

ICMS/HS Breakfast

Sept. 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
				1	2
Week 1				Sausage, Egg, Cheese Pocket Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Chicken Slider Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk
	5	6	7	8	9
Week 2	No School Labor Day	Cinni Mini Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Breakfast Pizza Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Benefit Bar Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Cinnamon Stuffed Bagel Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk
	12	13	14	15	16
Week 3	Cinnamon Roll Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Bacon Pocket Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Apple Frudel Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	S'more Bar Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Strawberry Stuffed Bagel Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk
	19	20	21	22	23
Week 4	Cinnamon Toast Bar Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	French Toast Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Vanilla Benefit Bar Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Sausage, Egg, Cheese Pocket Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Chicken Slider Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk
	26	27	28	29	30
Week 5	Waffle Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Cinni Mini Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Breakfast Pizza Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Benefit Bar Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Cinnamon Stuffed Bagel Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk

Subject to change

This Institution is an Equal Opportunity Provider