**Great Lakes Athletic Trainers’ Association**

**51st Annual Meeting and Symposium**



**March 13th, 14th, 15th, & 16th, 2019**

**The Westin Chicago North Shore**

**Wheeling, IL**

****

**11 CEUs & 10 EBP CEUs**

“GLATA is approved by the Board of Certification, Inc.

to offer continuing education for Certified Athletic Trainers.”

**\*Continuing Education Units’ Statement of Credit**

**will be distributed within 30 days following the meeting\***

**Registration Hours – Sponsored by ATHLETICO**

**Ravinia Ballroom Pre-Function Area**

****Wed, March 13th 1:00pm – 5:00pm

Thurs, March 14th 8:00am – 3:30pm

Fri, March 15th 7:00am – 12:00pm

**Exhibit Hours**

Fri, March 15th 8:30am – 10:30am (Certified Only)

10:30am – 1:30pm (All Attendees)

**Committee Meetings**

**Executive Committee**

Wed, March 13th 7:30am – 6:00pm – Lake Michigan A

**GLATA Student Senate**

Wed, March 13th  1:00pm – 5:00pm – Elm Room

Thurs, March 14th 7:30am – 11:00am – Elm Room

Sat, March 16th 12:00pm – 4:00pm – Elm Room

**Critical Incident Stress Management (CISM)**

Thurs, March 14th 7:30am – 9:00am – Birch Room

**Committee on Practice Advancement (COPA)**

Thurs, March 14th 1:00 – 2:00pm – Elm Room

**Secondary School Athletic Trainer Committee**

Thurs, March 14th 3:00pm – 4:00pm – Elm Room

**Governmental Affairs**

Fri, March 15th10:30am – 11:30pm – Birch Room

**Research Committee**

Fri, March 15th 2:00pm – 3:00pm – Birch Room

**GLATA Conference Meeting area has FREE Wi-Fi – Network name - TBD**

**(SP) –** Student Program –This symbol indicates programming planned by the GLATA Student Senate to be of particular interest to students.

No individual should be denied participation in CE programs offered by the GLATA on the basis of race, color, national origin, religion, sex, disability, military status, sexual orientation or age.

**Mini Courses**

**Tuesday, March 12th & Wednesday, March 13th**

**Mini Course A Graston Technique M1-Basic Training**

3/12, 12:30pm – 9:00pmChris Vernon, MEd, MBA, ATC, PES, GTS

3/13, 8:00am – 3:00pm Mike Ploski, PT, ATC, OCS, GS

12 CEU’s

**Birch Room**

**Wednesday, March 13th**

**Mini Course B Positional Release Therapy: An Evidenced Based Review**

3:00pm – 9:00pm Timothy Speicher, PhD, ATC, CSCS, PRT-c

6 **EBP** CEUs

**Ravinia Ballroom A**

**Mini Course C Putting it All Together: Low Frequency with High Fidelity Skills**

5:00pm – 9:00pm Darryl Conway, MA, ATC

4CEUsEdward Strapp, FP-C, NRP, ATC

**Ravinia Ballroom B**

**Mini Course D Hydration: One Size Does Not Fit All**

4:00pm – 6:30pmLindsay Baker

2.5 CEUs Douglas Casa, PhD, ATC, FNATA, FACSM, FNAK

**Birch Room** George Chiampas

**Mini Course E Phlebotomy 101: A How-To Guide for Drawing Blood**

7:00pm – 9:00pm Andrea Cripps, PhD, ATC

2 CEUs

**Birch Room**

**Thursday, March 14th**

**Mini Course F HealthCare Provider CPR**

6:30pm – 9:30pm American Heart Association CPR-PR Recertification - Healthcare Provider

NO CEUs Matthew Marzullo, MEd, ATC

**Botanic Ballroom** Steve Mayo, MS, ATC

**Mini Course G Functional Casting Therapy - Upper Extremity**

6:30pm – 9:00pm Katherine Bagnato, ATC, OTC, CEAS

2.5 CEUs

**Birch Room**

**Saturday, March 16th**

**Mini Course H Advancing Athletic Training Skills: Wound Closure**

9:00am – 11:00amElizabeth Neil, MS, ATC

2 **EBP** CEUsDouglas Stevens, BS, MMS, PA-C

**Birch Room**

**Mini Course I Point of Care Ultrasound: Cutting edge care of the athlete**

11:00am – 1:00pmJames Daniels, MD, MPH

2 CEUsErica Miller-Spears, MS, PA-C, ATC, RMSK

**Birch Room**

**General Program**

**Thursday, March 14th**

8:30am – 10:00am **Common Skin Infections and Conditions in Athletic Populations SP**

Ryan Musgrave, MS, ATC

**River Ballroom**

9:00am – 10:00am **Athletic Trainer's Response to the Opioid Crisis:**

**A Comprehensive 360 Degree Approach**

Darryl Conway, MA, ATC

Edward Strapp, FP-C, NRP, ATC

**Ravina Ballroom ABC**

**Clinical Skills Lab – Primer**

Robert “BC” Charles-Liscombe, EdD, ATC

Jennifer K. Popp, PhD, ATC

**Lake Michigan Ballroom**

**What’s New with Shoulder Replacement in 2019: from Resurfacing to Reverse**

Thomas Obermeyer, MD

**Botanic Ballroom**

10:00am – 6:00pm **Skills Practice**

Robert “BC” Charles-Liscombe, EdD, ATC

Jennifer K. Popp, PhD, ATC

Skills stations available for practice, refinement and continuing education.

* + - * **Heat Illness** - Using a task trainer, clinicians will be able to assess their knowledge and ability and practice the skills needed to assess core body temperature by inserting a flexible probe rectal thermometer necessary for ice immersion treatment and rapid reading semi-rigid thermometer.
      * **Heart and Lung Sounds** - Using a mannequin and vital signs simulator, clinicians will be able to assess their knowledge and ability and practice the skills needed to detect normal and abnormal sounds using a stethoscope.
      * **Eye, Ear, Nose and Throat Physical Examination** - Using task trainers and lab assistants, clinicians will be able to assess their knowledge and ability and practice the skills needed to conduct a physical examination of the eye, the ear, nose and throat using high and low cost opthalmoscope/otoscope tools.
      * **Basic Life Support** - Using task trainers, clinicians will be able to assess their knowledge and ability to establish an airway using OPA, NPA, and supraglottal airway adjuncts; administer supplemental oxygen via cannula, non-rebreather masks, and bag valve masks; and provide chest compressions at the recommended rate and depth.
      * **Managing Hemorrhage** - Tourniquets, hemostatic agents, and suture practice pads.

Lab assistants will be available to guide participants in self-directed skills practice, multi-media resources will be available for review and instruction, and cost estimates and vendor supplies lists will be available for participants to support purchasing decisions for AT clinical settings.

**Willow Room**

10:00am – 1:00pm **GLATA Oral Free Communication Session**

*Free Communications provide highly structured and efficient presentations regarding the most current original research (clinical, survey, qualitative, meta-analysis/systematic reviews) and clinical case reports. Each Free Communication is 15-minutes (10-minutes presentation, 5-minutes Q&A), which concludes with clinical/practical application. Professional oral presentations and student poster presentations are intermingled.*

Moderator: Christopher Kuenze PhD, ATC

**Botanic Ballroom \*GLATA Research Assistance Award Winner**

10:00am – 1:00pm **Leadership Development**

Trevor Bates, DHSc, ATC

Darryl Conway, MA, ATC

Matt Kutz, PhD, ATC

**Birch Ballroom**

10:00am – 11:00am **EBP -** **Identification of Throwing Pathomechanics and Their**

**Anatomical Origins: An Evidence**

Aaron Struminger, PhD, ATC

**Ravinia Ballroom ABC**

**Arthrofibrosis: An Evidence-Based Approach To Management SP**

Scott Lawrance, DHSc, ATC, MSPT, CSCS  
**River Ballroom**

11:00am – 12:00pm **Appearance and Performance Enhancing Substances: The Pressure to Perform**

Brian Parker

**Ravinia Ballroom ABC**

**Practice-Based Research in Athletic Training**

Cameron Powden, PhD, ATC

Matthew Rivera, DAT ATC

**Lake Michigan Ballroom**

**The Who, What, and Why of Sports Specialization SP**

David Bell, PhD, ATC

**River Ballroom**

12:00pm – 1:00pm **Return-To-Learn Following Concussion - Across Settings**

Justin Tatman, MA, ATC

Brian Vesci, DAT, ATC

**Ravinia Ballroom ABC**

**Implementing Clinical Outcomes Assessments In Collegiate Athleticcs:**

**Overview And Practical Examples**

Michael Moll, PhD, ATC

Grant E. Norte, PhD, ATC, CSCS

**Lake Michigan Ballroom**

**Student Luncheon (Students Only)**

**River Ballroom**

1:00pm – 2:00pm **EBP - Articular Cartilage Injuries of the Knee:**

**Evidence for Rehabilitation and Return-to-Sport**

Jenny Toonstra, PhD, ATC

**Ravinia Ballroom ABC**

**Menstrual Dysfunction Screening for All Female Athletes SP**

Julie Young, MA, ATC, PES

**Lake Michigan Ballroom**

**NCAA Mental Health SP**

John Parsons, PhD, ATC

**Botanic Ballroom**

2:00pm – 3:00pm **Emerging Evidence for the Role of Instrument -**

**Assisted Soft Tissue Mobilization in the Treatment of Tendinopathy**

Mike Ploski, PT, ATC, OCS, GS

**Ravinia Ballroom ABC**

**CAATE Update:**

LesLee Taylor, PhD, ATC

**Lake Michigan Ballroom**

**The Integrative Sports Medicine Model**

Candice Dunkin, MS, ATC

Ashley Emerson, ATC

**Botanic Ballroom**

2:00pm – 3:30pm **Student Panel Career Roundtable SP**

**River Ballroom**

3:30pm – 5:00pm **GLATA Student AT Olympics SP**

Scott Lawrance, DHSc, ATC, MSPT, CSCS

**River Ballroom**

3:00pm – 4:00pm **Building a Diabetes High Performance Team**

John Mucovich, MA, ATC

Christina Weidman, RDN, CSSD, LDN

**Ravinia Ballroom ABC**

**Life after sport: Your role in preparing athletes to transition well**

Lauren Link, RD, CSSD

Alice Wilcoxson, PhD, ATC, PT

**Lake Michigan Ballroom**

**So You're Saying an AT Can Do That**

Tim Drudge, MS, ATC

**Botanic Ballroom**

**From Conception To Dissemination: The Life Cycle Of An Article**

David Berry, PhD, ATC

Matt Kutz, PhD, ATC

William Pitney, EdD, ATC, FNATA

**Birch Room**

4:00pm – 5:00pm **EBP - Interventions to Enhance Disease-Oriented and Patient-Oriented Impairments in Those with Chronic Ankle Instability**

Matthew Hoch, PhD, ATC

Cameron Powden, PhD, ATC

**Ravinia Ballroom ABC**

5:00pm – 6:30pm **GLATA BUSINESS MEETING**

**Ravinia Ballroom ABC**

7:00pm – 9:00pm **It's all in the Hips: Demystifying Hip-Lumbo-Pelvic Alignment and Correction**

Andrew Doyle, PhD, ATC, CSCS

**Lake Michigan Ballroom**

**Friday, March 15th**

7:30am – 8:30am **STATE MEETINGS**

Illinois **Ravinia Ballroom ABC**

Indiana **Lake Michigan Ballroom**

Michigan **Botanic Ballroom**

Minnesota **River Ballroom**

Ohio **Birch Room**

Wisconsin **Elm Room**

8:30am – 2:00pm **EXHIBIT HALL OPENS**

**Ravinia Ballroom DEF**

8:30am – 10:00am **Preventing Sudden Death SP**

Douglas Case, PhD, ATC, FNATA, FACSM, FNAK

**River Ballroom**

8:30am – 9:30am **EBP - Medial Tibial Stress Syndrome: So Much More Than "Shin Splints"**

Taylor Arman, MSEd, ATC

Aleksandra Stasaitis, MS, ATC

**Ravinia Ballroom ABC**

9:30am – 10:30am **Strategic Issues in Athletic Training Lecture Series: Transition to Practice**

Brian Vesci, ADAT, ATC

**Ravina Ballroom ABC**

**Ethical Principles for the Athletic Trainer**

Darryl Conway, MA, ATC

Timothy Neal, MS, ATC, CCISM

**Lake Michigan Ballroom**

**Facilitating Effective Debriefing with Clinicians to Improve Patient Care**

Kirk Armstrong, EdD, ATC

**Birch Room**

9:30am – 11:30pm **GLATA Oral Free Communication Session**

*Free Communications provide highly structured and efficient presentations regarding the most current original research (clinical, survey, qualitative, meta-analysis/systematic reviews) and clinical case reports. Each Free Communication is 15-minutes (10-minutes presentation, 5-minutes Q&A), which concludes with clinical/practical application. Professional oral presentations and student poster presentations are intermingled.*

Moderator: Lisa S. Jutte, PhD, ATC

**Botanic Ballroom \*GLATA Research Assistance Award Winner**

10:00am – 11:00am **Why Administration Matters SP**

Elizabeth Neal, MS, ATC

Zachary Winkelmann, MS, ATC

**River Ballroom**

10:30am – 11:30pm **The KSI State Rankings of Health and Safety Policies for High School Athletes**

Douglas Casa, PhD, ATC, FNATA, FACSM, FNAK

**Ravina Ballroom ABC**

**Third Party Reimbursement for Services Provided by Athletic Trainers in the Collegiate Setting**

Clark Simpson, MBA, MEd, RKT, ATC

**Lake Michigan Ballroom**

11:00am – 12:00pm **Non-Surgical Management of Hammertoe SP**

David Craig, ATC

**River Ballroom**

11:30pm – 12:30pm **Exhibit Break/Poster Session**

**Non- Certified Poster Presentations**

**Botanic Ballroom Pre-Function area**

12:30pm – 1:30pm **Best Practices of Appropriate Medical Care in Secondary Schools**

Larry Cooper, MS, ATC

Bart Peterson, MSS, ATC

**Ravinia Ballroom ABC**

**Utilizing Technology to Improve Quality Improvement**

Lindsey Eberman, PhD, ATC

Elizabeth Neal, MS, ATC

**Lake Michigan Ballroom**

**Transition to Practice 101: SP**

**How to Get a Real Job without any "Real" Experience**

Trevor Bates, DHSc, ATC

Matt Kutz, PhD, ATC

**Botanic Ballroom**

1:30pm – 2:30pm **EBP - Let's get to the point: Therapeutic Dry Needling**

Jill Thein-Nissenbaum**,** PT, DSc, SCS, ATC

**Ravinia Ballroom ABC**

1:30pm – 3:30pm **GLATA Quiz Bowl**

**River Ballroom**

2:30pm – 3:30pm **EBP - The Hydration Debate:**

**Making Sense of the Mixed Messages**

**Sponsored by Gatorade**

Robert Kenesick

**Ravinia Ballroom ABC**

3:30pm – 5:00pm **Pinky Newell Talk - Creating the New Normal**

**John Register**

**Ravinia Ballroom ABC**

**GLATA Awards Presentation**

**Ravina Ballroom ABC**

6:00pm – 8:00pm **NATAPAC Fundraiser**

**Ravinia Ballroom DEF**

8:00pm – 11:00pm **GLATA Social**

**Ravinia Ballroom DEF**

**Saturday, March 16th**

8:00am – 9:00am **Incidence and Injury Rates in Pre-Collegiate Female Gymnasts**

Sharon Frank, MS, ATC

**Lake Michigan Ballroom**

**Psychosocial and Environmental Barriers To Functional Recovery after Knee Injury**

Chris Kuenze, PhD, ATC

Caroline Lisee, Med, ATC

**Botanic Ballroom**

9:00am – 10:30am **Foundational Concepts of Joint Mobilization for the Athletic Trainer SP**

Jessica Keller, DAT, ATC

Adam Thompson, PhD, ATC

**River Ballroom**

9:00am – 11:00am **EBP – Neural Complications of Common Upper Extremity Orthopedic Injuries**

Jill Murphy, DPT, ATC, CSCS

**Lake Michigan Ballroom**

**EBP – Advanced Topics in Manual Therapy**

Eric Schneider, PT, MPT, OCS

**Botanic Ballroom**

10:30am – 12:00pm **Immobilization Techniques in The Prehospital Setting: SP**

**Moving Beyond the Basic Rigid Splint**

David Berry, PhD, ATC

Darryl Conway, MA, ATC

**River Ballroom**

11:00am – 1:00pm **EBP - Getting the most bang for your exercise buck:**

**Which exercises best activate the scapular muscles**

Alyson Kelsey, MEd, ATC

Jill Thein-Nissenbaum**,** PT, DSc, SCS, ATC

**Lake Michigan Ballroom**

**Treating Lumbar And Thoracic Spine Mobility Deficits**

**Using Muscle Energy Techniques**

Scott Lawrance, DHSc, ATC, MSPT, CSCS

**Botanic Ballroom**

Call for Presentation Proposals for the 2020 GLATA Annual Meeting and Symposium

***March 11-14, 2020***

*Wheeling, IL*

The Great Lakes Athletic Trainers’ Association Education Committee is inviting proposals for professional presentations at the 2020 Annual Meeting and Symposium in Wheeling, IL, March 11-14, 2019. Athletic Trainers and affiliated professionals are encouraged to submit proposals for both general sessions and those that may qualify for the BOC’s Evidence-based Practice (EBP) continuing education units (CEUs). Presentation formats for all sessions include: feature presentations, learning labs and mini-courses. Further descriptions and guidelines for both types of proposals are posted on the GLATA website under the Annual Meeting tab.

Presentation topics should address athletic training domain(s) beyond entry-level knowledge or address a topic that would make a valuable contribution to the understanding of the practice or pedagogy of athletic training. EBP foundational presentations should enhance the athletic trainer’s understanding and implementation of EBP, while EBP clinical presentation should address the presentation topic using the best available evidence. In addition, if one’s EBP presentation proposal is accepted by the GLATA, the author(s) must work with the GLATA Education Committee in securing BOC EBP course approval.

Individuals interested in presenting must complete the online application indicating the presentation type, learning objectives, and resources needed as well as a structured abstract (250 word limit; see website for format). Please note there is a specific application and proposal format for an EBP presentation. All proposals must be submitted electronically through the GLATA website [www.glata.org]. Mailed or faxed submissions will not be considered. Please contact Jessica Emlich Jochum, GLATA Education Committee Chair (jochumj@uindy.edu) regarding any questions. Each submission will undergo review by the GLATA Education Committee.

Submissions must be received by **May 1, 2019** for consideration.

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Length** | **# of Speakers** | **Format** |
| **Feature Presentation** | 1 hr | 1-2 Speakers | Lecture only |
| **Learning Lab** | 2 hrs total | 1-2 Speakers + lab assistants | Lecture and lab combination |
| **Mini-Courses** | 2-6 hrs pre/post conference (attendees register for additional  CEUs) | 1-2 Speakers + lab assistants | Speaker’s choice of lecture, lab or combination |

**Great Lakes Athletic Trainers’ Association**

**2018 Award Winners**

**Golden Pinnacle**

**TBD**

**Outstanding Educator Award**

**TBD**

**Dedicated Service Award**

**TBD**

**President’s Excellence Award**

**TBD**

**Gatorade Secondary School Athletic Trainer Award**

TBD

**GLATA Student Senate Preceptor of the Year**

TBD

**Fall 2018 Research Award Recipients - Bob Behnke Research Assistance Award**

TBD

**Spring 2018 Research Award Recipients - Gordy Graham Research Assistance Award**

TBD

**Thomas Weidner Research Assistance Award**

TBD

**Public Relations Contest Winner**

TBD

***GLATA Award Winners: 2002 – 2018***

Honorary Membership:

Elizabeth Arendt

Lou Belch

John Bergfeld

Gary Calabrese

Michael Collins

Gerry Detty

Joe Eagan

Scott Euype

David Fisher

Peter Hovorka

Beverly Knight

Brian Matix

Richard Parker

Paul Strandquist

Kenneth Zisholz

Outstanding Educator:

Gerald W. Bell

David Berry

Rebekah Bower

David Carrier

Lorin Cartwright

George Davies

Carrie Docherty

Lindsey Eberman

Jessica Emlich

Katie Grove

Laura L. Harris

Dorice Hankemeier

Brian Hatzel

Christopher Ingersoll

Scott Lawrance

Christine A. Lauber

Larry Leverenz

Malissa Martin

Heidi Matthews

Mark Merrick

Michael Miller

Sally Nogle

Jeff Oliphant

Kim Peer

William A. Pitney

Jennifer Popp

John Powell

Richard Ray

Gretchen Schlabach

John W. Schrader

Patrick Sexton

Renee’ Revis Shingles

Craig Voll

Stacy Walker

Jessica Wallace

Thomas G. Weidner

Andrew Winterstein

Alice Wilcoxson

Ryan Wilkinson

Dedicated Service:

Gerald W. Bell

Ann Berry

Dale Burkhouse

Dan Campbell

Lorin Cartwright

Jessica Emlich

Christina Eyers

Kevin Gerlach

Mark Gibson

Katie Grove

Robert S. Gray

Chris Huot

Roger Kalisiak

Lisa Kluchurosky

Hollie Kozak

Gary Lake

Jan Lauer

Scott Lawrance

Larry Leverenz

Tory Lindley

Matt Marzullo

Michael Medich

Justin Miller

Brent Millikin

James Moore

Kari Odland

Allen Passerallo

Angela Perusek

Jill Ponzi

Dan Rasor

Richard Ray

Gary D. Reinholtz

Steve Risinger

Julie Rochester

Mark Schauer

Gretchen Schlabach

Lisa Schoene

Patrick J. Sexton

Brad Sherman

Renee’ Revis Shingles

Megan Streveler

Mark Stoessner

William Sullivan

Wayne Vaupel

Marion Vruggink

Craig Voll

Kerry Waple

Tom Weidner

Golden Pinnacle:

Marjorie Albohm

Robert S. Behnke

Gerald Bell

Ann Berry

Cynthia Booth

Lorin Cartwright

David Craig

Kent Falb

Tony Garofalo

Kevin Gerlach

Mark Gibson

Dale Googins

Gordon Graham

Robert Gray

Catherine Grove

William Hughes

Carol Humble

Roger A. Kalisiak

Gary Lake

Jan Lauer

Tory Lindley

Dennis A. Miller

Rod Moore

Paul Plummer

Richard Ray

Julie Rochester

John W. Schrader

Rick Shaw

Kip Smith

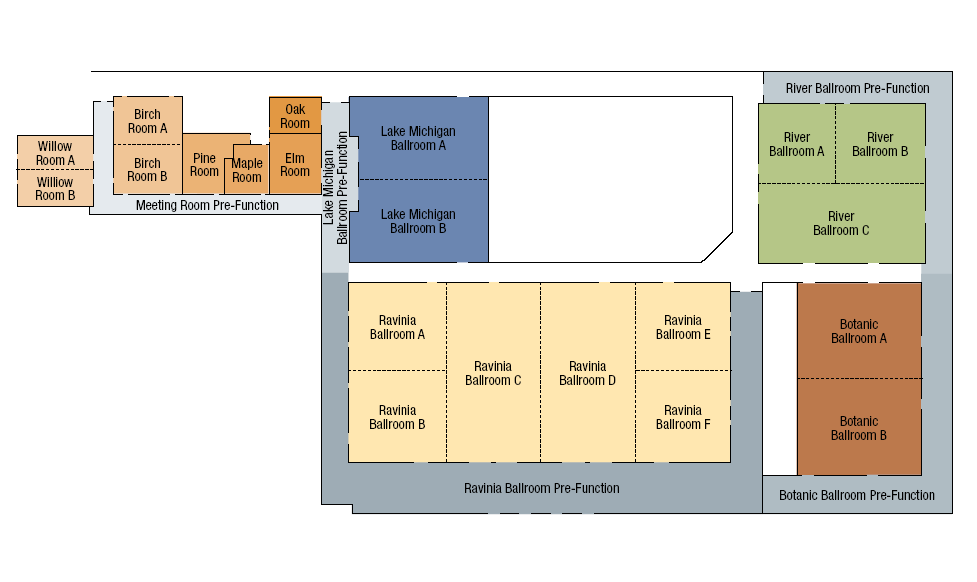
William Tessendorf

Marion Vruggink

Craig Voll

Jerry Whetstone

Westin Hotel Floor Plan



**Maple**

**Room**

**Oak**

**Room**

GLATA Future Meetings

March 11-14, 2020 - The Westin Chicago North Shore

March 10-13, 2021 - The Westin Chicago North Shore

March 9-12, 2022 - The Westin Chicago North Shore