

ICMS/HS Breakfast

Jan 2023

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------|--|--|---|---|---|
| | 2 | 3 | 4 | 5 | 6 |
| Week 1 | | French Toast Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk | Cinnamon Toast Bar Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk | Sausage Hot Pocket Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk | Chicken Slider Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk |
| | 9 | 10 | 11 | 12 | 13 |
| Week 2 | Waffle Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk | Cinni Mini Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk | Breakfast Pizza Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk | Sausage Biscuit Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk | Vanilla Benefit Bar Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk |
| | 16 | 17 | 18 | 19 | 20 |
| Week 3 | No School Rev. Martin Luther King Day | Egg, Cheese Bagel Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk | Sausage Pancake Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk | S'more Bar Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk | Strawberry Stuffed Bagel Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk |
| | 23 | 24 | 25 | 26 | 27 |
| Week 4 | Breakfast Pizza Sausage Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk | Chocolate Benefit Bar Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk | Sausage Egg Cheese Bagel Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk | Bacon Egg Hot Pocket Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk | Apple Friedel Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk |
| | 30 | 31 | | | |
| Week 5 | Cinn Toast Bar Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk | French Toast Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk | | | |

Subject to change

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