



IATA Student Congress Monthly Program Reports

Aurora University

Aurora University athletic training students are reaching their 8th week of the fall semester. The sophomores have been busy with exams; they had their first lecture and practical exam for anatomy and their first Preventions of Injuries & Care exam. In the clinical site, sophomores are starting to complete their hours needed for the semester. The junior athletic training students have been quite busy with exams too. This month, the juniors had their first lecture exam, shoulder practical, and elbow practical in their upper extremity assessment class. In their therapeutic modalities class, they had their second exam on ultrasound and diathermy. In the clinical site the juniors have been evaluating lower extremities and are becoming more confident with their evaluations. The senior class just finished their first round of BOC prep and are currently preparing their topics for their senior capstone projects! This month, our upperclassmen were also assigned to their freshmen mentees and got to know them a little bit at the All Majors Meeting.

Our student organizations have started some volunteer work already. Spartan Athletic Training Student Organization (SATSO) traveled to Chicago to volunteer at the Chicago Marathon and got to interact with other athletic training students from different schools to provide care to the runners. SATSO had their annual food drive competition for Libby's Place and the senior class was the class with the non-perishable food items. Our whole organization raised a total of 350 non-perishable food items. SATSO will also be volunteering at the Interfaith Food Pantry of Aurora next month. This month, the students got their athletic training t-shirt and sunglasses order to raise money for trips to Wrigley Field, IATA, NATA, and the Northwestern Game. Our honor society, Iota Tau Alpha (ITA) has started tutoring other students and has started preparing for the quiz bowl. ITA is also planning educational workshops for all students to benefit from this fall and spring.

Eastern Illinois University

This month, we discussed the possibility of doing a koozie fundraiser for the ATP club. The koozie would say "I <3 my Athletic Trainer". If the koozie idea does not workout, we will do t-shirts with the same saying. We are in the process of getting a radiologist to come to talk to us about how he conducts his practice and show us how he reads X-Rays. We also discussed what our dues go towards and what we would like to see come out of the club in the coming weeks.

Illinois State University

Iota Tau Alpha Honors Society students have volunteered to help monitor the St. Jude walk/run. Our ISU AT Club has also helped out at the Chicago marathon this past month.

Looking to meet this upcoming month to discuss more upcoming events. We have also put together a group order for our club t-shirt this year.

Lewis University

The students of LU have been keeping up with classes and clinical rotations. We have a large group of new students in our athletic training program and we are excited about their progress thus far. At the moment, these students just finished going over documentation of injuries and medical laws associated with athletic training. They are focusing their time on completing observation hours to apply to the program as well. Upper (2nd rotation) students are refining their skills with head and neck injuries. The clinical 1 class is reviewing abdomen and thorax assessments. In addition, they are completing a skills inventory throughout the semester to review for the final exam practical. Finally, the seniors are deciding which internships to accept for their last semester as students before taking the BOC. We wish them the best of luck! We have had ATs come in to school to speak about their experiences in different settings. This allows us to investigate other routes of athletic training that we may not have thought about before.

Millikin University

This past month, Millikin has begun our community service hours by picking up trash along our adopted street here in Decatur. Our athletic training club is trying to figure out costs and means of transportation to get our entire ATP to IATA if everyone is available to go. We are also drafting our quiz bowl team to see who is the best fit. Other than that, we are still settling into our clinical sites. I am with the football team here at Millikin and we are having quite an exciting season. This Saturday was our homecoming and we defeated #12 ranked Wheaton. It was incredible to get to be a part of such a big upset. The senior class here is also beginning to do our surgical observations at Decatur Memorial.

North Central College

As the fall trimester continues, the athletic training students at North Central College have rigorously been preparing for midterm exams. As the fall season ends and winter begins, students at both North Central and at various off campus rotations, are continuing to gain valuable clinical experience as teams begin post season, winter sports begin pre season, and internships reach their peak for clinical experience. The Cardinal Athletic Training Student (CATS) club has many plans for this October. We have begun planning fundraising events for NATA Research and Education Foundation student challenge. Homecoming for North Central is in a little over a week, and the athletic training students will be making a team to compete in the homecoming Cardinal Games. We also have a lunch coming up to talk with our pre-admission students about their time at NCC so far. The AT program is hosting a hands-only CPR demonstration session on campus to raise awareness and support Sudden Cardiac Arrest Awareness Month. The athletic training students and faculty of North Central held a surprise party to recognize a very important member of our community for completing her Doctorate of Health Science. Dr. Kendall Selsky is our program director, instructor, mentor and much more.

She is a crucial member of our program and we are all very proud of her many accomplishments.

Northern Illinois University

In the month of October, Northern Illinois University is in the mid-semester push. Most of our ATP classes have finished their midterms. The seniors in our program are finalizing their Capstone Internship sites for the Spring 2018 semester. Sites that some of them are going to include Michigan State University, Arizona State University and University of Alaska Anchorage. Our student organization Northern Illinois Athletic Training Student Association (NIATSA) has been busy with numerous volunteer events this semester. One example includes the Chicago Marathon, where we sent 14 students that were a part of the sweep team assisting runners at the finish line. Our students got experience working with different patient types from elite athletes to weekend warriors and athletes from around the world like Argentina, Mexico, Canada and Germany. Another opportunity was the Honors Run in DeKalb. It was a 5K in the DeKalb area and we had students run the First-aid station at the finish line with the supervision of an Athletic Trainer. This month NIATSA accepted nominations for our new Executive Board for our elections on November 1st.

North Park University

September and October are always big months for NPU. Over the course of this time, seniors spend all of their time preparing for and putting together the mock marathon that we hold on campus each year in preparation for the Bank of America Chicago Marathon. The juniors spend time mentoring the sophomores on the conditions they might see on race day and how triage of these conditions might take place. The sophomores are solely responsible for practicing their skills and studying the conditions of race day. The mock marathon is a huge event that we put on right in the middle of campus the Thursday before the marathon during our practicum class. We essentially bring the marathon finish line to school and simulate medical coverage and what it might look like on race day. All levels of the program are able to showcase and refine their skills so they feel prepared by the time they get to the marathon that Sunday. Traditionally, the level 3s are honored to be a mobile triage team leader at the marathon, the level 2s join as mobile triage team members, and the level 1s are a part of the sweep team. The mock marathon was a huge success and we even had the honor of having the Bank of America Chicago Marathon medical director come and observe.

As for the actual race day, it was a success! The day ended up being much hotter than expected making the conditions much less than ideal and there more runners than ever, but all medical volunteers did a great job of adapting, pushing through an exhausting day, and giving the best care possible to make sure all runners were safe. We are very proud of how North Park students amongst many other medical volunteers were able to take care of the runners and ensure their safety. North Park is proud to be a large part of the B of A Chicago marathon and their medical volunteer staff. We are also happy to have Andrew Lundgren our Program director as the Medical response manager, Eric McQuaid our head athletic trainer as the mobile triage teams coordinator, and Alyssa Anderson our clinical advisor as the head of the urgent care in the medical tent. Other than the success of the day, we are happy to say that North Park

Athletic Training also brought home the trophy for the ice bag making challenge once again this year.

All together a great month! Now since we are on the backside of the marathon, it is back to focusing all on rotations and BOC studying for the seniors. We are happy to report that all is well in our clinical rotations and students are very much enjoying them as always.

Olivet Nazarene University

This month the ONU Athletic Training Program has been preparing for the ACES workshop for the seniors in BOC studying as well as helping out with the Chicago Marathon this past weekend. The seniors have also been preparing and getting together for our Senior Research project that we will be presenting in the Spring.

Trinity International University

In October, we had three students attend and participate in the Chicago Marathon as medical volunteers. The three students were stationed at the finish line helping runners that needed medical assistance. We had a guest speaker and former student, Gianna Marino, who works for NovaCare Rehabilitation and Olympia Chiropractic's. Gianna talked about her experiences working in a rehabilitation and chiropractic clinic while working with young kids in youth sports. We are also getting ready for homecoming, October 28, which includes all fall sports as well as multiple alumni games. We have been chosen to host another ACES Workshop (BOC Preparation Class) January 19-21 which most of our juniors and seniors will be taking.

Western Illinois University

This month was an exciting one for us at Western Illinois University. We had guest speaker Mary Vacala, a WIU alumni, speak to the kinesiology department about her path to becoming a successful Physician's Assistant and Athletic Trainer. She provided coverage as an Athletic Trainer in several Olympic trips as well as with the Paralympic basketball teams. She was great to listen to and very motivating. To celebrate homecoming, we had several Athletic Training students volunteer in an effort to make our campus more beautiful at "paint the paws" to show off some school pride. We also had several students as well as one of our TAs make the trip from Macomb to provide coverage at the Chicago Marathon. We look forward to what the rest of the semester has in store for us!