Building Bridges for Kids Race and Racism

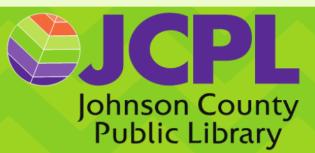
Additional Resources

- Brightly, Resources for Talking about Race with Kids: <u>https://</u> <u>www.readbrightly.com/how-to-talk-to-kids-about-race-books-and-</u> <u>resources-that-can-help/</u>
- Race and Racism, PBS: <u>https://www.pbs.org/parents/talking-about-racism</u>
- Race and Ethnicity, Learning for Justice: <u>https://</u> www.learningforjustice.org/topics/race-ethnicity
- Anti-Racism for Kids, Parents.com: <u>https://www.parents.com/parenting/</u> <u>better-parenting/advice/how-to-teach-your-kids-to-fight-hate-an-age-by-</u> <u>age-guide/</u>
- A Good Kind of Trouble by Lisa
 No
- Moore Ramée
- <u>The Day You Begin</u> by Jacqueline <u>Woodson</u>
- Fry Bread by Kevin Noble Maillard
- Shades of People by Shelley Rotner

- Not My Idea by Anastasia Higginbotham
- This Book is Anti-Racist by Tiffany Jewell
- <u>Stamped (For Kids)</u> by Jason Reynolds and Ibram X. Kendi

Join us November 17th, 6:30-7:30 p.m.

Topic: Bodily Autonomy



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Conversation Starters

- What is race? A group of people who have in common some visible physical traits. This is different from a person's culture or ethnicity.
- Sometimes people say they are "colorblind" to mean that they believe everyone is equal. This idea may sound nice, but a lot of people feel like that idea isn't totally honest or ignores parts of them that they love.
- Race comes up a lot today. What have you heard about race? How does it make you feel?
- Talking about differences, especially race, can get uncomfortable. That's okay, but just because it's uncomfortable, doesn't mean it's not important. What do you think we can learn from talking about race?
- What are some ways we can celebrate our differences?
- John Lewis, a civil rights activist and American statesman, said, "Get in good trouble, necessary trouble, and redeem the soul of America." What do you think he meant by that? What is worth getting in trouble for?

What questions do you have?

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