ES/IS	Breakfast		October 2025		
	Monday	Tuesday	Wednesday	Thursday	Friday
	,	•	1	2	3
Week 1			Donut	Muffin	Bagelful
			Cereal	Cereal Bar	Cereal
			w/Cheese Stick or Yogurt	w/Cheese Stick or Yogurt	w/Cheese Stick or Yogui
			Fruit and/or Juice	Fruit and/or Juice	Fruit and/or Juice
			Milk	Milk	Milk
	6	7	8	9	10
Week 2	Cinni Mini	French Toast	Donut	Muffin	Breakfast Sandwich
	Cereal	Cereal Bar	Cereal	Cereal Bar	Cereal
	w/Cheese Stick or Yogurt	w/Cheese Stick or Yogu			
	Fruit and/or Juice	Fruit and/or Juice	Fruit and/or Juice	Fruit and/or Juice	Fruit and/or Juice
	Milk	Milk	Milk	Milk	Milk
	13	14	15	16	17
Week 3					
	No School	No School	No School	No School	No School
	Fall Break	Fall Break	Fall Break	Fall Break	Fall Break
	20	21	22	23	24
Week 4	Cinnamon Roll	Pancakes	Donut	Muffin	Frudel
	Cereal	Cereal Bar	Cereal	Cereal Bar	Cereal
	w/Cheese Stick or yogurt	w/Cheese Stick or yogu			
	Fruit and/or Juice	Fruit and/or Juice	Fruit and/or Juice	Fruit and/or Juice	Fruit and/or Juice
	Milk	Milk	Milk	Milk	Milk
	27	28	29	30	31
Week 5	Cinni Mini	Cinnamon Toast Bar	Donut	Muffin	Breakfast Sandwich
	Cereal	Cereal Bar	Cereal	Cereal Bar	Cereal
	w/Cheese Stick or Yogurt	w/Cheese Stick or Yogu			
	Fruit and/or Juice	Fruit and/or Juice	Fruit and/or Juice	Fruit and/or Juice	Fruit and/or Juice
	Milk	Milk	Milk	Milk	Milk

Subject to change

This Institution is an Equal Opportunity Provider