

## Services

The clinic is staffed by RNs who are certified in anticoagulation therapy. These nurses monitor and manage the medication your medical provider has prescribed to prevent blood clots.

Services include:

- Point of Care testing (finger stick)
- Anticoagulation Medication Adjustment
- Close supervision of dosing and effectiveness of medication
- Patient Education
- Screening for potential food and medication interactions with your anticoagulant



# Personal Service and Education Tailored to Each Patient's Needs

Johnson Memorial Hospital has opened an Anti-Coagulation Clinic to help educate those patients taking blood thinners and to help speed the process of the frequent checks required by taking those medications. The clinic is open on Monday, Wednesday and Friday, from 7 a.m. to 4 p.m. Patients must be referred by their physician to be seen at the clinic.

The clinic is located in the Cardiac Rehab Center on the first floor of the Hospital, and is available to patients who are on Coumadin (Warfarin) therapy. Patients will be counseled by RNs who have been certified in Anticoagulation Management. Patients will have a finger stick INR test performed at each visit to the clinic. Patients will also receive education on how to live a normal life on Coumadin.

Those who are often on Coumadin include patients with artificial heart valves and artificial joints; patients with Atrial Fibrillation and patients who have had a stroke or TIA caused by a blood clot and patients with genetic clotting disorders. The clinic doses Coumadin following guidelines established by the American College of Cardiology. Patients are provided with an education booklet published in conjunction with the CDC and American Heart Association to assure they are getting the most recent education on Coumadin therapy and the clinic is overseen by Community Heart and Vascular.

If you or a loved one is on Coumadin therapy and require follow-up, talk to your primary care physician about how the Anti-Coagulation Clinic can help with education and management.