



Shaker Eggs

Instruments help children find and keep a beat while singing. Make some of your own!

To make shaker eggs, all you need is:

Plastic Easter eggs or small paper cups
Tape
Rice, beans, beads, or some other filler

Instructions:

1. Fill the egg or cup with the filler and tape it securely shut. Now you've got your own shakers!
2. Try using them with the songs below, with songs you already know already, or with your favorite songs on the radio.

Can You Shake Your Egg with Me?

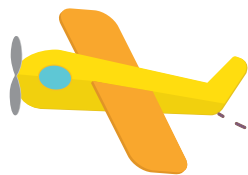
(to the tune of "London Bridge")

Can you shake your egg with me?
Egg with me? Egg with me?
Can you shake your egg with me?
Now put it on your knee!
(repeat using different body parts)

Shake It to the East

(to the tune of "We're going to Kentucky")

Shake it to the east
And shake it to the west
Shake it all around
And then you take the rest
Shake your fingers up
Shake your fingers down
Shake it, shake it, shake it
And then you settle down.



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