

## **Aspire Community Engagement**

**Jan 8, 2019**

**3:30-5pm**

**Katie, Eileen, Heather, Davin, Dana, Bonnie, Jennifer, Erin, Danielle, Nancy, Aleks**

Heather passed leadership cards for us to do in small groups. We all summarized our cards to discuss the tips: just start something and break tasks into smaller steps, hard fought battle- how well you start a project doesn't matter, but how you carry it through does. Be steadfast. We're all contributing to the community, so we need to be steadfast and not give up. It matters how we end, rather than how we start.

Recap of projects that were selected for 2019: local food app, under resourced series, teen (suicide, vaping) workshop, walking group, activity book, poverty simulation.

Heather asked if there is anyone that's strong in project management software? We all want to contribute and there are some that can't make it to the meeting, so we want to keep them engaged. Groups meet outside this meeting- it doesn't all have to be done here. Systems of Care uses Same Page App to talk, send email, post minutes, etc. Maybe look into other apps.

Most recent example of marketing for I-69 Community Conversation- saw Bonnie's post on Next Door, some posts on Linked-In.

Local food app was highest ranked- Danielle- talked to Bob Beasley at Franklin College and has committed for this semester. Will offer local food app as senior project for his class. Danielle will follow up on Monday. She'll email the group once he confirms. They would start projects in early February. Jill Novotny from Franklin College said they have college students that are looking for internships- research, English, exercise, etc. Who would be the content feeders? Danielle said that it could be collaborative- Sarah Hanson has a list, but we could add to it. Indiana Grown also has a list we could use. Davin said that he could be a technical liaison from Matt and the student to the group. Wants to make sure that the app is sustainable. Discussed creating a Google doc that we can all contribute things to.

Dana introduced Aleks Davis from B2S life sciences will be our team sponsor. Renovated building on Monroe street by Franklin City Hall and has offered his space for building meetings. He'll join our team as well as Garrett. Introduced ourselves to Aleks. Glad to have the opportunity to be involved and sponsor our team. Really resonated with what they do and makes such an impact and aligns with their goals and values. His family recently moved to Johnson County, so it impacts his life as well.

Under resourced series, not just one event, but a combination of events. Bonnie shared the idea of voices of the community. What are the voices that we don't hear? Similar to what the library does looking at people living in poverty. Kick-it, No Place to Call Home, and Bridges Alliance. Market it all at one time and invite the community to help them understand people that work minimum wage jobs. Poverty simulation, speaker, movie at the Artcraft, workshop of different mindset of economically challenged people, ask Jennifer Peoples or other graduates of to speak. May have an LJC group also working on this project. Maybe do in late spring, between Spring break and graduation? Eileen said that they mentioned this in the Community Hospital needs assessment. Eileen can talk to Sarah Ward from Community about it.

Teen Series- Nancy-Social Media/ cyber bullying, Vaping and Suicide-3 Community conversations planned Jan 29<sup>th</sup> in Edinburgh, 2<sup>nd</sup> Franklin Park and Rec end of Feb., March 12<sup>th</sup> Trafalgar Library. Michelle McMahan and Nancy Voris with another speaker. Kevin Rocky, student from Edinburgh, Ryan Piercefield, David Mann will form a panel. Will do that at each event throughout the county. Want us to start looking at the north end of the county to plan an event. Heather said that maybe good to look at in summer for an event to take place in the late summer or fall. Eileen said that Erica Garrity-Systems of Care talked about suicide prevention, mental health, and straight talk/ hard topics. Think about how we're going to incorporate those topics- is it over a time or all in one. Dana suggested one topic a month in summer.

School is wanting to talk about suicide, strong community discussion to get through to the parents. Aleks said that his kids have mentioned vaping and the impact at their schools. Dana said that kids are being desensitized to mental health. Davin said that it's just talked more now so they may be using humor inappropriately to talk about it. Eileen said that solitude that social media and cell phones create could be adding to the situation.

Poverty workshop-Amy was interested in poverty simulation with United Way. Could be combined with the other project.

Activity Book- still have a lot of books to give out. Gave some to Davin for Whiteland Library and David for Johnson County museum. We still need to get to all of the library branches. Davin said that he has a home school mailing list that he can reach out to. Got books to the majority of school systems. Tied in well to 3&4<sup>th</sup> grades. Discussion about a kid's council to design a 2<sup>nd</sup> book. Use a local artist again to do pages.

Walking group- Amy talked about Park Run. Heather knows someone that organizes the fun runs. Walktober was an idea mentioned. Danielle will bring some resources from other communities to our next meeting. Maybe collaborate with Johnson County Trails or Walk with a Doc. Offered to set up a community calendar for Walktober events on Aspire website. Johnson County parks already has a group that meets every Wednesday.

Heather brought up the ABC's of Indiana. Suggested ABC's of Johnson County. We can post it on the Aspire Facebook and Aspire website. Davin/ Heather create a google doc. Start brainstorming a,b,c's to highlight Johnson County attractions...maybe even use to create a younger version of the activity book with the A,B,C's.

Erin mentioned the local food call-out for a local food council on January 31 from 5:30-7pm at the Purdue Extension Office.

Davin passed out information about the Clark Pleasant Branch plan.

Danielle Purdue Extension is doing a program called Strengthening Families. 7- week program that starts the end of February -April at Grace United Church for ages 10-14. Limited to 10 families. Danielle will share the flyer via email. Topics include: peer pressure, respecting parents, boundaries. Event is free and dinner is provided.

I-69 Community Conversation is January 16<sup>th</sup> from 6:30-8pm at Center Grove High School. Everyone is invited to attend. January 23<sup>rd</sup>- breakfast at Franklin College from 8-10am. Please rsvp your attendance.

Need a spot to meet for February- let Aleks know what day and he can get us set up in the conference room at B2S labs.

Minutes submitted by Jennifer Hollingshead