



AMTA Wisconsin Chapter

2019 Spring State Convention

May 3-5, 2019

Lake Lawn Resort Delavan, WI 53115

262-728-7950

Opening to the Mystery with Lauren Cates & Kerry Jordan

Friday, May 3 – Sunday, May 5, 2019 8:30 am – 4:30 pm

NCBTMB approved for 21 CE; NASW approved for 20.5 CE \$375|\$395|\$420

CLASS SIZE LIMITED TO 24



Healwell was founded by Lauren Cates and Brenda Teal in 2010.

Our principal mission is to improve quality of life for people living with acute, chronic and terminal illness through massage therapy, research and education.

Opening to the Mystery is designed to invite you to deeply consider and even to befriend your own mortality. Lauren and Kerry will combine a variety of experiential, interpersonal and individual exercises that support deep inquiry and consideration of emotions and ideas about living and dying. This course provides guideposts that will lead you to embrace an honest relationship with life that will allow you to be more fully present not only with people who are dying, but also with all of the people in your life. This course will be beneficial for any person who wants to have more access to his/her own wisdom and to cultivate deeper, more authentic relationships professionally and personally. Certainly, if you spend time at the bedside of people who are dying you'll find you have more comfort there, but this course is not just for people who feel drawn to or already work in hospice care. Past students have said that their experience in this course enlivened their practice, shifted stuck relationships and helped them to see and to love their family members/spouses in a different, more open way.

Prerequisite: All are welcome! This class is open to all humans who will someday die.

Participant Materials: 1 Massage Table for every 2 participants