

DOES THE PERSON YOU *LOVE* ...

- “Track” all of your time?
- Constantly accuse you of being unfaithful?
- Discourage relationships with family and friends?
- Prevent you from working or attending school?
- Criticize you for little things?
- Anger easily when drinking or using drugs?
- Control all finances and force you to account for what you spend?
- Humiliate you in front of others?
- Destroy personal property or sentimental items?
- Hit, punch, slap, kick, or bite you or the children?
- Use or threaten to use a weapon against you?
- Threaten to hurt you, themselves, the children or pets?
- Force you to have sex against your will?
- Prevent you from taking birth control?

If you find yourself saying
YES to any of these,
WE ARE HERE TO SUPPORT YOU.



P.O. Box 1302, Anderson, IN 46015
OFFICE: (765) 643-0218
LOCAL CRISIS: (765) 643-0200

Elwood:
(765) 552-4721

Hancock County:
(317) 462-8777

Tipton County:
(765) 675-1409

Crisis Line: (765) 643-0200
www.alternativesdv.org



 **AlternativesIncDV**
info@alternativesdv.org
(email for questions, not crisis)



With your help, we can support survivors and create safe, stable, nurturing environments that allow all community members to thrive. Consider making a gift today to support our work.



SUPPORTING
HEALTHIER & SAFER
COMMUNITIES
+ families



**SERVING HAMILTON,
HANCOCK, HENRY, MADISON,
MARION & TIPTON COUNTIES**





Domestic and sexual violence affect everyone.

All races

All genders

All ages

All religions

All professions

All sexual orientations

Everyone.

Domestic violence is the use of power and control within an intimate relationship that threatens a person's well-being. It can be mental, verbal, emotional, physical, spiritual, or financial. It results in higher rates of depression, anxiety, PTSD, suicidal ideation, and higher risks of addiction. Domestic violence is often repetitive and intensifies over time.

Sexual violence is someone forcing or manipulating someone else into unwanted sexual activity without their consent, regardless of the relationship.

Both are epidemics affecting all communities. If you or someone you know needs help, call us today.

HOW WE CAN HELP

» HOUSING SERVICES

- Safe housing
- Safety planning
- Housing stability, navigation, and case management
- Advocacy and support for survivors

» MOBILE SERVICES

- 24-hour crisis response
- Nonresidential support
- Advocacy, empowerment, resources, and referrals
- Community and professional training

» PREVENTION PROGRAMMING

- Dating violence and sexual assault prevention programming
- Community education and interactive events

» COMMUNITY ADVOCACY

- Awareness building
- Legislative advocacy
- Partnership and collaboration

HOW YOU CAN HELP

1. SPEAK OUT

If you know someone who is experiencing domestic or sexual violence, speak out for them. Call us to get information to support and encourage them to live a healthier and safer life.

2. SHARE THE STORY

Call us and schedule a presentation or program for your club or organization.

3. DONATE SUPPLIES

Gifts of linens, personal care items, laundry products, and food stretch our budget and extend services.

4. VOLUNTEER YOUR TIME

Many agency programs depend on volunteers to keep costs in line.

5. JOIN OUR ADVOCACY CLUB

Support Alternatives Inc. with a financial contribution that shows your commitment for a healthier community.



TOGETHER WE CAN END DOMESTIC VIOLENCE

