

# ICMS/HS Breakfast

# August 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4	5
Week 1			Cinnamon Toast Bar Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	French Toast Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Chicken Slider Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk
	8	9	10	11	12
Week 2	Waffle Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Cinni Mini Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Breakfast Pizza Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Benefit Bar Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Cinnamon Stuffed Bagel Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk
	15	16	17	18	19
Week 3	Cinnamon Roll Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Egg, Cheese, Bacon Pocket Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Apple Frudel Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	S'more Bar Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Strawberry Stuffed Bagel Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk
	22	23	24	25	26
Week 4	Cinnamon Toast Bar Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	French Toast Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Cherry Frudel Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Sausage Egg Cheese Pocket Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Chicken Slider Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk
	29	30	31		
Week 5	Waffle Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Cinni Mini Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk	Breakfast Pizza Muffin or Cereal Bar w/ Cheese Stick or yogurt Fruit and/or Juice Milk		

Subject to change

This Institution is an Equal Opportunity Provider