

Indian Creek Schools
Health Services Reentry Plan
(Updated 7/23/2020, Highlights in yellow)

The purpose of this plan is to outline the Nineveh-Hensley-Jackson School Corporation/Indian Creek Schools' Health Service's Return to School guidelines during the Covid-19 Pandemic. These guidelines have been carefully considered to address and promote the safety, health and welfare of our community. They have been reviewed by our local board of health.

Students, faculty and staff are asked to stay home if they are sick. You are asked to do a self-checklist every morning for Covid-19 symptoms as defined by CDC and approved by the local health department. (See Attachment A)

If an individual presents to the school health clinic/classroom with the symptoms mentioned under Sick Day Guidelines, they will be sent home and follow the return to school guidelines outlined below. Your student will be placed in an isolation room until they are picked up by a parent/guardian.

Sick Day Guidelines

1. Symptoms requiring absence:
 - Active vomiting or diarrhea/persistent nausea
 - Sore throat
 - Recent loss of taste or smell
 - Fever/chills/shaking/generalized body achesFever will be defined as 100.0 degrees or higher per our current school health guidelines

If Covid-19 symptoms such as persistent or new cough/shortness of breath are also present, must follow up with a healthcare provider and obtain a return to school note. Parent/Guardian should call a healthcare provider for guidance if testing for Covid-19 is needed.

Return to School After Symptoms of Covid-19

If diagnosed with Covid-19, with or without positive test and/or symptoms

Untested - Were Directed to Care for themselves at home

- 10 days have passed since symptoms first appeared.
- At least 24 hours (1 day) have passed without fever and use of fever reducing medications.
- Improvement in cough/breathing and other symptoms
- Active vomiting or diarrhea
- After 24 hours on antibiotics for a variety of bacterial causes (doctor note required.)

- Doctor's note for various student-specific medical conditions

Positive test for Covid-19/Asymptomatic

- 10 days have passed without symptoms of Covid-19
- Released by healthcare provider

Positive test for Covid-19/Symptomatic

- No longer have a fever without the use of medicine that reduces fevers
- Other symptoms have improved (cough, tiredness, etc)
- 10 days have passed since symptoms appeared or has had 2 negative tests

Recent Contact with A Person with a Suspected or Confirmed case of Covid-19:

Self-quarantine for 14 days.

Has someone they live with being tested for Covid-19:

Self-quarantine for 14 days (dependent on results of test.)

Other School Health Guidelines -

1. Consider whether your student can take all their medications at home vs. during the school day.
2. Teach your student how to wear a mask as needed/appropriate. Send one with them daily.
3. Students will wear a mask in the health clinic regardless of the reason for their visit.
4. Promote non-contact methods of greeting (i.e. waving hello, etc.)
5. Teach social distancing. (extend arms out opposite directions)
6. No nebulizer treatments for asthma will be given at school during this school year.
7. Water fountains will be taken out of use. There will be water bottle filling stations. Send your student with a personal, refillable water bottle.
8. There will be frequent opportunities for your student(s) to wash their hands during the school day:
 - Upon arrival to school/before leaving for home
 - Before eating
 - After recess
 - After restroom breaks
 - Other as identified by teacher/student
9. Students will remain in the classroom for some common situations and receive care there so as to prevent potential exposure to communicable diseases/decrease clinic congestion (school nurse will be consulted as needed:):
 - Paper cuts, small abrasions, picked skin areas - Wash hands/area/bandaids
 - Minor headaches and/or fatigue - Rest, water, snack- not better after 30 minutes, will be evaluated by nurse
 - Mild stomach ache/nausea - Allow to use restroom, rest, water - not better after 30 minutes, will be evaluated by nurse

- Localized bug bites - Without history of allergy - cool paper towel to area
- Anxiety, stress, psychosocial issues - Referred to counseling as appropriate.
- Clothing changes - Please consider sending a change of clothes for your elementary student in their book bag.

Immunizations -

All students are required to be fully immunized when school begins. Hepatitis A is now required for all students grades K-12.

Use of PPE/Isolation Room

If your student cannot be picked up within 20 minutes and/or there are more than one student with a temperature, they will be transferred to an isolation room.

Student will wear mask if presenting with any of the following:

- Fever of 100.0 or higher
- Cough
- Sore throat
- Nausea, vomiting, diarrhea
- Generalized muscle aches
- Other general feelings of discomfort, not feeling well
- Reported exposure to someone with suspected/confirmed Covid-19

Student will be transported to Isolation Room (ICLC Building/Old Administration building.) There will not be other students present in the building, other than other isolated students waiting for pickup. Parents are encouraged to pick up their student as quickly as possible.

Student will be transported to the Isolation room by another staff member. Masks will be worn by both student and staff.

**** This plan will be evaluated and adjusted as needed during the 2020/2021 school year****

Attachment A

Covid-19 Daily Self Check-List

Parents: Do this checklist daily before coming to school for all your students.

If you answer yes to any of these questions, stay home and follow the steps at the bottom.

Staff: Do this checklist daily before coming to work. If you answer yes to any of these questions, stay home and follow the steps at the bottom.

In the past 24 hours:

Have you had a fever (over 100 degrees) or have you taken any medication for a fever?

Do you have a recent loss of taste or smell?

Muscle aches?

Chills or shaking?

Sore throat?

Recent Cough?

Headache?

More tired than usual?

Nausea, vomiting, diarrhea?

Trouble breathing/shortness of breath? (Please call 911/seek medical attention)

Have you been in close contact with someone with a diagnosis of Covid-19?

What to do:

Parents: Call your school's attendance line. You will receive a return call verifying your student's symptoms.

Staff: Call your immediate supervisor.

Thank you for taking the time to do a self-check of your child/yourself every day!