



NEW TREATMENT PLAN

COMMUNITAS NEW TREATMENT PLAN CASE STUDY

Patient with CP Reduces Hospitalizations with OnSIGHT Health

Situation

The patient was diagnosed with cerebral palsy and anoxic brain injury at an early age, and experienced complications from an event 2 years prior. The event was comprised of cardiac arrest, pneumonia and kidney failure resulting in hospitalization. The patient is now bedridden, dependent on a feeding pump and has a permanent tracheostomy. During the past year, the patient has been hospitalized multiple times for over 80 days, including multiple emergency department visits. A family member is the primary caretaker and the payer’s telephonic case manager reported the caretaker’s memory issues may have contributed to the spate of recent hospitalizations.

Solution

The case was referred to Communitas. The OnSIGHT Health RN Case Manager obtained permission and met with the caregiver and the patient in their home. She witnessed the caregiver’s attentiveness to the patient’s needs. This was confirmed in conversations with the LTC Medicaid policy’s homecare RN. However, the OnSIGHT Health RN Case Manager observed the caretaker becoming overly fatigued caring for the patient full time which increased the chance of compromised care. As their working relationship continued, the caregiver expressed an interest in learning more about how to best care for the patient.

She put together a Health Resource Manual including medication control information, resources and a checklist of important items requiring ongoing attention. This “boots on the ground” assessment of the home environment determined how to best manage the patient’s ongoing care to minimize repeated hospitalizations.

SAVINGS	DESCRIPTION
\$312,000/year	<ul style="list-style-type: none"> • 2016 hospitalization & emergency department costs = \$624,000 • Increased nursing hours & therapy visits could reduce costs by 50% (conservative estimate)

Results

The caregiver and the OnSIGHT Health RN Case Manager had frank discussions about medical power of attorney and estate motivating the caregiver to act on both. The Case Manager recommended extended hours for the Medicaid homecare RN to provide the caregiver with much needed breaks. In addition, she recommended regular Respiratory Therapy visits as most of the admissions were related to aspiration pneumonia. The payer and Medicaid approved the OnSIGHT Health recommendations and the new treatment plan was implemented.