

## **Middle School Athletics Information**

### Cross Country (open run and ***parent meeting***)

- Sat 8/8, 10:00am, MS Gym parking lot (MS Cafe if inclement weather - face covering required indoors)
- Bring physical paperwork, face covering, and filled water jug

### Football (open field and ***parent meeting***)

- Tues 8/11, 6:30pm, football stadium bleachers (MS Cafe if inclement weather - face covering required indoors)
- Bring physical paperwork, face covering, and filled water jug

### Volleyball (open gym and ***parent meeting***)

- Tues 8/11, 6:30pm, MS Gym (face covering required indoors)
- Bring physical paperwork, face covering, and filled water jug

Cheerleading TBA

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## **DAILY PARTICIPATION SCREENING**

- Participants will screen every day prior to practice
- [www.uc.k12.in.us](http://www.uc.k12.in.us)
- Click on "UC Athletics" in upper right corner
- Click on "middle school daily screening survey"
- Complete and submit every day before practice

## **PHYSICAL PAPERWORK**

- [www.uc.k12.in.us](http://www.uc.k12.in.us)
- Click on "UC Athletics" in upper right corner
- Review "2020-21 Sports Physical Information" to determine what paperwork is required for participation this school year
- Physical Paperwork must be turned in to MS Office, Athletic Office, or Head Coach prior to participation in practice (PLEASE CHECK THAT ALL SIGNATURES ARE COMPLETE)

## **COACH CONTACT INFORMATION**

- [www.uc.k12.in.us](http://www.uc.k12.in.us)
- Click on "UC Athletics" in upper right corner
- Scroll down and click on "Contact Coaches"