

ICES/IS Lunch

Sept. 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
				1	2
Week 1				French Toast	Beef n Cheese Burrito
				Egg Patty	Cucumber
				Sausage	Ranch
				Carrots	Frozen Fruit Treat
				Applesauce	Cheese Stick
				Milk	Milk
	5	6	7	8	9
Week 2		Pizza	Breaded Chicken Sandwich	Macaroni & Cheese	Hot Dog on Bun
	No	Salad/Dressing	Carrots/Ranch pkt	Green Beans	Chili Beans
	School	Pears	Oranges	Apples	Peaches
	Labor Day	Pudding	Fruit Snacks	Jello	Pretzels
		Milk	Milk	Milk	Milk
	12	13	14	15	16
Week 3	Hamburger on Bun	Chicken Nuggets	Grilled Cheese Sandwich	Spaghetti w/Meatsauce	Calzone
	French Fries	Baked Beans	Cucumber Slices		Carrots
	Pickles	Juice	Peaches	Salad	Ranch Dip
	Apple Slices	Cheddar Goldfish	Teddy Grahams	Pears	Applesauce
	Fruit Snack	Milk	Milk	Milk	Rice Krispy Treat
	Milk				Milk
	19	20	21	22	23
Week 4	Popcorn Chicken	Cheese Quesadilla	French Toast	Turkey & Noodles	Pizza
	Green Beans	Refried Beans	Egg Patty	Mashed Potatoes	Broccoli
	Pineapple	Shredded Lettuce	Sausage	Applesauce	Peaches
	Cheez-Its	Frozen Fruit Treat	Carrots	Jello w/topping	Pretzels
	Milk	Milk	Juice	Milk	Milk
			Milk		
	26	27	28	29	30
Week 5	Chicken Tenders	BBQ Rib Sandwich	Mini Corn Dogs	French Toast	Beef n Cheese Burrito
	Corn	Salad w/ranch	Baked Beans	Egg Patty	Cucumber
	Fruit Cocktail	Peaches	Banana	Sausage	Ranch
	Cheddar Goldfish	Fruit Snack	Pudding	Carrots	Frozen Fruit Treat
	Milk	Milk	Milk	Applesauce	Cheese Stick
				Milk	Milk

Subject to change

This Institution is an Equal Opportunity Provider