OCTOBER 2019

High School Lunch

	MONDAY	TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
30		1 Chicken Strips or Wrag Baked Beans Pears Salad & Mill		Beef Manhattan Mashed Potatoes & Gravy Green Beans Peaches Salad & Milk	3	Corn Dog or Tenderloin Sweet Potato Fries Applesauce Salad & Milk	4	Cheese or Pepperoni Pizza Corn Assorted Fruit Salad & Milk		<u>News</u> <u>Meal Prices</u> Student \$2.90 Adult \$3.40 Chef Salad with Fruit & Milk Student \$2.90 Adult \$3.60 Side Salad-Free with meal purchase. \$1.25 if purchased separately. Large Salad-Veggies only \$2.25 Ham, Turkey or Peanut Butter Sandwich \$2.25 Extra Main Dish \$2.25 Extra Sides, (Fries, Mashed Potatoes, Vegetables, etc) 60 cents Extra Milk 50 cents
7	Meatball Sub or Sloppy Joes Corn Chips Baked Beans Mixed Fruit Salad & Milk	8 Chicken Strips or Wraps Green Beans Applesauce Salad & Milk		Chicken & Noodles Mashed Potatoes & Gravy, Roll Carrots, Pears Salad & Milk	10	Baked Potato Bar Broccoli Cornbread Cookie, Peaches Salad & Milk	11	Assorted Pizzas Corn Cottage Cheese Assorted Fruit Salad & Milk		
14	Hamburger or Cheeseburger Potato Wedges Pears Salad & Milk	15 Cheese or Pizzo Bosco Sticks Broccol Applesauce Salad & Mill		Salisbury Steak Mashed Potatoes & Gravy Roll, Carrots Peaches Salad & Milk	17	Breakfast Pizza Hash Browns Yogurt Mandarin Oranges Salad & Milk	18	Taco Wedges or Quesadilla Spanish Rice Refried Beans Assorted Fruit Salad & Milk		
21	Fall Break	22 Fall Break	23	Fall Break	24	Fall Break	25	Fall Break		
28	Chicken/Spicy Chicken Sandwich Tater Tots Peaches Salad & Milk	29 Beef or Chicken Tacos Black Beans Peas, Pineapple Salad & Milk	30	Popcorn Chicken Mashed Potatoes & Gravy, Biscuit Corn, Pears Salad & Milk	31	Grilled Cheese Tomato Soup Cottage Cheese Broccoli, Applesauce Salad & Milk	1			Menu is subject to change without notice. This institution is an equal opportunity employer.