

# Mission Moments

*Made Possible By YOU!*

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## Out and About

Tangram's mission is to ensure that the people we serve have the support they need to live life how they want. This looks different for each person, but for one Tangram client, it means staying active and taking any opportunity to enjoy new experiences.

To say Amy is busy would be an understatement. Amy has something on her calendar every day, and she is always up for adding more activities! On Mondays and Thursdays, she goes to a day program where she can do arts and crafts, see her friends, play music, and go on field trips. She also usually spends some time in the community with her staff members on Mondays after leaving her day program. On the first Thursday of the month, Amy goes to an art club where she can learn different art techniques.



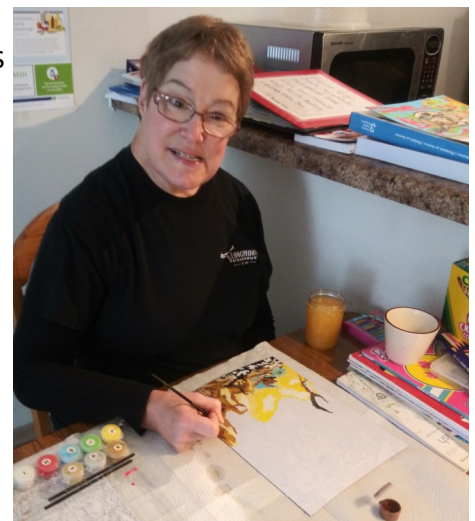
Amy on a boat ride in Chicago



On Tuesdays and Wednesdays, Amy works at Longhorn Steakhouse where she has been employed for 7 years. Not only does she enjoy working there, but her coworkers love having her on the team. On Wednesday nights, she heads to a book club where she and her roommate catch up with their friends, socialize, and read a book together. This group has been together for about 4 years and Amy is one of the founding members.

Friday is a full day as well—not only does Amy run her errands, like banking and grocery shopping, but she also attends a Jenny Craig meeting and goes to private swimming lessons. Saturdays are Amy's free day. She enjoys working on latch-hook projects and may go out to lunch or dinner or head to the mall. She also loves spending time with her family.

It's amazing that on top of this full schedule, Amy still finds time to



get involved with her church. She attends New Beginnings Church each Sunday with her staff member, Sheila. "Every year, the church plans a trip for people aged 50 and older, called Guiding Lights. When Amy heard them announce the trip this year, she told Sheila she wanted to go. So, Sheila made sure they went!" explained Crescendo, Amy's program manager. This year's trip was to Chicago for the day. The group of 45 people took a bus to the Windy City where they took a boat ride and enjoyed dinner, dessert, and entertainment!

All you have to do is look at Amy's smile to know she loves her busy life!

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Amy's latch hook project

