

ICES/IS Breakfast

Mar. 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
			1	2	3
Week 1			Bagelful Cereal w/Cheese Stick or Yogurt Fruit and/or Juice Milk	French Toast Cereal Bar w/Cheese Stick or Yogurt Fruit and/or Juice Milk	Muffin Cereal w/Cheese Stick or Yogurt Fruit and/or Juice Milk
	6	7	8	9	10
Week 2	Benefit Breakfast Bar Cereal w/Cheese Stick or Yogurt Fruit and/or Juice Milk	Breakfast Bagel Cereal Bar w/Cheese Stick or Yogurt Fruit and/or Juice Milk	Cinnamon Roll Cereal w/Cheese Stick or Yogurt Fruit and/or Juice Milk	Pancakes Cereal Bar w/Cheese Stick or Yogurt Fruit and/or Juice Milk	Donut Cereal w/Cheese Stick or Yogurt Fruit and/or Juice Milk
	13	14	15	16	17
Week 3	Muffin Cereal w/Cheese Stick or yogurt Fruit and/or Juice Milk	Waffles Cereal Bar w/Cheese Stick or yogurt Fruit and/or Juice Milk	Cinnamon Toast Bar Cereal w/Cheese Stick or yogurt Fruit and/or Juice Milk	Frudel Cereal Bar w/Cheese Stick or yogurt Fruit and/or Juice Milk	Cinnamon Roll Cereal w/Cheese Stick or yogurt Fruit and/or Juice Milk
	20	21	22	23	24
Week 4	Cinni Mini Cereal w/Cheese Stick or Yogurt Fruit and/or Juice Milk	Donut Cereal Bar w/Cheese Stick or Yogurt Fruit and/or Juice Milk	Bagelful Cereal w/Cheese Stick or Yogurt Fruit and/or Juice Milk	French Toast Cereal Bar w/Cheese Stick or Yogurt Fruit and/or Juice Milk	Muffin Cereal w/Cheese Stick or Yogurt Fruit and/or Juice Milk
	27	28	29	30	31
Week 5	No School	No School	No School	No School	No School

Subject to change

This Institution is an Equal Opportunity Provider