

# Fall 2017



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## Decatur County Memorial Hospital Receives Award



**Decatur County  
Memorial Hospital**  
The Quality Care You Want. Close By.

Decatur County Memorial Hospital has been awarded the Four Star Level of the AchieveWell process from the Wellness Council of Indiana. This award is designed to strategically evaluate, plan and analyze the growth of our wellness initiatives. At DCMH, our goal is to promote overall well-being through our Wellness Program.

The Wellness Council of Indiana is a not-for-profit organization specifically dedicated to worksite wellness and community well-being in Indiana. As a subsidiary of the Indiana Chamber of Commerce, the Wellness Council continues to grow and offer workplaces blueprints for success. The Wellness Council believes that the quality of life of any community is measured, to a large degree, by the health of its people. It is (their) vision to make Indiana a model state by improving the quality of life of employees and residents in order to enhance the competitiveness of our workplaces in a global economy.

In order to be recognized for this level of achievement, DCMH had to demonstrate the following: leadership involvement throughout the organization, a committed Wellness Team that uses data driven decision making, alignment between DCMH's mission/vision and the Wellness Program mission/vision, proof of an operating plan, communications strategies and reward optimization, and incorporation of safety and injury prevention in the workplace.

"Our Wellness Program uses the AchieveWell process to further improve our wellness initiatives. It is a great tool for evaluating our program's strengths and weaknesses in comparison to other organizations. We plan to continue using the Wellness Council of Indiana to grow our program and create a culture of overall health and wellness."- Janine Walter, Wellness Coordinator at DCMH.

For more information about this wellness award and other awards DCMH has received, visit our website at [www.dcmh.net](http://www.dcmh.net). Decatur County Memorial Hospital. The quality care you want. Close by.

## CMS Finalizes Reform That Will Adjust Payments for the 340B Program

November 2, 2017

CMS finalized the Outpatient Prospective Payment System (OPPS) to adjust payment for drugs purchased through the 340B Program; the upcoming reform will reduce cost to providers by -22.5% of the average sales price, a major adjustment from the current rate of +6%. However, rural sole community hospitals will be exempt from reductions. Instead, a provision in the rule will "reduce some administrative burdens that rural providers face."

Read more here: <http://www.ajmc.com/newsroom/cms-finalizes-reform-that-will-adjust-payments-for-the-340b-program>

## Hospital Groups to Sue CMS over \$1.6 Billion Cut to 340B Payments

November 1, 2017



Credit: Matthew Bisanz.

In response to the rules adopted to amend the current 340B program, several groups representing hospitals declared their intentions to sue CMS over the OPPS provision. Major groups, such as the American Hospital Association, released a statement: “CMS's decision in today's rule to cut Medicare payments to hospitals for drugs covered under the 340B program will dramatically threaten access to health care for many patients, including uninsured and other vulnerable populations.” The article explains the fear that many hospital systems have is the inevitability of having to cut back on services offered.

Read more here: <http://www.healthcarefinancenews.com/news/cms-finalizes-outpatient-payment-rule-reduces-hospitals-payment-rate-under-340b-drug-program>

## Vulnerable Rural Hospitals Face Tough Decisions on Profitable but Questionable Billing Schemes

November 1, 2017

Fulton Medical Center (Fulton, MO) was scheduled to close on September 22. However, Jorge Perez, a management consultant, bought the hospital – the only hospital in Callaway County – and planned to turn it around. He has already bought nearly 20 hospitals in rural communities in Missouri, Kansas, and Oklahoma. By next year, “he said he wants to own 50 of them.” Yet, a probe by media and some business consultants yielded some shocking results: another hospital owned by Perez – Putnam County Memorial in Unionville, MO – had generated upwards of 2500% profit growth in about six months. This article explains the risks of management conducted this way and the dangers faced by small, rural hospitals struggling to stay afloat.

Read more here: <https://www.wfyi.org/news/articles/vulnerable-rural-hospitals-face-tough-decisions-on-profitable-but-questionable-billing-schemes>

## Tobacco Nation – Indiana’s Tobacco Rates

Indiana has been identified as one of twelve states that make up “tobacco nation,” a contiguous group of states that have smoking rates on par with developing countries. The report was recently picked up by Indiana media outlets. Please feel free to share [this report](#) or [this story](#) with your partners, on your social media accounts, and with your local lawmakers. Thank you.

## In Rural America, Some Hospitals Find a Way to Prosper and Grow

October 31, 2017



Over 200 rural hospitals are at “extreme risk” of closing due to a variety of factors – policy, declining inpatient population base, simple economics. Yet, despite the trend, some hospitals are surviving, even thriving, by embracing a shift to value-based care with an emphasis on “quality-driven, cost-conscious” policies. As an example, the article highlights Lexington Regional Medical Center in south-central Nebraska: “In 2010, the critical access hospital was experiencing a negative 2.8 total margin, but by 2013, after adding new service lines, an urgent care center and outpatient surgical services, had turned that around to a positive 8% total margin.”

Read more here: <https://www.healthcaredive.com/news/in-rural-america-some-hospitals-find-a-way-to-prosper-and-grow/507840/>

## Great American Smokeout

Every year, on the **third Thursday of November**, smokers across the nation take part in the American Cancer Society Great American Smokeout event. Encourage someone you know to use the date to make a plan to quit, or plan in advance and then quit smoking that day.

[Great American Smokeout | American Cancer Society](https://www.cancer.org/healthy/stay-away-from.../great-american-smokeout.html)  
<https://www.cancer.org/healthy/stay-away-from.../great-american-smokeout.html>



For free help to quit, contact Tina Elliott, Indiana Rural Health Association, at [telliott@indianarha.org](mailto:telliott@indianarha.org).

## What's Happening at Rush Memorial Hospital

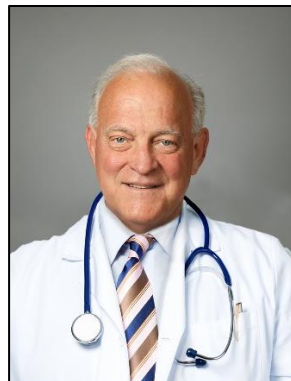
Rush Memorial Hospital receives "Most Wired" Award Five Years Running!



New Doctors added to staff include:



Radiologist, Dr. Jon Hopkins



Internal Medicine, Dr. Darrel Rinehart



Pain Management, Dr. Edwin Duntemen

New NP's added to our Walk-In Care Clinic:



Fern McHenry, FNP



Eileen DeWire, FNP

Imaging area gutted, remodeled and consolidated services – New MRI building.



Jim Boyer, VP of IT and CIO  
Listed as One of 100 Community CIOs to Know

“Jim Boyer, Vice President of IT and CIO of Rush Memorial Hospital heads the IT department’s efforts to improve patient care at Rush Memorial Hospital. He was instrumental in installing a new EMR, radiology information systems and image archiving communications system with the goal of improving interconnectivity. Hospitals & Health Networks named Rush Memorial Hospital among Health Care’s Most Wired in 2017 for the fifth consecutive year.”

RMH On Campus Shuttle is in action!



The shuttle will take patients and family members to their destination and return them to their vehicle when ready with two hubs located on the hospital’s campus.

## Adams Memorial Hospital Diabetes Education Program Merits ADA Recognition

The prestigious American Diabetes Association Education Recognition Certificate for a quality diabetes self-management education program was recently awarded in July of 2017, to the Adams County Diabetes Connection (ACDC) at Adams Memorial Hospital.

The ACDC program at Adams Memorial Hospital, provides diabetes education to the community in the form of group classes, as well as individualized appointments, with members of the Adams Memorial Hospital Healthcare team.

During this re-certification process, Adams Memorial Hospital revamped their Diabetes Education Program with many improvements with the intent of better serving our patients. This recertification process included an in-depth audit by the ADA, and the hospital's program passed with flying colors. The program was originally recognized in July 2003. ADA believes that this program offers high-quality education that is an essential component of effective diabetes treatment.

The Association's Education Recognition Certificate assures that educational programs meet the National Standards for Diabetes Self-Management Education Programs. These Standards were developed and tested under the auspices of the National Diabetes Advisory Board in 1983 and were revised by the diabetes community in 1994, 2000, 2007, and 2012.

Programs apply for Recognition voluntarily. Programs that achieve Recognition status have a staff of knowledgeable health professionals who can provide participants with comprehensive information about diabetes management. "The process gives professionals a national standard by which to measure the quality of services they provide, comments the American Diabetes Association. "And, of course, it assures the consumer that he or she will likely receive high-quality service." Education Recognition status is verified by an official certificate from ADA and awarded for four years.

According to the Centers for Disease Control and Prevention (CDC) 2017 National Diabetes Statistic Report there are 30.3 million people or 9.4% of the population in the United States who have diabetes. While an estimated 23.1 million have been diagnosed, unfortunately, 7.2 million people are not aware that they have this disease. Each day more than 3,900 people are diagnosed with diabetes. Many will first learn that they have diabetes when they are treated for one of its life-threatening complications-heart disease and stroke, kidney disease, blindness, and nerve disease and amputation. About 1.5 million new cases of diabetes were diagnosed in people aged 18 years or older in 2015. Diabetes continues to be the seventh leading cause of death in the US in 2015 as it contributed to 252,806 deaths.

The American Diabetes Association is the nation's leading non-profit health organization supporting diabetes research, advocacy and information for health professionals, patients and the public. Founded in 1940, the Association conducts programs in communities nationwide.