# SLEEP DIAGNOSTIC CENTER



The skilled and experienced staff of the Sleep Diagnostic Center at DeKalb Health provides a wide range of testing and treatment services, each delivered in a highly personalized and cost-efficient manner. These services are designed to help people suffering from chronic sleep problems, including problems falling asleep, staying asleep at night, staying awake during the day and/or excessive snoring or breathing disturbances.

#### **Questions to ask:**

Do you snore loudly (louder than talking or loud enough to be heard through closed doors)? Do you often feel tired, fatigued or sleepy during the day?

Has anyone observed you stop breathing while you sleep?

Do you have high blood pressure, diabetes, or heart disease?

Is your Body Mass Index (BMI) more than 35?

Is your neck circumference more than 16 inches (for women) and 17 inches (for men)?

## **Our Sleep Diagnostics Center amenities and service includes:**

Skilled and experienced staff

Quiet, comfortable, and private bedroom and sleep testing facilities

Convenient restroom

Testing availability 5 nights per week

TV in room for relaxation

State-of-the-art diagnostic equipment

Outpatient services for overnight testing

### Diagnostic testing the Sleep Center has to offer:

Polysomnograph

Pediatric Sleep Studies for 5 years of age or older

Positive Airway Pressure Titration

Multiple Sleep Latency Test

Maintenance Wakefulness Test

Home Sleep Apnea Test

# Sleep Diagnostic Center at DeKalb Health

1316 E. 7th St. (Lot B, Door 1, 2nd Floor) Auburn, IN 46706

For more information, call 260.920.2847 or visit dekalbhealth.com.

To schedule an appointment, call Central Scheduling at 260.333.7710.

