8 use of certain high cost medications and services, and 9 10 WHEREAS, one way to do that is to require PA for more and more services, and 11 12 WHEREAS, the additional work required by physician offices has exponentially increased as witnessed 13 by "new" employees who do nothing but request and argue for care and services deemed appropriate 14 by the attending physician, and 15 16 WHEREAS, this process is out-of-control, and has been a significant drain on provider resources for 17 some time - especially every New Year, and 18 19 WHEREAS, long term effective treatments must be re-authorized anew every New Year or with any 20 payer change, and often denied with suggestions to take steps backward to previously tried and failed 21 treatments, and 22 23 WHEREAS, this process engenders poor patient care, relapses and worsening medical conditions well 24 understood by the attending doctor, and 25 26 WHEREAS, web sites with lists of approvable, preferred or otherwise acceptable care and services are 27 neither consistent nor transparent; therefore be it 28 29 RESOLVED, that the Indiana Academy of Family Physicians (IAFP) promote the appropriate use of PA 30 for ONLY those requests and services that clearly fall outside the standard of care, and be it further 31 32 RESOLVED, that IAFP promote continuity of care when established regimens are effective at 33 controlling a patient, and be it further 34 35 RESOLVED, that IAFP create policy that unless a health plan, pharmacy vendor or other payer source 36 can document that medical care or a specific service or pharmaceutical is NOT appropriate, they shall 37 approve the request of the attending physician.

WHEREAS, employers and other payers are incessantly looking for ways to impede or obstruct the

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6 7 **RESOLUTION #17-03**

ENTITLED: Prior Authorization (PA)

SUBMITTED BY: Bernard Emkes, MD

WHEREAS, the cost of healthcare is ever-increasing, and