

## *The Art of Henna*

Henna is an ancient art that is used around the world. Henna artists use the leaves of the henna plant to make dyes. They use the dyes to draw designs on people's bodies. Each shape has its own meaning.

Supplies: Paper, Markers, Scissors, Pencil

Henna artists use simple shapes like circles, squares, and lines. ***Draw some below.***



They layer these shapes in many ways. ***Make a design by layering simple shapes.***

Some designs may have dots and wavy lines, others may look like lace or flowers. ***Draw a design with dots, wavy lines, or flowers.***

Every design is a symbol. Each shape stands for love, joy, or hope. Henna is meant to bring good luck. ***Draw a symbol for good luck.***

**Now that you have practiced making designs it is time to trace and cut out your hand to decorate it with a design!**