

ICMS/HS Breakfast				September 2021	
	Monday	Tuesday	Wednesday	Thursday	Friday
Sep 1-3			Pancakes OR Muffin or Cereal Bar w/ Cheese Stick or Yogurt Fruit and/or Juice Milk	Benefit Bar OR Muffin or Cereal Bar w/ Cheese Stick or Yogurt Fruit and/or Juice Milk	Cinnamon Stuffed Bagel OR Muffin or Cereal Bar w/ Cheese Stick or Yogurt Fruit and/or Juice Milk
Sep 6-10	LABOR DAY  NO SCHOOL	Egg, Cheese English Muffin OR Muffin or Cereal Bar w/ Cheese Stick or Yogurt Fruit and/or Juice Milk	Apple Frudel OR Muffin or Cereal Bar w/ Cheese Stick or Yogurt Fruit and/or Juice Milk	S'more Bar OR Muffin or Cereal Bar w/ Cheese Stick or Yogurt Fruit and/or Juice Milk	Strawberry Stuffed Bagel OR Muffin or Cereal Bar w/ Cheese Stick or Yogurt Fruit and/or Juice Milk
Sep 13-17	Cinnamon Toast Bar OR Muffin or Cereal Bar w/ Cheese Stick or Yogurt Fruit and/or Juice Milk	French Toast OR Muffin or Cereal Bar w/ Cheese Stick or Yogurt Fruit and/or Juice Milk	Cherry Frudel OR Muffin or Cereal Bar w/ Cheese Stick or Yogurt Fruit and/or Juice Milk	Sausage Pancake OR Muffin or Cereal Bar w/ Cheese Stick or Yogurt Fruit and/or Juice Milk	Chicken Biscuit OR Muffin or Cereal Bar w/ Cheese Stick or Yogurt Fruit and/or Juice Milk
Sep 20-24	Waffle OR Muffin or Cereal Bar w/ Cheese Stick or Yogurt Fruit and/or Juice Milk	Cinni Mini OR Muffin or Cereal Bar w/ Cheese Stick or Yogurt Fruit and/or Juice Milk	Pancakes OR Muffin or Cereal Bar w/ Cheese Stick or Yogurt Fruit and/or Juice Milk	Benefit Bar OR Muffin or Cereal Bar w/ Cheese Stick or Yogurt Fruit and/or Juice Milk	Cinnamon Stuffed Bagel OR Muffin or Cereal Bar w/ Cheese Stick or Yogurt Fruit and/or Juice Milk
Sep 27-Oct 1	Cinnamon Roll OR Muffin or Cereal Bar w/ Cheese Stick or Yogurt Fruit and/or Juice Milk	Egg, Cheese English Muffin OR Muffin or Cereal Bar w/ Cheese Stick or Yogurt Fruit and/or Juice Milk	Apple Frudel OR Muffin or Cereal Bar w/ Cheese Stick or Yogurt Fruit and/or Juice Milk	S'more Bar OR Muffin or Cereal Bar w/ Cheese Stick or Yogurt Fruit and/or Juice Milk	Strawberry Stuffed Bagel OR Muffin or Cereal Bar w/ Cheese Stick or Yogurt Fruit and/or Juice Milk
Subject to change					