

BetterHEALTH

Promote.
Preserve.
Restore.

YOU'RE
INVITED
TO OUR

OPEN HOUSE

SUNDAY, APRIL 19, 2 TO 4 P.M.

OPEN HOUSE



North Campus Debuts at DeKalb Health

NOW OPEN



Over the past year and through a light haze of construction dust, DeKalb Health's new North Campus has taken shape. Now, the 30,000-square-foot facility is set to debut at a public Open House on Sunday, April 19 from 2 to 4 p.m.

Made possible in part through a generous \$1 million gift from the DeKalb Health Foundation, the \$6.7 million project created new offices, physician suites and treatment areas that will help DeKalb Health better serve the community, explained Dr. Emilio Vazquez, interim CEO of DeKalb Health.

"This long-anticipated facility upgrade allows DeKalb Health to provide a deeper bench of services to address population needs, including supporting the expansion of our growing therapy and business health services, and providing a higher profile on-site presence for Fort Wayne Orthopedics," said Dr. Vazquez.

North Campus will serve as a hub for often interrelated services like orthopedics, rehabilitation and business health, providing convenience for clinicians, as well as patients who may frequent several of these care destinations in their treatment journey. These service areas were prioritized for inclusion in the North Campus project because of their projected future growth and identified community need.

"The board and leadership were very focused on developing North Campus into a resource that would help us to expand the service lines best positioned for growth," Dr. Vazquez noted. "As our population ages and more and more Baby Boomers seek care to help them thrive as they mature, the services housed

in this new facility will be a huge value to our patients, and our organization."

The new North Campus is also an expansion for DeKalb Health's valued partners, like Fort Wayne Orthopedics and Lutheran Health Network's Business Health Services, who needed advanced facilities and amenities to operate on-site in DeKalb County. The innovative space is designed with growth in mind, and with an eye to supporting future collaborations that will help DeKalb Health meet the community's needs today, and tomorrow.

Further, North Campus will be instrumental in helping DeKalb Health offer these top-notch services, while still remaining an independent acute-care hospital in northeast Indiana.

The project, completed by Fethers Construction Inc. and Design Collaborative, showcases 11,127 square feet dedicated to new rehabilitation and therapy services; 5,500 square feet to house Fort Wayne Orthopedics—more than tripling its current footprint; and 3,330 square feet for DeKalb Business Health Services. Another 3,108 square feet will be dedicated for lobby and common spaces.

"For half a century, we've created efficiencies and fueled new opportunities to help us meet the evolving needs of our community," Dr. Vazquez said. "Our North Campus is just one more asset to help us keep pace with the changes, and position ourselves to successfully continue our service to the community for another 50 years."



OPEN HOUSE SUNDAY, APRIL 19 2 TO 4 P.M.

Join us for refreshments and guided tours of our new DeKalb Health North Campus office space, physician suites and treatment areas.

Suggested parking: Lots D and E (enter off of Wesley Road); Guided Tours enter through door #36.

PROJECT PARTNERS:





NO BONES ABOUT IT

FORT WAYNE ORTHOPEDICS EXPANDS SERVICES AT NORTH CAMPUS



Our North Campus is not just a brick-and-mortar upgrade for DeKalb Health. This new infrastructure also allows us to enrich the level and number of offerings available to our neighbors here and in surrounding DeKalb County.

As part of these enhancements, we are excited to welcome Fort Wayne Orthopedics, our orthopedic partner, to its new home in North Campus. With new on-site physician suites, diagnostic areas and treatment facilities, the facility and its providers open doors to new care possibilities for DeKalb Health. Now, patients can receive the highest quality orthopedic treatments much closer to home.

From its new home base, Fort Wayne Orthopedics will offer complete bone, joint and spine care to our patients. Treatments will be available for a comprehensive range of orthopedic conditions, including bone conditions, trauma, athletic injuries, joint disorders, spinal issues and muscle care.

Whether they are providing direct care to outpatients and in-patients, supervising our school trainers or performing surgeries, orthopedic specialists are in high demand at DeKalb Health.

On-site services are provided by Fort Wayne Orthopedics' experienced team of physicians, who boast expertise in many sought-after procedures and non-surgical options to help restore patients to health.

The new offices of Fort Wayne Orthopedics are located in DeKalb Health's North Campus, 1316 East Seventh Street, Suite E, Auburn. Park in lot E, off of Wesley Road, and enter through door #36. For more information, contact Fort Wayne Orthopedics at 800.566.5659.

In addition to physician assistants Dave Daugherty and Emily Mazanowski, new and familiar faces from FWO's physician team now seeing patients at DeKalb Health include:

Gage M. Caudell, DPM

Dr. Caudell was named 2009 Faculty of the Year at St. Vincent Charity Hospital Podiatry Residency before joining FWO in 2010. Dr. Caudell says he became interested in podiatry after shadowing a podiatrist as part of his education. He goes on to say, "I was intrigued by the intricacies of the foot and ankle. I also enjoy the detective work in figuring out complex problems." As a podiatrist, Dr. Caudell specializes in conditions of the foot and ankle.

Chevron osteotomy | Excision soft tissue mass or ganglion cyst—foot
Calcaneal osteotomy | Flexor tenotomy | Tendon transfer
Open reduction internal fixation ankle or foot fractures
Arthrodesis first metatarsal phalangeal joints and lesser joints
Achilles tendon repair | Plantar fasciotomy | Lapidus procedure
Hardware removal ankle or foot

Jason D. Hanna, MD

Dr. Hanna joined FWO in 2011 from the Detroit Medical Center. Originally from Fort Wayne, Dr. Hanna chose orthopedics because he enjoys helping patients return to or improve their active lifestyle. Moreover, while he says orthopedics can be challenging, he finds it very rewarding. A sports medicine specialist, Dr. Hanna enjoys treating athletes and working with coaches, trainers and parents with the goal of promoting a safe and speedy return to play.

Sports medicine | Total knee arthroplasty | Anterior hip arthroplasty
ACL reconstructions Meniscal repair and Meniscectomy | Hip injections
Knee arthroscopy | Shoulder arthroscopy | Rotator cuff repair | Achilles tendon repair | Quadriceps tendon repair | Emergency fracture repairs

Kevin A. Rahn, MD

Dr. Rahn has been an invaluable member of the FWO team since 1995. Originally from Rice Lake, Wisconsin, Dr. Rahn was drawn to study orthopedics because of his love of problem-solving. That led him not only into orthopedics, but into a career as a spinal surgeon. A board certified surgeon, Dr. Rahn specializes in the treatment of spinal conditions and injuries through both surgical and non-surgical techniques. He says the best part of his job is helping improve the quality of life for his patients.

Posterior lumbar discectomy | Posterior lumbar decompression
Anterior cervical decompression and fusion

Niles D. Schwartz, MD

Dr. Schwartz is a Fort Wayne native and member of FWO since 2006. He says he loves the challenge that orthopedics brings, "from fixing a complicated injury to getting someone back doing the things they enjoy in life." A board certified surgeon, Dr. Schwartz specializes in hand, elbow, shoulder and microsurgery. He says one thing he loves about his job is seeing the look of relief on a mom's face when he tells her that her child is doing well and that the surgery was a success.

Palmar fasciectomy | Endoscopic carpal tunnel release | Open carpal tunnel release | Trigger finger release | Ulnar nerve decompression
Ligament reconstruction tendon interposition with flexor tendon transfer
Shoulder arthroscopy | Mass excision hand, finger, wrist | Lateral epicondylectomy with epicondylar repair | Wrist arthroscopy



PICTURED LEFT TO RIGHT:
KEVIN RAHN, MD; NILES SCHWARTZ, MD;
GAGE CAUDELL, DPM; JASON HANNA, MD



REHABILITATION SERVICES WELCOMES PATIENTS AT NORTH CAMPUS

Rehabilitation Services is one of DeKalb Health's busiest departments. It saw a 40 percent growth in visits between 2009 and 2013.

Because of prior space limitations, DeKalb Health's Physical, Occupational, Speech and Sport Medicine rehabilitation services consistently operated at maximum capacity—a condition that challenged its ability to provide optimal patient care, private treatments, pediatric program growth potential or expanded orthopedic and industrial programs.

Their move to a new 11,127-square-foot center in the North Campus provided a solution to these problems. Further, it positioned the department to help DeKalb Health meet the current population health needs, and to keep pace with expected growth in this segment in the future.

The new facility, which recently began seeing patients, includes new adult and pediatric treatment and diagnostic areas for physical, occupational, speech and sports medicine therapy. A pediatric gym features a rock climbing wall, and the adult gym showcases a sports medicine therapy turf along with other advanced treatment and equipment enhancements.

Pediatric and adult rehabilitation services are provided to patients after an illness, injury or surgical procedure. Our licensed staff evaluates each patient and creates an individualized treatment program, working closely with the physician to ensure a seamless continuity of care.

Rehabilitation Services is located in DeKalb Health's North Campus, 1316 East Seventh Street, Suite C, Auburn. Park in lot E, off of Wesley Road, and enter through door #36. For more information, contact DeKalb Health Rehabilitation Services at 260.920.2632.



Occupational Therapy concentrates on activities of daily living and is most often involved with patients who have an injury or illness affecting the upper extremities or hands.

Physical Therapy is geared toward helping people regain or improve their physical functions, or overcome problems with movement as a result of sports injuries, accidents, strokes or other movement disorders. Whether it is joint and muscle movement or tasks like getting out of bed and walking, our physical therapists and physical therapy assistants concentrate on helping our patients perform difficult tasks.

Speech Therapy assists people of all ages—from newborns to adults—with problems in speech and hearing. These problems may be developmental, or as a result of illness, injury or stroke.

Sports Medicine helps athletes with rehabilitative therapies and/or procedures to treat sports-related injuries.



Richard Allen



Trina Chapman-Smith, MD



Caroline Derrow, DDS



Matt Fetter



Mark Fogt



Beth Freidenberger



Jason Hanna, MD



Robert Menzie



Mark Millett



Douglas Morrow, OD



Scott Pflughoeft



Carrie Raver, JD



Dennis Stockdale



Trent Stuckey

Meet the Board of Directors

See what the board members do in the community with a fun match game.

HR Synergy Support Specialist for Nucor Corporation

President of Metal Technologies

Superintendent of Garrett Keyser Butler Schools

President of Garrett State Bank

Attorney, Barnes and Thornburg

Doctor of Optometry, Owner of Vision Source

Family Medicine Physician

Financial Advisor and Senior Vice President, Merrill Lynch

President of Rathburn Tool & Manufacturing

Pediatric Dentist, Owner of Auburn Pediatric Dentistry

Consultant, Retired Sales

Orthopedic Surgeon, Fort Wayne Orthopedics

President of Steel Dynamics

CEO, Ashley Industrial Molding, Inc.

Answers: F, D, M, E, L, B, N, A, C, H, G, I, K

BUSINESS HEALTH SERVICES PLANS FOR MOVE TO NORTH CAMPUS

As a community hospital, DeKalb Health does not just serve our patient needs—we support our local industry and business health needs, too. If an employee experiences a work-related injury or illness, occupational medicine provides the treatment they need to get back to work at full productivity as soon as possible.

To this end, occupational health and industrial medicine were a priority for DeKalb Health as it allocated significantly larger and a more convenient clinic space within its North Campus for DeKalb Business Health Services.

These services are offered in collaboration with Lutheran Health Network and their Business Health division of RediMed.

DeKalb Business Health Services provides a full range of occupational care. It also offers wellness, education, prevention and safety programs designed to help companies protect and enhance their most critical investment—their employees.

The future 3,330-square-foot offices of DeKalb Business Health Services will be located in DeKalb Health's North Campus, 1316 East Seventh Street, Suite D, Auburn. Park in lot E, off of Wesley Road, and enter through door #36.

For more information, contact DeKalb Business Health Services at 260.925.9511.



**DEKALB BUSINESS
HEALTH SERVICES
ARE LED BY
DR. STEPHEN COLE**

Dr. Cole joined RediMed as an urgent care physician in July 1989. Prior to that, he was a family medicine physician in private practice in Auburn for ten years and worked in industrial medicine at several different companies throughout the region. Dr. Cole also delivered wound care and hyperbaric medicine services to patients at St. Joseph Hospital in Fort Wayne. An Indiana University graduate, Dr. Cole has a special interest in diving physiology, hyperbaric and industrial medicine, limb salvage and wound care management.

UPCOMING EVENTS

PLAY. LEARN. SOAR.

**Auburn Community Pool
Thursday, June 11 (Rain Date June 18)
12:00 noon to 5:00 p.m.**

We are excited! What could be better than great activities for children to enjoy, organizations sharing important information about their programming and services, pool fun and yummy snacks? We hope you will reserve June 11 to join us at this year's PLAY.LEARN.SOAR. You will be hearing more from us soon!



**Summer Open House for
Private Inpatient Rooms.
More information coming soon!**

Swing into Summer at the DeKalb Health Foundation Golf Classic

Spring is in the air, and at DeKalb Health, that means another DeKalb Health Foundation Golf Classic is right around the corner.

Mark your calendars for the first week of June on Tuesday the 2nd, rally a team of four and plan to join us on the links at Bridgewater for our annual outing, which helps to establish scholarships for DeKalb County residents pursuing a degree in healthcare.

As in past years, this can't-miss fundraiser will feature 18 holes of golf, a pre-tee off continental breakfast, a post-outing cookout, door prizes, golf balls and souvenirs. Participants can also win prizes for landing closest to the pin or posting the longest drive; compete in a team putting contest, or receive an award for scoring high, middle and second lowest gross.

Swing into summer with us! A registration form is available online at www.DeKalbHealth.com.

For information on registration, payment or sponsorships, contact Cheryl Clark at 260.333.7673. To provide a door prize or cash donation, call Cheryle Gerig at 260.920.2548.





1316 East Seventh Street • Auburn, Indiana 46706

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**Visit DeKalbHealth.com
for a complete schedule.**

FAMILY BIRTHPLACE *at DeKalb Health*

All classes are held at the DeKalb Health Family BirthPlace Conference Room located on the 2nd Floor, 1316 E. 7th St., Auburn. For more information or to register for a class, please contact Julie Wagoner at 260.920.2780.

FAMILY BIRTHPLACE CLASSES AND GROUPS

Let us help you with all of your questions concerning breastfeeding or bottle feeding. 4 p.m. – 6 p.m. Fee \$5. Free to Family BirthPlace Patients. Registration required.

APR: 27 | JUN: 29

BREASTFEEDING SUPPORT GROUP

Are you new to breastfeeding? Trying to figure out how to maintain your milk supply when returning to work? Just want to meet other breastfeeding moms? Join us! Every Monday, 1 p.m. – 2 p.m. FREE to all.

APR: 6, 13, 20, 27 | MAY: 4, 11, 18, 25 | JUN: 1, 8, 15, 22, 29

HEALTHY EXPECTATIONS

Come to DeKalb Health's Family BirthPlace to pick up your FREE prenatal vitamins. Free vitamins available to all women of childbearing age.

CHILDBIRTH CLASSES

First three Tuesdays of every month (except May) Fee \$20.

Free to Family BirthPlace patients. Registration required. 6 p.m. – 9 p.m.

APR: 7, 14, 21 | MAY: 5, 19, 26 | JUN: 2, 9, 16

DEKALB HEALTH CAR SEAT CLINIC

Tues. 4 p.m. – 7 p.m.

DeKalb Health Central Business Office, 1700 E. 7th St., Auburn. Certified technicians on-site to check proper installation and safety. Contact DeKalb Health Car Seat Hotline at 260.920.2551.

APR: 21

WELLNESS CENTER CLASS

Wellness Center is located on the East Campus of DeKalb Health, 1700 E. 7th St., Auburn.

STAYFIT CLASS: STRETCH & FLEX

StayFit members are invited to participate in the Stretch & Flex class being held in the Wellness Center. Improving muscle tone, balance and flexibility are the goals of this 45-minute class. Fee associated. Contact: Cardiac Rehab department at 260.920.2571 Monday, Wednesday, Friday 9 a.m.

YOGA CLASSES

\$25 fee associated for unlimited yoga classes Instructor: Mary Goudy

Contact: Kasie Milk at 260.920.2812

Yoga Core: Wed. 7:30 a.m. – 8:30 a.m.

Fitness Yoga: Mon. 7:30 a.m. – 8:30 a.m., Fri. 7:30 a.m. – 8:30 a.m.

Restorative Yoga: Thurs. 5:30 p.m. – 6:15 p.m.

SPRING 2015 CALENDAR OF EVENTS (APR., MAY., JUNE.)

ADVANCED LIFE SUPPORT TRAINING

• **ACLS (Advanced Cardiac Life Support)**

3rd Fri. of every odd month 8 a.m. – 4 p.m., DeKalb Health Central Business Office Training Room, 1700 E. 7th St., Auburn. Registration required, contact the EMS Training Office at 260.333.7683.

MAY: 15

• **PALS (Pediatric Advanced Life Support) in Association with Parkview Health**

2nd Wed. and Thurs., of every even month, 8 a.m. – 4 p.m. Registration required, contact the EMS Training Office at 260.333.7683.

APR: 8, 9 | JUN: 10, 11

ALCOHOLICS ANONYMOUS. NO FEE

For more information, call 260.927.8902 or visit www.serenityhouseinc.org.

• **OPEN MEETINGS**

Weekdays, Mon. – Fri. at 12 noon

Weekends, Sat., Sun. at 10 a.m.

Speaker Meeting Wed. and Sat. at 7 p.m.

Serenity House (Barn) 2438 CR 50, Auburn

• **WOMEN ONLY**

907 South Main St., Auburn.

Every Fri. 9 a.m., Sun. 5 p.m.

BLOOD DRIVE (WALK-INS WELCOME)

DeKalb Health Employee Parking Lot F

1316 E. 7th St., Auburn, 12:30 p.m. – 6 p.m.

Sign up at www.GiveBloodNow.com (Sponsor code: DeKalb).

For more information, contact Brenda at 260.920.2612 or Ashley at 260.920.2609.

MAY: 6

CELIAC SUPPORT GROUP

1st Thurs. of every even month 6:30 p.m. at DeKalb Health Office Building #1314, Conf. Rm. 303, 1314 E. 7th St., Auburn. Contact Anna Hartman at 260.705.6971 or nutritionlover@gmail.com.

APR: 2 | JUN: 4

COMMUNITY GRIEF AND LOSS SUPPORT GROUP

1st and 3rd Mon. of the month (including holidays) 6:30 p.m. – 8 p.m. Sponsored in part by DeKalb County Council on Aging. Heimach Senior Activity Center, 1800 E. 7th St., Auburn. Contact DeKalb Health Home Care and Hospice 260.925.8699.

APR: 6, 20 | MAY: 4, 18 | JUN: 1, 15

CPR/ FIRST AID CLASSES

DeKalb Health Central Business Office Training Room, 1700 E. 7th St., Auburn. Registration required, contact Registration required, contact the EMS Training Office at 260.333.7683.

• **Adult** – 3rd Tues. of every even month, 6 p.m. – 10 p.m.
APR: 21 | JUN: 16

• **Pediatric** – 3rd Tues. of every odd month, 6 p.m. – 10 p.m.
MAY: 19

• **Healthcare Provider** – 3rd Wed. of every month, 7:30 a.m.
APR: 22 | MAY: 20 | JUN: 17

DEKALB HEALTH FOUNDATION GOLF CLASSIC (SEE INFORMATION INSIDE)

JUN: 2

DIABETES SELF-MANAGEMENT EDUCATION

PATIENT REFERRAL NEEDED. Contact Vicki Faux, RN, CDE at 260.920.2652. One-day session, offered monthly. 8 a.m. – 3:30 p.m. DeKalb Health Office Building #1314, Board Room, 1314 E. 7th St., Auburn.

APR: 6 | MAY: 4 | JUN: 1

DIABETIC SUPPORT GROUP

2nd Thur. of even months. Sponsored in part by DeKalb County Council on Aging. 1:30 p.m. Heimach Senior Activity Center, 1800 E. 7th St., Auburn. Contact Vicki Faux, RN, CDE at 260.920.2652 or Meg Zenk at 260.925.3311.

APR: 9 | JUN: 11

HIP ON HEP C SUPPORT GROUP

3rd Fri. of every month, 6 p.m., DeKalb Health Office Building #1314, Conf. Rm. 303, 1314 E. 7th St., Auburn. Contact Christie Soaper at 260.927.8180.

APR: 17 | MAY: 15 | JUN: 19

16TH ANNUAL KIWANIS BIKE SAFETY EVENT

Sat, 9 a.m. – noon. North side of the DeKalb County Jail. Corner of 8th and Union Streets, Auburn. Bring your own bike; bike safety course, free bike helmets provided by DeKalb Health and more.

MAY: 16

MULTIPLE SCLEROSIS SUPPORT GROUP

3rd Mon. of every month, 7 p.m. DeKalb Health Office Building #1314, Conf. Rm. 303, 1314 E. 7th St., Auburn. Contact Neal Esselburn at 260.637.3820 or 1234neal.ms1@frontier.com.

APR: 20 | MAY: 18 | JUN: 15

PLAY. LEARN. SOAR.

(SEE INFORMATION INSIDE)

JUN: 11

SENIOR EXPO & ADULT HEALTH FAIR

National Military History Center

I-69 Exit 326, C.R. 11-A, Auburn

Exhibits - 8 a.m. – 1 p.m.

Health Fair - 8 a.m. – 11 a.m.

Dozens of vendors sharing about services and programs, providing door prizes and giveaways. Free transportation by DART, call 260.925.3311.

APR: 16

SMOKING CESSATION "FREEDOM FROM SMOKING"

Tues./Thur., 5 p.m. – 6 p.m., DeKalb Health Cardiopulmonary Rehabilitation Department. Park in Lot A, enter Door 3. To preregister contact Cardiopulmonary Department at 260.920.2571. \$55

MAY: 5, 7, 12, 14, 19

DeKalbHealth.com