# Families First What we're wishing for....

## **Community education**

summer 2019

• \$10 gift cards

#### **Crisis & Suicide Intervention Service**

- 50 USB flash drives for volunteer manuals
- Snacks for hotline/text line volunteer training
- Gift cards to crisis hotline volunteers who have gone above and beyond!

## Domestic violence and sexual assault programs

- Legal services for clients particularly family-law
- Non-perishable snacks for children's groups, one-on-one counseling, and adult program groups
- Craft items for adults and children
- Gift cards for transportation: Uber, Lyft, gas, monthly or annual Pacers Bikeshare pass, weekly or 30day IndyGo bus pass
- Small 2019 calendars
- Storage space
- Locksmith/lock changing services
- Locks/security devices
- Prepaid phones
- Journals
- Moving services
- Car repair services
- Hotel vouchers
- Gift cards for fast food restaurants

## **Father Engagement**

- Children's books infant to age 8
- Baby gates
- Adult bicycles
- Car seats and booster seats
- Gift cards: Uber, Lyft, gas, monthly or annual Pacers Bikeshare pass, weekly or 30-day IndyGo pass
- Gift cards for kid-friendly restaurants, ice cream, etc. for supervised visitation
- Passes to kid-friendly entertainment for supervised visitation: 2 adults plus at least 1 child to zoo,
  Conner Prairie, Children's Museum, swim parks etc.

#### **Family Counseling**

- small Play-Doh's (party size)
- composition notebooks
- Curriculum:
  - Mind over Mood
  - TF-CBT (Trauma Focused Cognitive Behavioral Therapy)
  - Coping Cat

## Homebased family preservation

- Baby gates
- Source material up-to-date, evidence-based worksheets, workbooks, games
- Gift cards for kid-friendly restaurants, ice cream, etc. for supervised visitation
- Gift cards for transportation: Uber, Lyft, gas, monthly or annual Pacers Bikeshare pass, weekly or 30-day IndyGo bus pass
- Passes to kid-friendly entertainment for supervised visitation: 2 adults plus at least 1 child to zoo,
  Conner Prairie, Children's Museum, swim parks etc.

#### Immediate client care needs

• Self-care and travel sized toiletry items, as well as small pouches to keep them in:

body soap brush brush Band-Aids hair brush/comb toothpaste/toothbrush hand sanitizer

deodorant deodorant

shampoo/conditioner small packet tissues

baby formula baby wipes baby diapers Q-tips

Quick nutrition:

nuts/trail mix instant mac & cheese bottled water

instant oatmeal granola bars

## **Operations**

- Gently used soft furniture for client lounge
- Small buffet or soft table for client lounge
- Keurig pods for client lounge
- Lending library for client lounge
- The Art of Healing Trauma Coloring Book
- AED defibrillator
- Headsets
  - Plantronics Voyager Focus UC Bluetooth USB B825 202652-01 Headset with Active Noise Cancelling
  - Plantronics 202580-01 Wired Headset
- Rolling Cart
  - o ECR4Kids MemoryStor Universal Rolling Cart and Organizer Bag Set

#### Parent education

- Post-It Self-Stick Easel Pad
- Source material for parenting education up-to-date, evidence-based worksheets, workbooks, games

#### **Substance Use**

- Gift cards for transportation: Uber, Lyft, gas, weekly or 30-day IndyGo bus pass
- Non-perishable snacks and bottled water