

# STAY CONNECTED

*Excellence in training junior athletes since 1974*

## MUNCIANA ALUMNI ATHLETES & COACHES REPRESENT IN BOTH THE NCAA AND NAIA NATIONAL TOURNAMENTS!

**#1** Kelly Sheffield  
MJ Hammill  
April 15  
7pm ESPN3

**#5** Kenzie Knuckles  
April 15  
3:30pm ESPN3

**#9** Kylie Murr  
April 15  
12pm ESPN3

**#13** Jonni Parker  
April 15  
10:30pm ESPN3

**#15** Kinsey McAfee  
April 15  
3:30pm ESPN3

**#17** Ben Sabin  
April 14  
7:00pm ESPN3

**Munciana**  
VOLLEYBALL

**#2** Craig Skinner  
Anders Nelson  
Jake Romano  
April 15  
7:00pm ESPN3

**#3** Melani Shaffmaster  
April 15  
7:00pm ESPN3

**#7** Dave Shondell  
John Shondell  
April 15  
3:30pm ESPN3

**#11** Todd Chamberlain  
April 15  
12:00pm ESPN3

**#13** Lexie Almodovar  
Lindsey Winner  
April 14  
3:30pm ESPN3

**#15** Asia Goins  
April 14  
3:30pm ESPN3

**Athletes & Coaches**  
First/Second Rounds  
April 14/15, 2021

Full Info & Bracket  
at [NCAA.COM](http://NCAA.COM)

Jenny Morey  
'21 Commit

Nicole Wilkinson  
'21 Commit

Eva Hudson  
'22 Commit

The 20/21 college volleyball seasons were challenging. Which to most players and coaches would be a massive understatement. Many programs cancelled their seasons and much was sacrificed. Amidst the uncertainty of the past year, all faced much adversity and found a way to train, compete and overcome.

We are proud of our alumni athletes and coaches in the collegiate ranks at all levels. It was especially exciting to see how Munciana Alumni represented and impacted both the NCAA & NAIA national tournaments.

From Final Four representation through the AVCA Coach of the Year, NCAA National Champion staff (Munciana & Ball State Alumni), AVCA/NAIA Region Assistant Coach of the Year, to the athletes who went beyond to train and stay committed to the process, we are Munciana Proud. A very special shout out to the Class of 2021 college seniors.

Many of our alumni received conference, AVCA, NCAA and NAIA athletic and academic honors. Work ethic, commitment and dedication were key factors for all!

Well Done Alumni, Well Done!

**#4** Ana Collar  
Rachel Kiltzing  
Havyn Gates

**#6** Courtney Watkins  
Martina Demarchi  
Macy Puthoff  
Dan Bergren Asst. Coach

**#23** Macee Rudy  
Abby Bowyer  
Chloe Trissel  
Lorelei Porter (Indy)

**Munciana**  
VOLLEYBALL

**#7** Skyler Van Note  
Lexi Spence  
Lark Jones

**#11** Kim McConaha  
Head Coach  
Sammel Fulkerson-Bird

**#13** Averil Lanman  
Grace Hunter  
Ashlee Pritchard  
Head Coach

**#15** Olivia Valentine (Indy)

**Alumni Athletes & Coaches**  
Opening Round  
Saturday, April 17, 2021

**NAIA WOMEN'S VOLLEYBALL CHAMPIONSHIP**  
SIOUX CITY IOWA

**SEAHAWKS**  
vs Mobile  
5pm ET

**RED WOLVES**  
vs Park  
1pm CT

## INSIDE THIS ISSUE:

- Munciana Alumni
- Dan Bergren  
*NAIA Region COY*
- Team/Coach Highlights  
*Kiwis/Penguins*  
*Grace Hunter/Jaguars*
- Summer Camps



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**Dan Bergren-Ass't Coach, Indiana Wesleyan University**

Passionate, committed, motivating, never-let-up, self-sacrificing, integrity, fair, all descriptions and characteristics of Coach Dan Bergren. His dedication to impacting young athletes through the sport of volleyball is felt far and wide. Recently, Dan was honored by the AVCA as NAIA Region Assistant Coach of the Year. His many years of both being a father to college volleyball athletes, club and college coach have been key factors in his success.

In asking Dan how he feels about his recent accolade, he humbly credits it to the girls on the team, "they do the work!" My response, "you hold them accountable to do their best, to push beyond and expect nothing less". A slight nod of agreement but still a man who knows that the credit for success is a team effort and requires a ton of good old fashion hard work. From world renowned horse breeder/trainer to college coach, Dan is committed to the process and training methods, undoubtedly the markers of his life-long commitment to excellence.

In regards to NAIA Collegiate Volleyball, he feels many young athletes don't give it a chance. High level volleyball, excellent academic and scholarship opportunities exist at this level. "We have NCAA DI transfers and recruit like the DI mid-majors & high DII's. "If you truly say you want to be a college athlete, do your homework on what it takes, and check out all levels, put in the work and no excuses." Well said Dan! Well Said!

Patty Costlow, Director of Recruiting/Marketing

## APRIL SHOUT-OUTS

### TEAM HIGHLIGHTS



**12R Kiwis - Scrimmage Series**  
**12's Champions**



**13N Penguins- Raised over**  
**\$3,000 for Cancer Research**

**COACH HIGHLIGHT****Grace Hunter, Assistant Coach-16N Jaguars**

A special 'shout out' to Grace Hunter! She is also a freshman OH for Marian University who finished the season with a 18-5 record and it's fourth consecutive trip to the NAIA National Tournament.



Head Coach - 18O Quora (Yorktown)

## IN THE *Summer* TIME

# CAMP HIGHLIGHT

### 'BACK TO SCHOOL BOOTCAMP'

This four day camp is a great opportunity to get ready for the start of the school year.

All volleyball skills will be taught and team skills will be trained.

July 26-29, 2020

Ages: 9-15

Time: 7:00pm -8:30pm

Location: MuncianaINDY

Cost: \$50

**FULL CAMP SCHEDULE & REGISTRATION**  
**MUNCIANA.COM**