

# GLATA Influential Individuals Project

Featuring: Jeffrey Russell, PhD, AT



## A Brief Snapshot...

- Dr. Russell received his bachelor's at Rice University, his master's at the University of Arizona, and his PhD at the University of Wolverhampton in England
- He is an Assistant Professor of Athletic Training and Director of Performing Arts Medicine at Ohio University; and was formerly an Assistant Professor of Dance Science at the University of California, Irvine
- Dr. Russell is an active member of the Athletic Training Community, and is involved with the International Association for Dance Medicine and Science, the Performing Arts Medicine Association, acts as the NATA liaison to the Performing Arts Medicine Association, the American Orthopaedic Society for Sports Medicine, and is the President of the Kardia Foundation

## His Contribution to Our Profession

Dr. Russell's influence on the AT profession today is largely in the area of performing arts medicine. One of his greatest joys is mentoring students and young professionals to positively impact the world around them and helping them get established in performing arts medicine and other fields they choose to enter. He created a performing arts medicine program at Ohio University that influences students and patients through clinical care, research, and education. Conducting, presenting, and publishing research his preferred way to give back to his field by expanding the knowledge of others, especially in the emerging area of performing arts medicine. He has been an Athletic Trainer for 33 years, and his ultimate goal remains, to use his credentials and experience to add value to those around him.