

# **TIME CAPSULE TALES**

## **SCAVENGER HUNT ACTIVITY SHEET**

All items can be found in or around your home. Write or draw your answer on the handout.

This is where I go when I need some space to myself	This is something I do to relax	The most interesting thing in my home is
This is something I am really proud of	This is something I do to help out around our home	The first thing I see when I wake up is
This is something I do to have fun	My go-to snack is	These are the people and pets I live with

### **INTERVIEW YOURSELF ABOUT YOUR TIME DURING COVID-19**

Think about your answers to these questions. Then, create a video or audio recording of yourself responding to these questions.

What are three words to describe feelings that you've had during the quarantine?	How are you feeling today?	What are some of the things that changed for you since the quarantine started (like doing school at home)?
What are some of the things that you do to keep busy at home?	What are some of the activities or things that you have enjoyed?	What are some of the activities or things that you aren't enjoying?
Were there any special events that you celebrated?	What have you learned from the experience?	What are you most excited to do when the quarantine is over?

#### **ACTIVITY JAR OR CAN**

#### Supplies:

- An empty jar or container
- 3-5 pieces of different colored paper
- Scissors
- A markers, pen or pencil

#### Steps

Step 1: An activity jar is a container that you fill with ideas of things that you want to do, create, play with, learning or try.

Step 2: Cut your paper into small squares or strips that are big enough to write a sentence on.

Step 3: Organize your paper in piles by colors (for example, put all yellow paper in a pile).

Step 4: Think about all the things you like to do (draw, a chore, read a new book, call a friend, learn a dance, learn how to juggle, etc.)

Step 5: On each scrap of paper, write on activity that you can do, make, play, learn, or try out. Use a different color of paper for each category.

Source: www.Indianaafterschool.org

