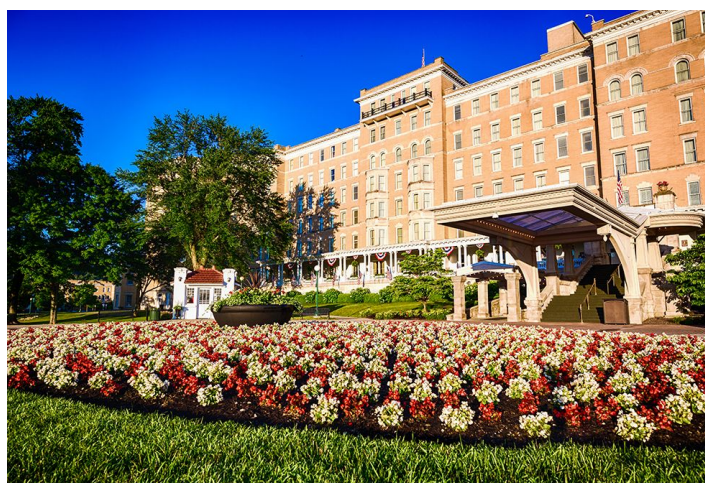




INDIANA ACADEMY OF
FAMILY PHYSICIANS

71st IAFP Annual Convention
July 18-21, 2019
French Lick Resort

Agenda

CME PROGRAM DESIGNED FOR FAMILY PHYSICIANS

Earn up to 17.75 Live Prescribed AAFP CME credits at a meeting planned by family physicians to meet the needs of family physicians. Our education program is based specifically on previous attendee evaluations and member needs assessments. Three MC-FP KSA Study Groups (formerly SAM Study Groups) will be offered as optional sessions, offering 8 AAFP Prescribed credits each.

EARLY BIRD REGISTRATION PRICING

Early Bird pricing will end Monday, June 17. Please note: Walk-in registration fees will increase \$100.

	IAFP Member	Non-IAFP Member
Full Conference Registration Fee	\$495	\$595
Includes: KSA Study Group on Thursday, All General CME Sessions on Thursday, Friday, Saturday; Sunday KSA Study Groups (2 sessions will be offered in the morning); PDF of syllabus materials; Breakfast Friday, Saturday and Sunday and Lunch Thursday. Beverages will be available throughout the day. IAFP members may also attend Friday and Saturday lunch sessions of Congress of Delegates.		
4 tickets to the Saturday night All Member Party are also included!		
Thursday	\$200	\$250
Friday	\$200	\$250
Saturday	\$200	\$250
Sunday KSA - each session, am or pm	\$95	\$195
Please Note: Academy Business Meetings are open to all IAFP members regardless of attendance at CME sessions - you may register free of charge using the IAFP member registration form on our website.		
Electronic Syllabus	Free	Free
Printed Syllabus	\$50	\$50
Saturday evening All Member Party (Additional Ticket)	\$25	\$25

Note: 4 tickets are included with full conference registration (attendees aged 2+ require a ticket)

CME CREDIT BY DAY

Assuming all CME sessions are attended:

Thursday	8 credits for KSA Study Group; 3.5 credits for Essential Evidence
Friday	7.25 credits for Essential Evidence
Saturday	7.0 credits for CME Sessions
Sunday	8 credits per KSA Study Group

Application for CME credit will be filed with the American Academy of Family Physicians. Determination of credit is pending. Updated credit certificates will be available on site.

Agenda

Thursday, July 18

7:30am - 6pm	Registration Open for attendees and exhibitors	Windsor Foyer
7:30am - 5:30pm	Exhibits Open	Windsor Foyer

8am - 12pm

KSA Study Group: Cerebrovascular Disease - Heidi Harris, MD

- Complete the 60-question Knowledge Self-Assessment (KSA) with other family physicians in a fast paced, group discussion format facilitated by a family physician experienced with the topic.
- Facilitator will guide you through the 60 questions of the Knowledge Assessment portion of the MC-FP process.
- Engage in discussion and debate to help you decide on the correct answer as a group.
- Benefit from automatic reporting of your answers to the ABFM – your account will show you've successfully completed this KSA.
- Earn 8 AAFP Prescribed CME credits following successful completion of this session, and an optional 4 credits when you complete the Clinical Self-Assessment (CSA - formerly the Clinical Simulation) portion of the KSA on your own.
- Please note: due to recent significant changes to the ABFM's Maintenance of Certificate for Family Physicians (MC-FP) ([read about the changes here](#)) our SAM Study Groups are now called KSA Study Groups.

12pm - 1pm Lunch

12pm - 1:30pm Past Presidents' Lunch

1pm **Opening of IAFP Scientific Assembly and Call for Late Resolutions**
- Risheet Patel, MD, IAFP speaker of the congress & Commission on Education member

1pm - 5pm **Essential Evidence CME Program**

This popular format, taught by nationally-recognized faculty, will review and analyze recent findings from pertinent clinical research with a focus on immediate implications for your daily practice. This is a fun and engaging CME program with no clinical bias and a focus on practical application. The faculty will provide an engaging, rapid-fire review of the most important research publications of the past two years. They will present and critically appraise new research evidence and meta-analyses in 30-minute blasts that will either change your practice or confirm that your current approaches are supported by solid evidence from randomized trials and other high quality studies. Each section ends with a bottom-line summary of key take home points.

Thursday's topics:

- **Diet, Nutrition, Obesity**
- **Pediatric potpourri**
- **Upper GI problems**
- **Depression and Anxiety Disorders**
- **Hospital Medicine**
- **Medical Marijuana**
- **Editor's Choice Part One**

Essential Evidence Faculty (for both Thursday and Friday):



Henry C. Barry, MD, MS is a professor of Family Medicine and Senior Associate Dean for Faculty Affairs and Development in the College of Human Medicine at Michigan State University. After graduating from the University of Maryland, he completed his family medicine residency at St. Lawrence Hospital in Lansing, Michigan and completed a master's in Clinical Research Design and Statistical Analysis at the University of Michigan School of Public Health. For over 20 years, as one of the original "POETs," he and colleagues have generated nearly 6000 POEMs – Patient Oriented Evidence that Matters – short critical summaries of original research on topics relevant to primary care physicians.



Emily Hall, MD, is an assistant professor of Clinical Family Medicine, associate program director of the Family Medicine residency, co-director of Family Centered Maternity Care at the University of Illinois at Chicago. She attended medical school at Columbia University's College of Physicians & Surgeons and completed her family medicine residency training at the University of Illinois at Chicago. She is a full-spectrum family physician with clinical emphases on maternity and reproductive care, maternal-child health, and behavioral health. She is currently in the Masters in Health Professional Education program at UIC. Her medical-education research focuses on the teaching of procedural skills and remediation of learners in difficulty.



John Hickner, MD, MS, is Professor and Head of Family Medicine at the University of Illinois at Chicago and Editor-in-Chief of the Journal of Family Practice. After receiving his medical degree from Indiana University School of Medicine, Dr. Hickner completed his residency in family medicine at the Medical University of South Carolina and received a master's degree in Biostatistics and Research Design from the University of Michigan School of Public Health. His main research focus is patient safety, especially testing safety and medication safety in primary care practice.



Kate Rowland, MD, MS, FAAFP, is an Assistant Professor at Rush Medical College and faculty at the Rush Copley family medicine residency. She graduated from Rush Medical College, the Advocate Illinois Masonic family medicine residency, and the University of Chicago primary care clinical research fellowship. She is an associate medical editor for the AAFP's FP Essentials and sits on the editorial board of the Journal of Family Practice. She is also a board member of the Illinois Academy of Family Physicians.

1:30pm - 3pm

Foundation Board of Trustees

3:30pm - 5pm

Board of Directors

6pm - 7pm

Board Reception

West Baden Lobby

7pm - 9pm

Board Dinner

West Baden Lobby

Friday, July 19

7am - 6pm	Registration Open for attendees and exhibitors	Windsor Foyer
7:45-8:45am	Breakfast CME <i>Suspecting Pulmonary Hypertension (PH) in the Dyspneic Patient: Who, When and How - Tim Lahm, MD</i> Pulmonary hypertension (elevated right ventricular systolic pressure) is common, often caused by left heart disease but also associated with various lung diseases or idiopathic in origin. A less common but deadly form, PAH is usually undiagnosed or misdiagnosed until it has progressed to an advanced stage. This case-based lecture, designed for primary care clinicians, identifies clinical clues for the presence of PH in dyspneic patients; presents keys to differentiating PAH from other more common forms of PH; and offers a practical paradigm for collaborative diagnosis and optimal long-term management of PAH.	
8am - 6pm	Exhibits Open	Windsor Foyer
9am - 5:30pm	<i>Essential Evidence CME Program</i> <i>Friday's topics:</i> • <i>Guidelines we can trust</i> • <i>Musculoskeletal</i> • <i>Choosing Imaging</i> • <i>PURLS</i> • <i>Editor's Choice Part Two</i> • <i>DVT/pulmonary embolism</i> • <i>Headache/neuro</i> • <i>Sleep</i> • <i>Hypertension</i> • <i>Diabetes/Endocrine</i> • <i>Probiotics</i> • <i>Prevention</i>	Windsor
12pm - 1:30pm	Lunch & Congress of Delegates - First Session Our Congress is your chance to take an active role in IAFP business. All members are invited and encouraged to attend because every member is a delegate, and every participant will have a vote and voice.	Windsor
5:30pm - 6:30pm	Town Hall Reception	
6:30pm - 8:00pm	Reference Committees	
8:00pm - 10:00pm	Reception	

Saturday, July 20

7am - 5pm

Registration Open for attendees

Windsor Foyer

7:45am - 8:45am

Breakfast CME

Axial Spondyloarthritis: A Case-Based Approach to Addressing Diagnostic Challenges and Missed Opportunities in the Primary Care Setting

- Jeffrey Kaine, MD, Director of Independent Healthcare Consulting, Cullowhee, North Carolina

Learning Objectives:

1. Identify axial spondyloarthritis (axSpA) in patients with inflammatory back pain via assessment of medical history, musculoskeletal symptoms and findings, and extraarticular manifestations and comorbidities
2. Apply classification criteria and diagnostic tests into clinical practice to support early detection of axSpA
3. Assess efficacy and safety data related to novel biologic options for axSpA, recognizing the potential clinical impact on the management of patients who do not respond well to traditional pharmacologic therapies
4. Employ a collaborative, multidisciplinary approach to ensure optimal treatment and long-term overall management of individual patients with axSpA



Jeffrey L. Kaine graduated from Yale University School of Medicine in 1979. He completed his internship, residency and rheumatology fellowship at Washington University School of Medicine. He joined the faculty at Washington University and then moved to Sarasota Florida in 1986 where he was the director of the Sarasota Arthritis Research Center. He left the Sarasota Arthritis Center in October 2018 and since that time has been involved in dependent projects in medical education and pharmaceutical consultation and lecturing. Over the past 32 years he has been a principal investigator in over 500 rheumatic disease protocols primarily in the inflammatory arthropathies.. Dr. Kaine has authored numerous scientific papers and lectures nationally and internationally.

9am - 5pm

CME General Sessions

Windsor

CME Topics Will Include:

- ***What's New in Eczema Management: Practice Pearls for the Family Physician***

The overall goal of this educational initiative is to improve family physicians' ability to accurately diagnose and manage mild to moderate atopic dermatitis (AD). AD diagnosis and long-term patient management is a crucial clinical care gap among PCPs that has broad implications for patient outcomes. Accurate assessment of disease severity, the ability to understand the pathogenesis of AD, and individualization of management regimens are linchpins to developing an effective treatment plan that has the highest likelihood of achieving treatment response, disease remission and improvement in quality of life factors such as itching and sleep.

Learning Objectives:

Upon completion of this activity, learners will be better able to:

- RECOGNIZE the clinical features and characteristic age distribution patterns of AD
- DESCRIBE the role of skin barrier dysfunction, immune dysregulation, and environmental factors in the pathogenesis of AD
- INDIVIDUALIZE AD management regimens according to age, location, disease severity, response to treatment, and QOL concerns
- IMPLEMENT educational strategies to communicate the safe and appropriate use of skin-directed therapies to individuals with mild to moderate AD

- ***Canary in the Coal Mine - Will Cooke, MD***

Saturday's program will include a presentation by Will Cooke, MD, the AAFP's current Family Physician of the Year. Cooke had always planned to practice in a rural, underserved area of his home state, but by February 2015, the tiny rural town of Austin, IN, found itself in the crosshairs of two deadly epidemics. The worsening opioid crisis led Austin to become what the CDC confirmed was the epicenter of the country's most serious drug-related HIV outbreak. Cooke's unrelenting commitment to his patients, as well as his many successes, earned him national recognition as the AAFP's 2019 Family Physician of the Year. Dr. Cooke will present *Canary in a Coal Mine* during Saturday's CME program, discussing lessons learned in his fight to help his patients.

- ***Aging into Adult Life: Caring for People with Intellectual and Physical Disabilities across their Life Span - Mary Ciccarelli, MD***

Learning Objectives:

Upon completion of this activity, learners will be better able to:

- Develop skills in preparing youth and young adults and their families for the future as they exit special education at ages 18-22
- Promote self-advocacy and caregiver education in healthy habits with disabilities
- Facilitate appropriate primary care and tertiary care team services in this population



Mary R. Ciccarelli, MD, is the Director of the 3 Wishes: Early Action for Autism project. Dr. Ciccarelli is a primary care provider at one of the Eskenazi Health Community Health Centers and a Professor of Clinical Medicine and Clinical Pediatrics at Indiana University School of Medicine. She has a long-standing dossier within medical education including training of medical students, residents, fellows and both community and university physician continuing education. She is the founding director of the statewide transition support program, the Center for Youth and Adults with Conditions of Childhood, where a transdisciplinary team provides consults and care coordination to improve the transition of youth with special health care needs from pediatric to adult systems of care.

- **Population Health Assessment Tool (PHATE) - Winston Liaw, MD**

Learning Objectives:

Upon completion of this activity, learners will be better able to:

- Describe how clinical and community SDH data can be used to improve health
- Demonstrate how to use online population health tools such as PHATE.
- List two ways that you can integrate PHATE into clinical care



Winston Liaw is a family physician, health services researcher, and the Chair of Health Systems and Population Health Sciences at the University of Houston College of Medicine. His research focuses on the primary care workforce, access, practice transformation, and the integration of public health and primary care. Prior to joining the University of Houston, he was a researcher at the University of Texas Health Science Center at Houston and was the Medical Director at the Robert Graham Center, a primary care policy research institute affiliated with the American Academy of Family Physicians. He also served as residency faculty at the Virginia Commonwealth University, Fairfax Family Medicine Residency Program. Dr. Liaw received a BA degree from Rice University, an MD from Baylor College of Medicine, an MPH from the Harvard School of Public Health, family medicine residency training from Virginia Commonwealth University, and health policy fellowship training from the Robert Graham Center.

- **Accurate Diagnosis and Appropriate Treatment of Migraine in Primary Care**

- **Insomnia Health Implications and Treatment Considerations - Ryan Wetzler, PsyD, DBSM, ABPP**

Learning Objectives:

Upon completion of this activity, learners will be better able to:

- Understand the importance of identifying and treating insomnia
- Be able to accurately diagnose insomnia and differentiate insomnia from other sleep disorders
- Develop awareness of treatment options with an understanding of the pros and cons of each option
- Review how technology is helping improve accessibility and practicality of effective treatment approaches



Dr. Ryan Wetzler is a licensed psychologist who has been treating sleep disorders, with particular expertise in insomnia since 2002. He developed Louisville's only comprehensive cognitive-behavioral treatment program for insomnia (CBT-I) in 2004. The outcomes of his treatment program were highlighted at the annual meeting of the Associated Professional Sleep Societies meeting in 2009 (<https://www.medpagetoday.com/psychiatry/apss/14686>). He is board certified in the practice of Behavioral Sleep Medicine (2005) and Clinical Health Psychology (2011). He became a Diplomate of the Board of Behavioral Sleep Medicine in 2018. Dr. Wetzler is active in several professional organizations with past roles including President-Kentucky Sleep Society, President-Society of Behavioral Sleep Medicine, Chair-Insomnia section of the American Academy of Sleep Medicine, and Chair-American Academy of Sleep Medicine-Behavioral Sleep Medicine Course. He is currently a board member of the Kentucky Sleep Society and is an Instructor of Medicine at the University of Louisville School of Medicine (Pulmonary).

11:30am - 1:30pm Congress of Delegates

Windsor

1:30pm - 2:30pm Board of Directors

6pm - 10pm

All Member Party

Join us for our All-Member Costume Party on Saturday, July 20 from 6-8pm! Come dressed as your favorite superhero, movie character, or historical figure. Creativity is encouraged! We will have a DJ, photo booth and games throughout the night. Be sure to warm up your vocal chords, because the DJ will transition to Late Night Karaoke from 8pm to 10pm. Come and sing - or just enjoy the entertainment!

Sunday, July 21

7:00am - 10am

Breakfast

8am - 12pm

KSA Study Group: *Preventive Care - Bernard Richard, MD*

- Complete the 60-question Knowledge Self-Assessment (KSA) with other family physicians in a fast paced, group discussion format facilitated by a family physician experienced with the topic.
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- Engage in discussion and debate to help you decide on the correct answer as a group.
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8am - 12pm

KSA Study Group: *Coronary Artery Disease - Ken Elek, MD*

- Complete the 60-question Knowledge Self-Assessment (KSA) with other family physicians in a fast paced, group discussion format facilitated by a family physician experienced with the topic.
- Facilitator will guide you through the 60 questions of the Knowledge Assessment portion of the MC-FP process.
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CME SESSION CREDIT INFORMATION:

Application will be made to the AAFP for 17.75 Live Prescribed CME credits. Determination of credit is pending. Updated credit certificates will be available on site.

AMA/AAFP Equivalency: AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 credit(s)[™] toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

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