



UPDATE YOUR INFORMATION ON

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Exclusively Xi is Alpha Xi Delta's online members-only portal. Exclusively Xi gives you instant access to find chapter Sisters, access resources relevant to alumnae membership, update your own address and much more! Visit [www.alphaxidelta.org/exclusivelyxi](http://www.alphaxidelta.org/exclusivelyxi) to sign up or login!

## Alumnae Associations

Alumnae associations across the country plan monthly gatherings for members. From cookouts to holiday parties and road trips, Sisters are fostering relationships, new and old.



The Empowerment Network (TEN) is Alpha Xi Delta's mentoring program, exclusively for collegians and dues-paying alumnae Sisters. TEN gives our current collegiate members an opportunity to connect with Alpha Xi Delta alumnae as well as increase alumna to alumna connections. TEN is an online platform that is accessible to all dues paying alumnae, regardless of where they call home!



A Clear Vision of Life: The Wellbeing Program is an educational program for Alpha Xi Delta alumnae focused on the five essential elements of wellbeing: Community, Financial, Physical, Purpose, Social. The program asks alumnae members to participate in a variety of "challenges" throughout the year to increase their capacity to thrive in each of the five areas of wellbeing. Wellbeing challenges can be accessed by visiting Alpha Xi Delta's website.



Your annual National Alumnae Dues payment of \$25 will go into the "Be The Heart" fund of Alpha Xi Delta. Funds benefit alumnae programming, support and cultivation, special alumnae events and campaigns, supporting volunteer education and development, as well as alumnae awards and recognition.



**The Quill** of Alpha Xi Delta, the official publication of Alpha Xi Delta Fraternity. It shares the accomplishments and activities of chapters and alumnae associations, and individual Sisters. **The Quill** is published three times a year and is mailed to collegiate and alumnae members, Greek organizations and institutions where Alpha Xi Delta has chapters.

## National Convention

Alpha Xi Delta holds National Convention every two years. This meeting serves as the time for conducting national chapter business and provides an opportunity for interaction between alumnae and collegiate members. Each National Convention includes a number of educational and leadership sessions for collegiate and alumnae attendees and is a time for Sisters to bond while creating fun-filled memories.