DIY Face Mask Instructions

March 25, 2020

Supplies:
2 pieces of tightly woven cotton fabric (examples: clean pillow cases or 100% cotton t-shirts)
Rope elastic, 1/8" wide flat elastic, or beading cord elastic
Note: if unable to find elastic, try bead lacing or parachute cord

Preparation for loops that go over the ears:
If using elastic: cut 7" long and tie a knot at each end (Do not do this with flat elastic)
If using bead lacing or parachute cord: cut at them approximately 10" long (for adults)

Mask sizes: Adult (9" X 6") or Child (7 ½" X 5")

Instructions:
1. Put right sides of cotton fabric together (use 2 pieces). Be sure that any fabric design is placed horizontally!
2. Cut fabric in one of two sizes: 9" X 6" (Adult) or 7 ½" X 5" (Child).
3. Starting at the center of the bottom edge, sew to the first corner, then stop. Sew the elastic with the edge out into the corner. A few stitches forward and back will hold this.
4. Sew to the second corner, stop, and bring the other end of the same elastic to the corner and sew a few stitches forward and back.
5. Now sew across the top of the mask to the third corner, then stop. Again, sew one end of a piece of elastic with the edge out into the corner.
6. Sew to the fourth corner, stop, then sew in the other end of the same piece of elastic.
7. Sew across the bottom, leaving about 1 ½ - 2" open. Stop, cut the thread. Turn inside out.
8. Pin (evenly spaced) 3 tucks on each side of the mask. Make sure the tucks are in the same direction.
9. Sew around the edge of the mask twice (making sure to close the opening left at the bottom of the mask).
10. Your mask is finished!

View a video tutorial at https://youtu.be/4FB--BOyTiU