PEOPLE WHO cause harm

CHARACTERISTICS:

Below are several indicators a person could be capable of abusive behavior. However, keep in mind a person could exhibit several of these characteristics and not necessarily be abusive. At the same time, they could exhibit none of these signs and be very dangerous. These are common indicators, not proof:

- Grew up in an abusive home
- Passive or jealous
- Controlling
- Ascribes to rigid gender roles
- Has unrealistic expectations of their partner
- Rapid mood swings
- Blames others for actions
- Can't deal with anger or frustration
- Poor self-image
- Pushes for immediate commitment
- Hypersensitive
- Cruelty to children or animals
- Sexually aggressive
- Dr. Jekyll/Mr. Hyde personality
- Separate/isolate their partner from family and friends

The best indicator a person may be likely to cause harm is if they have abused previous partners. If they have done it once, they are likely to do it again!



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TACTICS:

In many incidents of domestic violence, the person causing harm may do one or more of the following:

- Throw something at their partner
- Slap their partner
- Kick their partner
- Choke their partner
- Hit their partner with an object or their fist
- Burn their partner
- Threaten their partner with a knife or gun
- Cut their partner
- Force their partner to perform sexual acts unwillingly
- Use children as a threat (i.e. physically harming them or taking them away)
- Force their partner to falsify legal documents
- Supervise their partner's trips to the store, laundromat, etc.
- Isolate their partner from family/friends
- Destroy their partner's property
- Sell their partner's property
- Become obsessively jealous
- Treat their partner like a child
- Drink excessively
- Verbally and emotionally abuse their partner
- Threaten suicide
- Withhold sex from their partner
- Threaten to harm or kill household pets
- Practice rigid control over the finances
- Humiliate their partner