

# ICHS Lunch

# November 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3	4
Week 1		Hot Dog	Biscuit and Gravy	Cheese Breadsticks w/	Chicken Tenders
		Sloppy Joe	Sausages	Marinara Sauce	French Bread Pizza
		French Fries	Carrots	Calzone	Baked Beans/Salad
		Fruit Cocktail	Banana	Broccoli, Apple	Peaches
		Cookie	Goldfish	Fruit Snack	Graham Crackers
		Milk	Milk	Milk	Milk
	7	8	9	10	11
Week 2	Popcorn Chicken	State Fair Corn Dog	Creek Cattle Company	Pepperoni Bosco Stick	Breaded Chicken w/roll
	Deep Dish Cheese Pizza	Pulled BBQ Pork Sandwich	Hamburger on Bun	Chicken Chunks	Pork Tenderloin Sandwich
	Carrots/Dip	Corn	Celery/PB	Broccoli	w/Lettuce & Tomato
	Applesauce	Banana	Peaches	Fruit Cocktail	Texas Beans, Salad
	Giant Goldfish	Juice Cup	Fruit Snack	Goldfish Crackers	Pears
	Milk	Milk	Milk	Milk	Milk
	14	15	16	17	18
Week 3	BBQ Rib Sandwich	Stuffed Crust Pizza	Loaded Nachos	BBQ Chicken Sandwich	Grilled Cheese Sandwich
	Spicy Chicken Tenders	Breaded Mozz Sticks	Lettuce, Salsa	Corn Dog Nuggets	Brave Burger
	Broccoli	Green Beans	Corn	Texas Beans, Salad	Tomato Soup/Crackers
	Fruit Cocktail	Banana	Peaches	Applesauce	Carrots
	Goldfish Crackers	Marinara, Mini RKT	Sour Cream, Pepper Rings	Cookie	Pears
	Milk	Milk	Milk	Milk	Milk
	21	22	23	24	25
Week 4	Deep Dish Pizza	Turkey Noodle	No	No	No
	Cheese Breadsticks	Mashed Potato	School	School	School
	Marinara Sauce	Carrots	Thanksgiving Break	Thanksgiving Break	Thanksgiving Break
	Baked Beans, Salad	Roll			
	Peaches	Pears			
	Milk	Milk			
	28	29	30		
Week 5	Beef Tenderloin Sandwich	Hot Dog	Biscuit and Gravy		
	Spicy Chicken Sandwich	Sloppy Joe	Sausages		
	Green Beans	French Fries	Carrots		
	Pears	Fruit Cocktail	Banana		
	Goldfish	Cookie	Goldfish		
	Milk	Milk	Milk		

Subject to change

This Institution is an Equal Opportunity Provider