

# ICES/IS Lunch

# November 2021

|                   | Monday           | Tuesday          | Wednesday                | Thursday           | Friday             |
|-------------------|------------------|------------------|--------------------------|--------------------|--------------------|
| Nov 1-5           | Chicken Tenders  | BBQ Rib Sandwich | Mini Corn Dogs           | French Toast       | Taco Snack         |
|                   | Potato Smiles    | Salad w/ranch    | Baked Beans              | Sausage, Egg Patty | Cucumber/Ranch     |
|                   | Fruit Cocktail   | Peaches          | Banana                   | Carrots            | Frozen Fruit Treat |
|                   | Cheddar Goldfish | Fruit Snack      | Pudding                  | Juice              | Cheese Stick       |
|                   | Milk             | Milk             | Milk                     | Milk               | Milk               |
| Nov 8-12          | Hamburger on Bun | Pizza            | Breaded Chicken Sandwich | Cheese Quesadilla  | Chicken Nuggets    |
|                   | French Fries     | Salad/Dressing   | Carrots/Ranch pkt        | Refried Beans      | Green Beans        |
|                   | Pickles          | Pears            | Oranges                  | Shredded Lettuce   | Applesauce         |
|                   | Juice            | Pudding          | Fruit Snacks             | Frozen Fruit Treat | Cheddar Goldfish   |
|                   | Milk             | Milk             | Milk                     | Milk               | Milk               |
| Nov 15-19         | Pancakes         | Hot Dog on Bun   | Grilled Cheese Sandwich  | Chicken Fries      | Calzone            |
|                   | Sausage          | Chili Beans      | Broccoli                 | Green Beans        | Carrots/Ranch Dip  |
|                   | Tator Tots       | Pears            | Apple Slices             | Pineapple          | Peaches            |
|                   | Juice            | Pretzels         | Graham Crackers          | Cheez-Its          | Rice Krispy Treat  |
|                   | Milk             | Milk             | Milk                     | Milk               | Milk               |
| Nov 22-26         | Turkey & Gravy   | BBQ Rib Sandwich |                          |                    |                    |
|                   | Mashed Potatoes  | Salad w/ranch    | THANKSGIVING             | THANKSGIVING       | THANKSGIVING       |
|                   | Baked Apples     | Peaches          |                          |                    |                    |
|                   | Bread, Cookie    | Fruit Snack      | BREAK                    | BREAK              | BREAK              |
|                   | Milk             | Milk             |                          |                    |                    |
| Nov 29-Dec 3      | Hamburger on Bun | Pizza            | Breaded Chicken Sandwich | Cheese Quesadilla  | Chicken Nuggets    |
|                   | French Fries     | Salad/Dressing   | Carrots/Ranch pkt        | Refried Beans      | Green Beans        |
|                   | Pickles          | Pears            | Oranges                  | Shredded Lettuce   | Applesauce         |
|                   | Juice            | Pudding          | Fruit Snacks             | Frozen Fruit Treat | Cheddar Goldfish   |
| Subject to change | Milk             | Milk             | Milk                     | Milk               | Milk               |