



Ethical Dimensions

Path to Self- Leadership – Leading from Within 4 CE \$60|\$80|\$95

Friday, May 3, 2019 1-5 pm.

- **Power of Purpose and Mindset – shine your light, while offering your gifts to the world**

This course will ignite your goals and passions which live within you to come alive. In this 4-hour course each participant will clarify individual goals and learn to coordinate your heart-felt longings with the deepest level of your mind in order to get the results you want in your professional and personal life. Learn the art and science of visioning, awakened imagination, and the 3-step creative process that you must follow to reach whatever goal you choose. The real purpose of any goal is to grow! It is who you become as you journey toward what you want that is the true richness of life. Becoming-Doing-Having is the journey toward your hearts longing!

Ethics as Soul Work – weaving your inner life into the session room 6CE \$90|\$120|\$140

Saturday, May 4, 2019 9 am – 4:30 pm

Massage Therapy is a vocation that requires constant renewal of mind, heart and spirit if we want to avoid burnout, take joy in our work, and grow in our service to others. Weaving ethics and soul work is a natural outgrowth of understanding ethics as right use of our professional power.

This course invites an exploration of your unique gifts and also your vulnerabilities. Together we will look through the different windows of your life asking yourself; who is the me that shows up in the session room and what gives my work ethical integrity? We will explore the Soul of Service, Soul of Authenticity, Soul of Power and Soul of Becoming. To help support this learning we will weave together art, music, community dialogue, self-inquiry, and quiet reflection.

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Sunday, May 5, 2019 9 am – 1 pm

- **The Cost of Fear ~ The Gift of Faith – the journey of wise action**

Fear is the biggest hurdle that stops most of us from achieving our professional goals. For most people, fear serves as a signal to retreat to their comfort zone. Everything you want, all your deep desires are located outside your comfort zone. Fear is often masked by behaviors we call normal.

This course will take a gentle look into your individual lens of fear. You will learn the 4 stages of working through your fear. Whether we choose fear or faith; both are based on what we cannot see with our naked eye. This course provides a new lens for transforming fear into faith and possibility. To help support this learning we will weave together community dialogue, art, body-centered practices such as breath, presence and body-centered inquiry and invitation.

Kathy Ginn, L.M.T. BCTMB is the creator of Ethical Dimensions and co-creator of Life Empowered Institute. She is a body-centered Hakomi practitioner, Proctor-Gallagher Thinking into Results consultant, teacher and mentor. Kathy offers body-centered coaching and continuing education focusing on personal and professional development along with courses in Ethics as Right Use of Power. Her courses are offered through webinars and experiential classroom learning. You may visit Kathy at

www.leiconsultingcoaching.com / Kathy@ethicaldimensions.com / 608-334-8592