

ICMS/HS Breakfast				November 2021	
	Monday	Tuesday	Wednesday	Thursday	Friday
Nov 1-5	Cinnamon Roll OR Muffin or Cereal Bar w/ Cheese Stick or Yogurt Fruit and/or Juice Milk	Egg, Cheese English Muffin OR Muffin or Cereal Bar w/ Cheese Stick or Yogurt Fruit and/or Juice Milk	Apple Frudel OR Muffin or Cereal Bar w/ Cheese Stick or Yogurt Fruit and/or Juice Milk	S'more Bar OR Muffin or Cereal Bar w/ Cheese Stick or Yogurt Fruit and/or Juice Milk	Strawberry Stuffed Bagel OR Muffin or Cereal Bar w/ Cheese Stick or Yogurt Fruit and/or Juice Milk
Nov 8-12	Cinnamon Toast Bar OR Muffin or Cereal Bar w/ Cheese Stick or Yogurt Fruit and/or Juice Milk	French Toast OR Muffin or Cereal Bar w/ Cheese Stick or Yogurt Fruit and/or Juice Milk	Cherry Frudel OR Muffin or Cereal Bar w/ Cheese Stick or Yogurt Fruit and/or Juice Milk	Sausage Pancake OR Muffin or Cereal Bar w/ Cheese Stick or Yogurt Fruit and/or Juice Milk	Chicken Slider OR Muffin or Cereal Bar w/ Cheese Stick or Yogurt Fruit and/or Juice Milk
Nov 15-19	Waffle OR Muffin or Cereal Bar w/ Cheese Stick or Yogurt Fruit and/or Juice Milk	Cinni Mini OR Muffin or Cereal Bar w/ Cheese Stick or Yogurt Fruit and/or Juice Milk	Pancakes OR Muffin or Cereal Bar w/ Cheese Stick or Yogurt Fruit and/or Juice Milk	Benefit Bar OR Muffin or Cereal Bar w/ Cheese Stick or Yogurt Fruit and/or Juice Milk	Cinnamon Stuffed Bagel OR Muffin or Cereal Bar w/ Cheese Stick or Yogurt Fruit and/or Juice Milk
Nov 22-26	Cinnamon Roll OR Muffin or Cereal Bar w/ Cheese Stick or Yogurt Fruit and/or Juice Milk	Egg, Cheese English Muffin OR Muffin or Cereal Bar w/ Cheese Stick or Yogurt Fruit and/or Juice Milk	THANKSGIVING BREAK	THANKSGIVING BREAK	THANKSGIVING BREAK
Nov 29-Dec3	Cinnamon Toast Bar OR Muffin or Cereal Bar w/ Cheese Stick or Yogurt Fruit and/or Juice Milk	French Toast OR Muffin or Cereal Bar w/ Cheese Stick or Yogurt Fruit and/or Juice Milk	Cherry Frudel OR Muffin or Cereal Bar w/ Cheese Stick or Yogurt Fruit and/or Juice Milk	Sausage Pancake OR Muffin or Cereal Bar w/ Cheese Stick or Yogurt Fruit and/or Juice Milk	Chicken Slider OR Muffin or Cereal Bar w/ Cheese Stick or Yogurt Fruit and/or Juice Milk
Subject to change					