheese Breadsticks	Beef Tenderloin	BBQ Rib Sandwich	Chicken Tenders, BBQ Sau
	Tator Tots	Broccoli	Carrots/dip	Celery/PB Cup	Baked Beans
	Oranges	Apples	Mixed Fruit	Peaches	Applesauce, Lettuce
	Ketchup Mustard	Marinara Sauce, Elf Graham	Fruit roll-up	Mini Rice Krispie Treat	Graham Cracker
	Milk	Milk	Milk	Milk	Milk
Aug 24-28	Popcorn Chicken OR	Corn Dog OR	Brave Burger OR	Beef & Cheese Burrito OR	Stuffed Cheese Pizza OR
	Deep Dish Cheese Pizza	Pulled BBQ Pork Sandwich	Grilled Cheese Sandwich	Cheese Quesdilla	Chicken Chunks, BBQ dip
	Carrots/dip	Texas Beans	Corn	Cucumbers/dip	Broccoli, Dip
	Applesauce, Giant Goldfish	Lettuce, Ranch pkt	Peaches	Salsa, Sour Cream	Apples
	BBQ dip	Banana, Juice Cup	Chortles	Pears, Goldfish	Fruit Snack
	Milk	Milk	Milk	Milk	Milk