EYE SURGEONS of INDIANA

The difference is clear.

Nothing is more precious than our eyesight. Our eyes show us the beauty of the world around us, our new grandchild's face and that great tee shot! Each year millions of Americans experience diminished vision and reduced enjoyment of life because of treatable vision problems.

For more than three decades Eye Surgeons of Indiana has provided clear and youthful vision to our patients. We are leaders in providing the highest quality eye care in a friendly and caring environment. Our extensive training, advanced diagnostic equipment and surgical techniques only matter for one reason ... you.

Our doctors are committed to the use of proven medical therapies including the finest lasers, specialty lenses and digital imaging equipment. Our advanced techniques and minimally invasive surgical procedures are designed to improve the clinical outcomes for our patients.

Protect the precious gift that you've been given. We are confident that our doctors can provide you with a brand new view of life.

Our Services

Evaluation and Treatment of Cataracts

Cataracts typically form as we mature and are the leading cause of poor vision in adults over age 50. While many conditions can cause blurry vision, there are several symptoms that typically occur in an individual with cataracts. These symptoms may include the inability to focus on an object, double vision, appearance of a "veil" over your vision, intolerance of bright lights, and difficulty driving at night.

The only treatment for cataracts is surgery. However, cataract surgery has significantly advanced within the last few years. As a matter of fact, cataract surgery is one of the most common surgical procedures performed in the world today. Numerous studies have shown that cataract surgery can greatly improve the quality of life and make common tasks, such as reading and driving, much easier and safer. Our surgeons use a no-shot, no-stitch, no-patch cataract procedure through a micro incision. Cataract surgery can be performed at Eye Surgeon of Indiana's state of art surgery center. You will be admitted and released on the same day.

Don't let cataracts cloud your vision and dim your world. Evaluation and treatment of your cataract will significantly improve your sight and quality of life.



Cornea

The cornea is the clear front surface of the eye that covers the iris and pupil. If the cornea is damaged, it may become swollen and scarred, and its smoothness and clarity may deteriorate. Defects of the cornea can cause glare or blurred vision.

The doctors at Eye Surgeons of Indiana specialize in treatment of all conditions of the cornea including corneal transplants.

Patients may require corneal transplants if they have:

- Scarring due to trauma to the eye
- Corneal failure after a previous eye procedure
- Keratoconus, steep curving of the cornea
- Hereditary factors that cause corneal failure
- Scarring and swelling after infections

Diabetes

The National Eye Institute indicates that nearly 50% of those individuals with diabetes develop some type of eye-related complication from their diabetes. Additionally, diabetics are twenty-five times more prone to experience significant vision loss than non-diabetics. One of the complications which frequently appears is diabetic retinopathy. This disease is the leading cause of blindness among adults in the United States and occurs when diabetes damages the blood vessels that are present in the retina.

In the early stages of diabetic retinopathy there may not be any symptoms or change in vision. If the disease progresses, though, serious problems can occur. Retinal hemorrhages (small spots of blood) may also develop. Diabetic retinopathy can also enter an advanced stage called proliferative diabetic retinopathy. At this stage many new blood vessels grow in the eye, but they are weak and can bleed and permanently damage the retina. Fortunately, diabetic patients can take steps to preserve their eyesight.

Anyone diagnosed with diabetes should have an immediate, thorough eye examination. The National Eye Institute strongly urges all diabetics to have a dilated eye exam every year and, more often, if serious retinopathy is present. Careful monitoring can keep the patient from losing their vision. Additionally, monitoring glucose levels has been shown

to slow down the appearance and progress of diabetic retinopathy. Other clinical trials are under way which may yield new treatments for the disease.

The doctors at Eye Surgeons of Indiana specialize in treating eye conditions that affect patients with diabetes. If you or someone you know has diabetes please contact us to schedule a diabetes eye exam.



Retina

Age related macular degeneration (ARMD) is the number one cause of legal blindness in people over the age of 60. Although the disease most often only causes minimal to moderate vision loss, in severe cases it can lead to complete loss of central vision.

ARMD is a condition involving the retina, which is the delicate tissue in the back of the eye. ARMD is classified as either "dry" or "wet." Most people have the less severe dry form, which can be without symptoms or it may progress



to mild to moderate vision loss. ARMD can only be detected during a dilated eye exam by an experienced eye care professional. The more severe form is the wet which can lead to significant vision loss if untreated.

Our doctors at Eye Surgeons of Indiana use the most advanced treatments and equipment to help control macular degeneration and any other retinal conditions.

Glaucoma

Glaucoma is a generic term used to describe an entire group of diseases. The common factor typically associated with glaucoma is an increase in the amount of pressure inside the eye. This excess pressure can damage the cells of the optic nerve, which is the "cable" that sends information from your eye to your brain (its first symptom is that you will no longer be able to see things out of the corner of your eye). As it continues, it may reduce your main field of vision, and can ultimately result in significant vision loss.

Glaucoma, especially in the early stages, has few if any symptoms. About one out of every 30 Americans age 40 and over has glaucoma, but at least half of them are not even aware of it. While glaucoma cannot be cured, it can be caught and treatment can prevent it from becoming worse. Routine eye examinations are required to assess the risk of glaucoma. At Eye Surgeons of Indiana we have leading edge treatments for glaucoma and special procedures to reduce the pressure in the eye and dependence on eye drops.





Vision correction through lens exchange

Vision correction through lens exchange is an alternative procedure to laser vision correction and other refractive surgery procedures. This procedure can correct nearsightedness, farsightedness and astigmatism by replacing your natural lens with a specialty implant lens. These lenses may even help patients to become less dependent on reading glasses.

Lens implants can give the patient the option of a Monofocal, Multifocal, Accommodating, or Toric Intraocular Lens (IOL) to correct their vision. The new multifocal IOLs and accommodating IOLs offer the possibility of seeing well at more than one distance, with less dependence on glasses or contacts. These IOLs are considered "premium" lenses, which means that Medicare and most health care plans will pay a portion of the cost of your surgery and you must pay additional associated costs yourself.

Toric IOLs designed to correct higher degrees of astigmatism are also considered "premium" lenses, and like multifocal and accommodating IOLs, there are costs beyond insurance coverage.

Another form of premium IOL called an aspheric IOL is used for patients who have had problems with night vision before their surgery or who have certain types of aberrations (halos, glare, etc.) and could not see clearly even with normal glasses or contact lenses. Aspheric IOLs reduce these aberrations to produce the maximum potential vision for the eye.

At Eye Surgeons of Indiana we offer these premium lens types and our doctors will help customize the best option for you!









Lasik

LASIK (Laser-Assisted In Situ Keratomileusis) is a breakthrough technique that can possibly free or reduce the patient from the use of glasses and contact lenses. LASIK is a procedure that is a great option for most low, moderate, and higher prescriptions.

What is LASIK?

Using the computer-controlled accuracy of the excimer laser, the surface of the eye is reshaped so that images focus more clearly. The procedure offers quick recovery and greatly reduces the patient's dependence on corrective eyewear. LASIK is a bladeless procedure that gives patients a customized vision to help them see clearer and sharper than ever before.

Is LASIK right for you?

Although LASIK will reduce your dependence on eyewear, the success of LASIK depends mainly on the patient's eyes. LASIK works well for most people that are nearsighted, farsighted, and have an astigmatism, but the results may not always be 20/20. Some patients over the age of 40 may find that they need to wear reading glasses after LASIK. You may be a good candidate if your vision is stable with or without astigmatism, and you have no other eye problems.

Dry Eye

Dry eye syndrome is a condition in which there are insufficient tears to lubricate and nourish the eye. People with dry eyes may experience symptoms of irritated, gritty, scratchy, or burning eyes, a feeling of something in their eyes, excess watering, and blurred vision. Advanced dry eyes may damage the front surface of the eye and impair vision. Failure to treat dry eye syndrome can lead to major eye problems such as scarring or ulceration of the cornea.

There are a number of factors that can contribute to dry eye syndrome:

- Lack of vital nutrients in the tear film
- The aging process
- Environmental conditions
- Contact lenses
- Medications such as antihistamines, birth control pills, diuretics, beta blockers, and hormone replacement therapy
- Vitamin A deficiency
- Diseases that reduce tear production, including arthritis, Sjögren's syndrome, systemic lupus erythematosus, leukemia, and Stevens-Johnson syndrome
- Enlarged tear drains

The doctors at Eye Surgeons of Indiana specialize in treating dry eye syndrome. Our treatments for dry eye aim to restore or maintain the normal amount of natural tears in the eye to minimize dryness and discomfort and to maintain eye health.





Where Will I Have Surgery?

The physicians at Eye Surgeons of Indiana perform surgery in their state of the art ambulatory surgery center, Surgical Care Center, Inc., attached to their Indianapolis office. With modern surgical suites, microscopes and lasers this facility was specially designed for ophthalmic surgery. All of the staff have been professionally trained in eye surgery and are dedicated to providing you with total patient satisfaction. Your safety and comfort are our first priority. Many patients prefer to have their procedure performed at Surgical Care Center instead of a hospital because of the convenience and cost savings. Charges and outof-pocket costs are always less than surgery performed in a hospital.

Surgical Care Center is fully accredited by the Accreditation Association for Ambulatory Health Care (AAAHC) and Medicare. Physicians at Surgical Care Center have performed over 50,000 procedures at the facility. We provide door-to-door transportation on the day of surgery for you and a guest. In a recent survey over 98% of all patients surveyed feel they are receiving superior care at this facility.

Travel

If you are unable to accommodate transportation on your day of surgery we will arrange transportation to our surgery center for you.

If your visit or surgical procedure includes a need for overnight accommodations, ask our staff about the nearby hotel rates available to patients.



Insurance

Eye Surgeons of Indiana accepts most insurance plans including Medicare, Anthem, Blue Cross/Blue Shield, Cigna, United Healthcare, Sagamore, Aetna and many others. As a courtesy we will file your insurance claim for you.

Our office will also file claim forms for non-participating insurance plans. For these plans we request payment at the time of your office visit unless previous arrangements have been made. Eye Surgeons of Indiana accepts VISA, MasterCard, Discover, debit cards, checks and cash.

You are welcome to contact our insurance specialists at any time with questions about insurance, claim forms and billing.

Locations

INDIANAPOLIS

9202 North Meridian Street Indianapolis, Indiana 46260 317-841-2020

If you are coming from the west on I-465, take Exit 31 (Meridian Street). Follow the exit for Meridian Street and merge right onto Meridian Street. Our office is located a 1/2 mile south of I-465 on the right side of North Meridian Street.

If you are coming from the east on I-465, take Exit 31 (Meridian Street). Follow the exit for Meridian Street. Turn left at the stoplight onto Meridian Street. Our office is located a 1/2 mile south of I-465 on the right side of North Meridian Street.

GREENFIELD

740 West Green Meadows Drive, Suite 310 Greenfield, Indiana 46140 317-462-2020

If you are coming via I-70, take Exit 104 (Greenfield) and go south on SR 9 (State St.) turn right on Green Meadows Drive. Our office is located on the north side in the Community professional building just before Broadway Street. Please enter the main entrance to the building.

If you are coming via US 40, go to downtown Greenfield and then proceed north on SR 9 (State St.) turn left on Green Meadows Drive. Our office is located on the north side in the Community professional building just before Broadway Street. Please enter the main entrance to the building.

ANDERSON

1603 South Scatterfield Road Anderson, Indiana 46016 765-644-2020

From southbound I-69, take Exit 226 (109 / 9 / Scatterfield Rd.) and turn right (north) onto 9 / Scatterfield Road. Or, from northbound I-69, take Exit 226 (109 / 9 / Scatterfield Rd.) and turn left (north) onto 9 / Scatterfield Road.

Then, follow Scatterfield Road for approximately 4 miles, crossing over State Road 32/232 and proceeding past 18th Street. Our office is in the White River Wellness Center, located just north of Mounds Mall and 18th Street on the west side of Scatterfield Road.

GREENWOOD

5255 East Stop 11 Road, Suite 480 Indianapolis, Indiana 46237 317-882-2015

From southbound I-65, take Exit 103 (Southport Rd.) and turn left (east) onto Southport Road. Then, turn right (south) onto Emerson Avenue. Then, turn left (east) onto Stop 11 Road. Our office is on the right in the 5255 St. Francis Medical Office Building, Suite 480.

Or, from northbound I-65, take Exit 101 (County Line Road) and turn left (west) onto County Line Road. Turn right (north) onto Emerson Avenue. Then, turn right (east) onto Stop 11 Road. Our office is located in the 5255 St. Francis Medical Office Building, Suite 480.









OUR DOCTORS



Paul Cacchillo, MD

Refractive Cataract Surgery Glaucoma Surgery - MIGS / SLT Laser Vision Correction @ TLC Indiana Lid Lesions Botox for Blepharospasm

Indianapolis / Greenfield



Anthony Lombardo, MD, PhD

Refractive Cataract Surgery Glaucoma Surgery - MIGS Laser Vision Correction @ TLC Indiana Corneal Surgery

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Damon Dierker, OD, FAAO Consultative Optometry Dry Eye / Ocular Surface Disease Indianapolis / Greenfield / Greenwood



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Dedicated to Diseases & Surgery of the Eye www.esi-in.com Referral Concierge: 317.841.2028

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