ES/IS Breakfast

Feb 2024

	LUITO DIEUNIUSI				
	Monday	Tuesday	Wednesday	Thursday	Friday
				1	2
Week 1				Frudel	Cinnamon Toast Bar
				Cereal Bar	Cereal
				w/Cheese Stick or Yogurt	w/Cheese Stick or Yogur
				Fruit and/or Juice	Fruit and/or Juice
				Milk	Milk
	5	6	7	8	9
Week 2	Pop Tart	Muffin	Cinnamon Roll	Pancakes	Bagelful
	Cereal	Cereal Bar	Cereal	Cereal Bar	Cereal
	w/Cheese Stick or Yogurt	w/Cheese Stick or Yogur			
	Fruit and/or Juice	Fruit and/or Juice	Fruit and/or Juice	Fruit and/or Juice	Fruit and/or Juice
	Milk	Milk	Milk	Milk	Milk
	12	13	14	15	16
Week 3	Cinni Mini	Donut	Bagelful	Muffin	French Toast
	Cereal	Cereal Bar	Cereal	Cereal	Cereal Bar
	w/Cheese Stick or Yogurt	w/Cheese Stick or Yogur			
	Fruit and/or Juice	Fruit and/or Juice	Fruit and/or Juice	Fruit and/or Juice	Fruit and/or Juice
	Milk	Milk	Milk	Milk	Milk
	19	20	21	22	23
Week 4	Muffin	Waffles	Cinnamon Roll	Frudel	Cinnamon Toast Bar
	Cereal	Cereal Bar	Cereal	Cereal Bar	Cereal
	w/Cheese Stick or yogurt	w/Cheese Stick or yogur			
	Fruit and/or Juice	Fruit and/or Juice	Fruit and/or Juice	Fruit and/or Juice	Fruit and/or Juice
	Milk	Milk	Milk	Milk	Milk
	26	27	28	29	
Week 5	Pop Tart	Muffin	Cinnamon Roll	Pancakes	
	Cereal	Cereal Bar	Cereal	Cereal Bar	
	w/Cheese Stick or Yogurt				
	Fruit and/or Juice	Fruit and/or Juice	Fruit and/or Juice	Fruit and/or Juice	
	Milk	Milk	Milk	Milk	

Subject to change

This Institution is an Equal Opportunity Provider

