## Investing basics

## Invest in yourself


say information on investing is difficult to understand


## 1 Know the ingredients

Agenda
2 Stick to the recipe

3 Get cooking

## Know the ingredients



## What is saving vs. investing?



## Saving

Short-term
Low/no chance of losing money
Low return

## Investing

Long-term
Higher chance of losing money
Higher return

## Know the roles saving and investing play...

How long does the money need to last?

...because savings alone isn't enough to reach every goal in your life's journey

## Inflation: The silent roadblock to your goals



[^0]
## Examples of investing and savings

## Investment spectrum

Lower risk \& lower potential return


## Stocks

## Be an owner



## Bonds

## Be a loaner



## Stick to <br> the recipe



## Portfolios and diversification



## Balancing risk and reward

More return, but also more risk
Average annual returns for various asset classes since 1926


## Benefits of diversification

Different asset classes zig while others zag
Performance of stocks and bonds


## Understanding the math of investment loss



[^1]A balanced diverse portfolio is like a balanced, diverse diet


A balanced diverse portfolio is like a balanced, diverse diet


## A diversified portfolio can work even though it often doesn't taste good

## Last 20+ years

25\% U.S. large stocks, 19\% U.S. mid cap stocks, $7 \%$ international stocks, $5 \%$ U.S. small cap stocks, $4 \%$ emerging market stocks, $25 \%$ U.S. bonds, $15 \%$ high yield bonds .

| Years | S8P 500 | Diversified portfolio |  |
| :---: | :---: | :---: | :---: |
| 2000-2002* | -40.1\% | -15.7\% | "I lost money" |
| 2003-2007 | 82.9\% | 87.1\% | "Diversification worked" |
| 2008 | -37.0\% | -26.6\% | "I lost money" |
| 2009-2019 | 351.0\% | 220.1\% | "I didn't make as much" |
| Q1 $2020{ }^{+}$ | -30.4\% | -23.1\% | "I lost money" |
| Q2 2020-2021 ${ }^{\text {* }}$ | 119.0\% | 66.6\% | "I didn't make as much" |
| 2022 | -18.1\% | -15.5\% | "I lost money" |
| Total return | 288.6\% | 301.6\% | "Diversification can work |
| Gr \$100K | \$388,610 | \$401,550 | when it feels like it's losing |


 profit or protect against a loss in a declining market.

## Get cooking



## Mutual funds and exchange traded funds (ETFs) are a great way to get started



## Mutual funds and exchange traded funds (ETFs) provide natural diversification



## Systematic investing punches above its weight



[^2]Systematic investing potentially benefits from the market ups and downs
Hypothetical example of investing $\$ 60 /$ month for 1 year into an asset with starting value of $\$ 60 /$ share


## Taxable brokerage account

## Where to invest?

## Retirement accounts (IRA, 401(k)/403(b))

College planning account (529)

## Fast facts - Taxable brokerage accounts

Need: Building wealth

## Contributions

- Contribute as much aftertax money as you want


## Withdrawals

- Subject to both income and capital gains taxes


## Purpose

- General wealth-building due to tax implications


## Fast facts — Individual Retirement Account (IRA)

## Need: Financial freedom

## Contributions

- \$6,500/year
- Traditional, Roth, or combination
- \$7,500/year if age 50+
- Subject to limits based on annual income


## Withdrawals

- Taxed on Traditional, not on Roth*
- May affect income tax bracket
- Mandatory at age 72 (Traditional only)
- If before 59.5, subject to an extra 10\% penalty


## Purpose

- Long-term, retirementfocused savings due to tax advantaged growth potential


## Fast facts — Employer-sponsored retirement plan (401(k)/403(b))

## Need: Financial freedom

## Contributions

- \$22,500/year
- Traditional, Roth, or combination
- \$30,000/year if age 50+
- Automatically deducted as a percentage of paycheck
- "Employer matching contributions" don't count towards annual limit


## Withdrawals

- Taxed on Traditional, not on Roth*
- May affect income tax bracket
- Mandatory at age 72
- If before 59.5 , subject to an extra 10\% penalty
- Employer contributions subject to vesting schedule


## Purpose

- Long-term, retirementfocused savings due to tax advantaged growth potential
- Often most accessible retirement option for investors


## Getting the most out of your retirement plan

## Key takeaways

Contribute to your plan.
Don't miss out on
tax-advantaged growth

Example: Employer match of 50\% up to 8\%, based off annual income of \$100K

| Scenario- <br> employee <br> contribution \% | Contribution <br> per year | Employer <br> match | Total contribution <br> after 10 years | After 10 years <br> with 3\% growth |
| :--- | :--- | :--- | :--- | :--- |
| $0 \%$ | $\$ 0$ | $\$ 0$ | $\$ 0$ | $\$ 0$ |
| $2 \%$ | $\$ 2,000$ | $\$ 1,000$ | $\$ 30,000$ | $\$ 35,306$ |
| $4 \%$ | $\$ 4,000$ | $\$ 2,000$ | $\$ 60,000$ | $\$ 70,612$ |
| $6 \%$ | $\$ 6,000$ | $\$ 4,000$ | $\$ 90,000$ | $\$ 105,918$ |
| $\mathbf{8 \%}$ | $\$ 10,000$ | $\$ 4,000$ | $\$ 120,000$ | $\$ 141, \mathbf{2 2 4}$ |
| $10 \%$ |  | $\$ 140,000$ | $\$ 164,761$ |  |

## Tax-advantaged options— Retirement accounts (IRA, 401(k))

Contributions come in and go out the same way

## Contributions

Hypothetical investor younger than 50 making \$75K/year and maxing 401(k) contributions


## Withdrawals

Hypothetical withdrawal of $\$ 75 \mathrm{~K}$ in a single year after age 59.5 (and no other income)


## Fast facts - College savings ( 529 plans)

## Need: Legacy

## Contributions

- After-tax and grow taxdeferred
- No limit
- \$17k limit per donor, per beneficiary for gift tax exclusion
- Total contributions cannot exceed $\$ 235 \mathrm{~K}-\$ 529 \mathrm{~K}$, depending on the state

Withdrawals

- No limit for tax free if for qualified college expenses
- \$10,000/year tax free if used for qualified K-12
- Amount above $\$ 10,000$ threshold is taxed
- Non-qualified withdrawals are taxed and have an additional $10 \%$ penalty


## Purpose

- Long-term planning for the next generation due to withdrawal uses and flexibility of options
- Most states have multiple options for residents of any state
- Typically, investing in home state's plan comes with additional tax credits


## Ask about other options

## Building Wealth

- Joint Account
- UGMA/UTMA


## Financial Freedom

- 457 plan
- Thrift Savings Plan
- SIMPLEIRA
- SEPIRA
- Profit-sharing plan
- Health Savings Account
- Flexible Spending Account


## Legacy

- UGMA/UTMA
- Coverdell
- Trust Account


## Know the ingredients

1

- Savings vs. investing
- Many reasons to save and invest
- Stocks and bonds: "owner vs. loaner"


## Investing basics

## Stick to the recipe

- Portfolios and diversification

2

- Risk and return
- A diversified portfolio is a like a well-balanced diet but sometimes doesn't taste good


## Get cooking

3

- Mutual funds and ETFs
- Systematic investing
- Where to invest, different types of accounts


## Get started right away



## Important notes

| Returns as of 12/31/22 | Total Ret 1 Year | Total Ret 5 Years | Total Ret 10 Years |
| :---: | :---: | :---: | :---: |
| S\&P 500 TR USD | -18.11 | 9.42 | 12.56 |
| IA SBBI US Large Stock TR USD Ext | -18.11 | 9.42 | 12.56 |
| Russell Mid Cap TR USD | -17.32 | 7.10 | 10.96 |
| MSCI EAFE NR USD | -14.45 | 1.54 | 4.67 |
| Russell 2000 TR USD | -20.44 | 4.13 | 9.01 |
| FTSE Emerging TR USD | -16.91 | 0.14 | 2.33 |
| Bloomberg US Agg Bond TR USD | -13.01 | 0.02 | 1.06 |
| IA SBBI US IT Govt TR USD | -13.01 | 0.02 | 1.06 |
| Bloomberg High Yield Corporate TR USD | -11.19 | 2.31 | 4.03 |
| IA SBBI US 30 Day TBill TR USD | 1.43 | 1.18 | 0.69 |



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[^0]:    

[^1]:    Source: BlackRock. For illustration purposes only.

[^2]:    Source: BlackRock. Hypothetical examples for illustration purposes only.

